

**Southwest Region
CHNS/CHPS Report
April 2016**

Cheryl Byrd, CHNS

- Provided demonstration and short teach on Tobacco education materials including: Pig Lungs, Mr. Dip Lip, Mr. Grossmouth, Jar of Tar, Cost of Tobacco slides and \$100 tobacco bills to 13 participants of SW Prevention Taskforce.
- Provided TA to nurses caring for students with trachs, severe burn management (post hospitalization).
- Collaborating with SWR CHNS and Rural Health Specialist to address needs of ACH children with chronic diseases, living in rural AR. Planning meeting with ACH outreach partners to address continuity of care.
- Met with Horatio and De Queen School Nurses to plan school flu clinics for fall 2016-discussed emergency preparedness, immunizations, communicable diseases (measles, Zika virus).
- Distributed ACH Diabetes Management Tool for Schools website at ARchildrens.org
- Attended “Learning for the teen brain related to bullying” by CJI.
- Participated in DMEC Advisory Board at UAC-Ashdown. Co-hosted break-out session with Teresa Morris, ADH-DM to present Roles and Responsibilities of Public Health Nurses to 9 students attending Advisory Board Presentation.

Eddie Greenwood, CHNS

- Facilitated and presented at the Community Drug Forum held at Union Baptist Church on April 10, 2016 in Bodcaw in Nevada County. Assisted the church Pastor with engaging speakers to come speak at the event. Also, developed a flier to be used for advertising. At the event presented on how drugs are not just illicit drugs, but alcohol, tobacco, over-the-counter, and prescription and people abuse each of these. The audience viewed the recent Rotary film on prescription drug abuse in Arkansas. Discussed with teens and pre-teens how the brain is still developing and this makes you more susceptible to addiction. In addition, other presenters spoke about the different drugs and how they are affecting our community and things the community can do to help keep drugs, especially prescription, out of the hands of our youth. Prevention Specialist with UAMS Prevention Center spoke about the upcoming Drug Takeback event to be held April 30th and that there is a drug drop box at the Sheriff’s office and Prescott Police Station.
- Presented “How to Wash Your Hands” to 175 pre-K children and 20 adults in Prescott as part of Children’s Week activities. Using the glo-germ discussed germs and when and how to wash hands. Also, discussed how to cover your cough/sneeze.
- Presented information on puberty and hygiene to 14 fifth and sixth grade boys at South Pike School District in Delight. As part of the presentation, covered how to keep your body health by: Staying active, eating nutritious foods, good hygiene, personal safety, getting plenty of sleep (but not in class), and not using drugs of any kind, including tobacco, alcohol, street

(illicit)drugs, over-the-counter medication or prescription. Presented “How to Wash Your Hands and Keep Your Body Clean” to 82; K-4th graders.

- Presented STD/STI’s/Teen Pregnancy to 350; 9-12th graders and 10 adults at Bismarck High School. Also discussed the harms of tobacco, alcohol and other drugs especially on a fetus.
- Collaborated with LHU Administrator and SWR CHNS to present STD/STI’s/Teen Pregnancy, puberty and hygiene to 157; 7th and 8th graders at Prescott School District. Received good reviews from the staff that were in the presentations and have been asked to come back and present to 9-11th grades.
- Distributed information at a booth at the “Use Your Wit To Commit To Get Fit, Health, College, & Career Fair” in Nevada County. Using the new tobacco pamphlets let people know about the Arkansas Quitline and that help is available to quit tobacco use. Also distributed the pamphlet about electronic nicotine delivery devices, Act 811 information and information on cholesterol (50 people visited the booth).
- Attended the Prescott Rotary Meeting; assisted Dr. Jennifer Dillaha with technical assistance and set-up for her presentation “Childhood Immunizations in Arkansas: The Only Way Forward is Up.” Also presenting was a polio survivor of the 1952 polio epidemic. He spoke on how crucial childhood immunizations still are to protect the population as a whole.

Rhonda McDonald, CHNS

- Provided Paraprofessional Training (Students with Special Health Care Needs). Eight out of thirteen districts attended. Also focused on updates and networking. This workshop was 9-3:30.
- CHPS and I presented at Harmony Grove High School to 8th graders and three health classes (9-12) on “Sexual Health”. Focused on choices, character, healthy vs. unhealthy relationships, boundaries, STD, STI, and teen pregnancy.
- Assisted Camden Fairview school district in meeting requirements in CPR for Seniors. Presented to all senior class through the English Class CPR for Sr. provided hand on training via video, mannequins, on real equipment (AED). This is AHA Hands Only CPR, Choking, and AED. There were 158 CF Seniors who attended and 5 school nurses (RN supervisor and 4 PRN nurses).
- Partnered with another SWR CHNS and presented to 7th and 8th graders at Prescott School. Focused on choices, character, healthy vs. unhealthy relationships, boundaries, STD, STI, and teen pregnancy.
- AHOC supported 2016 Pinwheels for Prevention for Child Abuse Awareness. Contacted Camden First Assembly Afterschool Care to have the children participate in placing 480 Pinwheels in an approved area in Camden. Local Media was present and we were on the front page of the Camden News.
- Assisted school nurse with Scoliosis and BMI student screenings at Strong School.
- Attended ArCOP in Conway to represent Camden First Assembly (community in Camden) and Calhoun County. Also attended the Bike Rodeo and After School Program.

