



THE PEDI TIMES

EMSC STATE PARTNERSHIP, ARKANSAS

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Arkansas Department of Health

Special points of interest:

- Pediatric EXPO
- New EMS Specialist
- Summer Safety

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WHEN: AUGUST 26, 2014

WHERE: CAMP ALDERSGATE, LITTLE ROCK, AR

TIME: 8:00 AM TO 4:30 PM

COST: \$25.00

INCLUDES: 6 HOURS CEU'S, LUNCH, EXPO T-SHIRT, EXPO MATERIALS.

LIMITED TO 100 PARTICIPANTS !!

HOW TO SIGN UP: ONLINE AT

<https://www.surveymonkey.com/s/PediatricEXPO2014>

PRESENTED BY:

ARKANSAS EMS-CHILDREN PROGRAM

ARKANSAS DEPARTMENT OF HEALTH

WITH SUPPORT FROM:

ARKANSAS AMBULANCE ASSOCIATION

ARKANSAS EMT ASSOCIATION

For additional information contact: Jack Hill 501-280-4902

The above flyer was sent out to every EMS agency, Training sites, and Instructors. The link will take you directly to the first page of the registration. Additional information can be found on the last page of the registration. Please call Jack Hill (501) 280-4902 if you have any further questions.

This publication was supported by a grant from the Emergency Medical Services for Children (EMS-Children) Program, Maternal and Child Health Bureau, Health Resources and Services Administration.



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New EMS Specialist to assist EMS-Children Program!!

The EMS-Children program is pleased to introduce Taylor Osborne. Taylor will be working, on a limited basis, with the EMS-Children Program Manager in several areas of the program. She will be assisting with educational activities, the simulation program, and planning. Taylor brings a wealth of knowledge and experience with her, and is a Nationally Registered Paramedic. If you have the opportunity, please welcome her aboard to the EMS-Children Program.

“What do we live for, if not to make life less difficult for each other?”
-- George Eliot

Next EMS-Children Advisory Committee Meeting will be held:

**August 7, 2014
10:00 am to 12:00 pm
Freeway Medical Building, Room 801,
Little Rock, AR**

Make Summer Safe for Kids

- * Warm weather brings more opportunity for outdoor activities. Whether they are young children or teens, keep your kids safe and healthy while they enjoy the summer fun.
- * Master water safety
- * Water-related activities are popular for getting physical activity and have many health benefits.

Here are some tips to stay safe while having fun.

- * Learn how to prevent recreational water illnesses and help protect yourself and your kids.
- * Help kids get H2O Smartz about water safety.
- * Drowning is responsible for more deaths among children ages 1-4 than any other cause except birth defects. Two to three children die every day as a result of drowning.
- * Always supervise children when in or around water. A responsible adult should constantly watch young children.
- * Teach kids to swim. Formal swimming lessons can protect young children from drowning.
- * Learn cardiopulmonary resuscitation (CPR). Your CPR skills could save someone's life.
- * Install a four-sided fence around home pools.

Boating Safety

- * Recreational boating can be a wonderful way to spend time with family and friends. Make boating safety a priority.
- * Wear a properly fitted life jacket every time you and your loved ones are on the water.

Beat the heat and sun

- * Heat-related illness occurs when the body's temperature control system is overloaded. Those at greatest risk for heat-related illness include infants and children up to 4 years of age.
- * Even young and healthy people can get sick from the heat if they participate in strenuous physical activities during hot weather. For heat-related illness, the best defense is prevention.
- * Never leave infants, children, or pets in a parked car, even if the windows are cracked open.
- * Dress infants and children in loose, lightweight, light-colored clothing.
- * Schedule outdoor activities carefully, for morning and evening hours.
- * Stay cool with cool showers or baths.
- * Seek medical care immediately if your child has symptoms of heat-related illness.
- * Just a few serious sunburns can increase you and your child's risk of skin cancer later in life. Their skin needs protection from the sun's harmful ultraviolet (UV) rays whenever they're outdoors.
- * Cover up. Clothing that covers your and your child's skin helps protect against UV rays.
- * Use sunscreen with at least SPF (sun protection factor) 15 and UVA (ultraviolet A) and UVB (ultraviolet B) protection every time you and your child go outside.

Things that Bite!

- * Keep mosquitos and ticks from bugging you this summer
- * Protect yourself and your family by preventing bites and diseases, like West Nile virus and Lyme disease, which can be transmitted by insects.
- * Use an effective insect repellent while playing outdoors.
- * Make your backyard a tick-safe zone.
- * Check yourself and your children for ticks. Ticks are easy to remove.

SOURCE: <http://www.cdc.gov/family/kids/summer/>, Please see the CDC website for more summer safety tips.