

**Southwest Region  
CHNS/CHPS Report  
May 2016**

**Cheryl Byrd, CHNS**

- Met with SWR CHNS/CHPS to organize summer workshops for school nurses, health teachers, food service professionals, etc. Presenters include Paula Smith(ADE), Debbie Jones(ASBN), Sheree McKinnon(CDNS), SWAR Domestic Violence; Vivian Nicholson(Breakfast Program), Stephanie Alsbrook(Smart Snacks), Linda Goodner(AGFC), Jerri Clark(Indistar), and GoNoodle. Partnering with Melissa Kuhn re: Annual Health Teacher Resource workshop; ArCOP ECH and Schools Workgroup Meeting topics to be included in school wellness trainings.
- Provided technical assistance to Nashville Schools to implement Tobacco Education at Food to Table Summit in Nashville.
- Collaborated with DeQueen Mena Educational Cooperative (DMEC) and Montgomery Co LHU to participate in Regional Advisory Forum discussing importance of public health in the community.
- Provided technical assistance to school nurses related to Medication Administration, maintenance of controlled drugs, documentation of medications, and return of controlled drugs to ADH Division of Pharmacy.
- Partnering with Early Childhood at DMEC to provide education to Early Childhood educators re: Gluten Free diets, food allergies and physical activity for ECH.
- Participated in DMEC Advisory Board at Rich Mountain Community College incorporating public health into the discussion of community needs.
- Partnered with Sevier Co LHU to provide Tobacco Quitline and tobacco harms education at Sevier Co Seniors Healthfair to 137 adults.

**Eddie Greenwood, CHNS**

- Assisted with Farm to You for 350 Lafayette County Elementary students. Introduced Farm to You to each group and showed them where to start and that they would move through the exhibit when they heard the whistle, also put together and distribute teacher packets.
- Hosted Personal Care Training with Dana Bennett, RN from ARMits for 15 paraprofessionals and nurses. This module is one of the modules that Paraprofessionals have to have as part of their training in Special Education. Also, distributed pamphlets from SOS about tobacco harms and the Quitline number.
- Presented information about STD's, STI's and teen pregnancy to 19 at-risk youth. The presentation consisted of a test with questions about different STD's, STI's and pregnancy. After students completed the test, reviewed the test and enhanced their knowledge with information about the different STD's/STI's and discussed teen pregnancy and its effect on a young person's life. Included in the presentation was how tobacco affects a person and the fetus.
- Staffed an interactive educational booth at the Annual Youth Enrichment Conference in Prescott. Distributed 50 pamphlets on tobacco harms, cessation, Quitline number, 35 coloring pages for children about Act 811, WIC information, Teen pregnancy prevention, Sexually

Transmitted Diseases, and immunizations. The conference had 400 attendees and there were over 100 people who came by the booth. Demonstrated how smoking effects the lungs using the pig lung model.

- Collaborated with Rhonda McDonald, CHNS to present STD/STI's/Teen Pregnancy, to 215; 9th through 11th graders at Prescott School District. Discussed Gardasil and who and when you can obtain the immunization. Tobacco use dangers were discussed during the presentation. This presentation was done at the request of the school after we had presented to 7th and 8th graders and received good reviews.
- Visited with the school nurse at Lafayette Elementary and discussed the new Nurse Supervisor who would start in August. Provided information on upcoming workshops, mandatory screening requirements and when they are due.
- Attended a regional meeting with representatives from Arkansas Children's Hospital. The group was formed to bring together area providers, school nurses and those who work in public health to discuss how better Arkansas Children's Hospital can serve children who are clients of ACH and area providers.

