

SWR CHNS/CHPS March Highlights

Emily Lyons:

Produced and distributed to all CHNS/CHPS around the state March CHNS/CHPS Newsletter. This newsletter potentially impacts every school nurse and Wellness committee chair in the state. Numerous health topics covered including injury prevention, healthy eating and tobacco prevention.

Functioned as grant reviewer for ADE Fresh fruits and Vegetable school grants.

Rhonda McDonald:

Coordinated and co-presented 10 -15 minute sessions on Oral Health to all SCSC preschools (total: 8 preschools, 10 classes, 200 students) using Mr. Gross mouth and the Spitting Dragon. Provided oral health hand-outs and Act 13 cards to the children to take home to parents.

Presented ACT 13 information to Daycare workers in Ouachita County.

Tommie Rogers:

Coordinated and presented the CSI/Tobacco Cessation Scavenger Hunt Project to 77 - 7th grade keyboarding students in Arkadelphia. Allowed students to access 2 websites: Stamp out Smoking and Campaign for Tobacco Free Kids to search for answers to 8 tobacco questions. Pre and post test were given. Utilized other tobacco prevention teaching tools to encourage student interaction.

Presented role of CHNS and ADH services to the counselors at Dawson Co-op.

Spoke to 2 different senior groups and distributed Vial of Life files to seniors.

Edie Greenwood

Presented "Tobacco 101" to 22 at-risk youth in Hempstead County. Presentation included: dangers and health consequences of tobacco, and economic burden of tobacco use.

Coordinated with Regional DIS to present "Communicable Disease in Arkansas" to 300 Prescott High School students (9-12 graders). The presentation discussed Sexually Transmitted Diseases and Sexually Transmitted Infections, and effect of smoking and second-hand smoke on HPV.

Provided BMI training to UAMS student nurses at UACH.

Presentation on teen dating violence using CDC's "Choose Respect" information and materials.

Presented video from CDC entitled, "Causing Pain: Real Stories of Dating Abuse and Violence."

Discussed the different types of dating violence and the effects such as STD's and unwanted pregnancy.

Shared national statistics on teen dating violence. Discussed how the rates for drug, alcohol and tobacco use are more than twice as high in girls who report physical dating violence or sexual abuse.

Compared and discussed healthy and unhealthy relationships.

Cheryl Byrd

Co-presented Tobacco display to Montgomery Co Health Advisory Education Board.

Worked with local school district to implement Install News. Printed health flyers (specific tobacco prevention and teen pregnancy prevention posters) and distributed to school for placement in bathroom stalls.

General information regarding Install News sent to all school nurses, including Spit Tobacco Prevention.