

Fight the Bite

When Working Outdoors



Your best protection against Zika Virus is to avoid mosquito bites



Wear insect repellent

Yes! It is safe. When used as directed, insect repellent is the BEST way to protect yourself from mosquito bites - even children and pregnant women should protect themselves. Higher percentages of active ingredient provide longer lasting protection.

DEET: Products containing DEET include Cutter, OFF!, Skintastic.

Picaridin (also known as KBR 3023, Bayrepel, and icaridin): Products containing picaridin include Cutter Advanced, Skin So Soft Bug Guard Plus, and Autan outside the United States.

Oil of lemon eucalyptus (OLE) or PMD: Repel contains **OLE**.

IR3535: Products containing IR3535 include Skin So Soft Bug Guard Plus Expedition and SkinSmart.



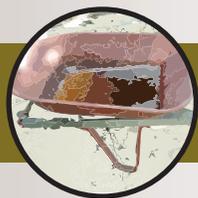
Wear long pants and long sleeves

- Covering yourself with long pants and long sleeves can protect from Mosquito bites.



Purchase and wear permethrin-treated clothing

- Treated clothing remains protective after multiple washings. See product information to learn how long the protection will last.
- If treating items yourself, follow the product instructions carefully.
- Do NOT use permethrin products directly on skin. They are intended to treat clothing.



Remove all standing water

- Empty, clean or cover any containers that can store water.
- Dump water from any area where water collects like tires, flower pots, and gutters.



Use hats with screens or head nets whenever possible