#### **Rhonda McDonald, CHNS**

- Ouachita County has a health commission that focuses on Ouachita County residences and is guided by the County Health Rankings. Their first focus is teen pregnancy. Offered to create a survey to 7-11th grades in Ouachita County (three school districts) and to obtain by in for the schools. Traveled to all three schools, spoke with principles and others who could give their approval to administer the survey and all three schools agreed.
- Presented to the Jr's and SR's at Taylor HS on AHA Hands Only CPR and Choking. This presentation will meet the graduation requirements for CPR.
- Co-presented with LHU Administrator about services available at the local health unit and "Re-think Your Drink" for GLAMS (Girls Learning About Math and Science). Presented to over forty girls and seven adults to provide three 30-45 minute presentations. South Arkansas Community College sponsors this event.
- Attended the AHOC Coalition in Ouachita County; provided an update on teen suicide and the upcoming ASIST training in Ouachita County (15 participants).
- Collaborated with Edie Greenwood, CHNS to present on STD, teen pregnancy and tobacco prevention. Presented to 9th-11th grade girls (35) while co-worker presented to the boys.
- Collaborated with Melissa Kuhn, CHPS to present to 7th grade students on STD's, teen pregnancy and tobacco prevention. Presented to 30 boys and one adult for 50 minutes.
- Collaborated with Melissa Kuhn, CHPS to present oral health education for 20 ABC preK and two adults using American Tooth Fairy toolkit.

#### **Tommie Rogers, CHNS**

- Conducted seven site visits to schools within the Dawson cooperative area. Reached out to eleven School Nurses. Shared upcoming summer workshop information, BMI data entry, acuity reporting and the School Nurse Survey.

- Presented Generation RX Deadly Look-Alikes to twelve classes of 4th graders at Lake Hamilton Intermediate School (approximately 346 students). Discussed common household products and how medications can look like popular candy and beverages. Students were taught what a poison was and how to contact the Poison Control Center at 1-800-222-1222. They were also given the chance to learn how to distinguish between the difference between household products and beverages.
- Worked with Edie Greenwood, CHNS, to submit a CNE packet for the Dawson School Nurse Update 2016 Summer Workshop. We also worked on power point with resources to use at our Health Teacher Workshop.
- Participated in the SW CHNS Meeting held at Dawson Co-op. Discussed upcoming summer workshops, as well as, the New School Nurse Conference to be held in September. Rhonda verified the dates of our upcoming summer workshops and will be adding those to the SW Region CHNS weebly website. The SW CHNS have been asked to help take the lead on this Conference by working with Paula Smith, State School Nurse Consultant.
- Provided technical assistance to school nurses as needed through e-mail and phone on a daily basis. E-mailed them about: Act 935 of 2015-School Nurse Survey-Part 1, World No Tobacco Day, Nurse's Week, My Generation Foundation-The Power of ME! Summer Camp, Part 2-Nurse Survey, Nurse Proclamation, BMI data entry, Center for Health & Health Care in Schools New & Noteworthy, Health Teacher Workshop, Upcoming Summer Workshops, School Nurse Workshop, Vision & Hearing calibration, Health Folders, and CPR Instructor Training.
- Participated in the Garland County Coalition Meeting; provided CHNS updates. There were 20 people present.
- Participated in the Central Region Support Staff Meeting via video conference; provided CHNS updates. Had sent out a template example of a Suicide Policy that was written by Susie Reece for Garland County Schools to all the school nurses in my region and that template had been sent to all the CHNS statewide to send to their nurses.

#### **Melissa Kuhn Shatley, CHPS**

- Met with principals and superintendents from Bearden School District, Harmony Grove School District and Camden Fairview School district on behalf of the HOPE Health Commission of Ouachita County. Created a Youth Survey that will be taken by 9th – 11th graders to obtain statistics specific to Ouachita County.
- Attended the Malvern Wellness Committee Meeting in Hot Spring County. Shared information with the committee of the summer workshops at the Dawson Co-op and networked with the Hot Spring County Library for their summer activities.
- Presented Sex Ed to 30 High School girls at Harmony Grove in Ouachita County.
- Presented the Toothfairy/Oral Hygiene to twenty 3 and 4 year olds at Harmony Grove ABC in Ouachita County.
- Presented Puberty and Hygiene to forty 5th grade boys at Camden Fairview Intermediate School in Ouachita County.

- Met with the Assistant Mayor of Camden in Ouachita County to discuss grant opportunities for the Ouachita County Farmer's Market and ArCop.
- Per the request of the Act 1220 Coordinator, worked on abstracts to submit for the Southern Obesity Summit covering the following AR topics: BMI Toolkit, CHNS/CHPS and Act 1220 & the Wellness Toolkit.

*Emailed to Andi, Sherry, Joni and Julie 06/13/16*