Tommie Rogers, CHNS

- Collaborated with another SWR CHNS and presented to twenty-six 5th and 6th graders about Puberty and Personal Hygiene. Discussed the health risks of using tobacco and discouraging the students to never start using tobacco products-smoking or chewing. Also used glow germ to demonstrate how germs can be transferred through a sneeze and passed from doorknob to desk, etc
- Participated in the Bismarck High School Project Prom Presentations. Collaborated with another SWR CHNS to present information about STD/STI/Teen Pregnancy using a clinic type setting. Included in the presentation information about the dangers of using tobacco products, about not smoking, using spit tobacco, or e-cigarettes. CHNS also had a Tobacco Cessation Booth that had three tri-fold boards on Smokeless Tobacco, Smoking, and Second Hand Smoke. Mr. Gross Mouth and the Jar of Tar were used as visuals. There was information on 101 Things to do instead of using Drugs, Alcohol, or Tobacco, Parents-Help Keep Your Kids Tobacco-Free, and Act 811 Cards.
- Conducted the following School Nurse visits: four with the Hot Springs School District, three with the Malvern School District Nurses, three with the Benton School District, two from Bauxite School District, three from Glen Rose School District, one from Poyen School District, one from Gurdon School District, two from Centerpoint School District and 12 of the school nurses on 9 of the campuses in the Bryant School District.
- Delivered 25 Prom Hangers to Looking Good Men's Wear in Arkadelphia, 108 Prom Stickers and 100 Prom Hangers to Mary & Martha's Florist in Arkadelphia, 48 Prom Stickers to Brookshire's Florist in Arkadelphia, and 60 Prom Stickers to Forget Me Knot Florist in Gurdon. Prom hangers will be given to hang on the hangers of rented tuxs and stickers will be given to be placed on the corsage boxes purchased to remind teens about being safe by not drinking or texting and wearing a seat belt on prom night.
- Provided technical assistance to school nurses as needed through e-mail and phone on a daily basis. E-mails included: upcoming Suicide Prevention Conference, Worksite Wellness Summit, Suicide Policy for Schools, Commissioner's Memo, and Summer Wellness Workshop. Also sent information on National Bike/Walk to School Day, Zika messages to schools, new Cycle 7 information, Measles HAN, ADH Zika letter, ASNA Summer Conference, BMI data entry deadline reminders, Acuity, AR School Grants, Act 935/2015 New School Nurse Survey, document to assist clinics with measles preparedness, JUA Grant deadline extended, and information on providing nursing acuity information for APSCN.
- Visit to the Malvern Wellness Center on the Malvern High School Campus. Also delivered Act 811 cards to display in Wellness Center.
- Participated in the Clark County Coalition Meeting; discussed Walk Across Arkansas, Alcohol Awareness Month, Stroke Awareness Month in May and partnering with Henderson State University in August 2016 at College Freshman Orientation on Alcohol Awareness. Regional Prevention Provider for Community Service Inc. gave a presentation on the Arkansas Prevention Needs Assessment (APNA) results for Clark County Schools-Arkadelphia and Gurdon. CHNS took the minutes.

Melissa Kuhn Shatley, CHPS

- Met with a teacher from the South Central Services ABC Daycare in assisting with implementing a raised bed garden on their playground. Have requested aid from the County Extension Agent to see that this project is done in a way that will be most beneficial to the daycare.
- Presented Puberty and Hygiene to students at Gurdon Middle School and a second presentation to High School students at Gurdon High School in Clark County; impacted 197 students.
- Presented Sex Education (HIV, Pregnancy, STD, STI Prevention) at Harmony Grove High School in Ouachita County for a total of 75 female students.
- Hosted an ADH Booth at the Hog Skin Holidays Festival in Hampton, in Calhoun County. The focus was both on Tobacco and Wellness; impacted approximately 100 people.
- Met with Camden's Assistant Mayor in Ouachita County to discuss their recent ArCOP Grant for hosting a "Pop UP" in downtown Camden.
- Met with the Assistant Professor of Health from the University of Arkansas' Division of Agriculture, to discuss a grant that is being offered to the South Central Services Educational Cooperative for the sole purpose of training Health/PE Teachers, and equipping them with the tools needed to have a successful "Yoga for Kids" program in their schools. This grant is open until October 1, 2016.
- Facilitated the Camden/Ouachita County Farmer's Market Grand Opening. Hosted 11 produce and non-produce vendors, including a performance from the band No Excuses! Representatives from the city and the county were present including approximately 150 members of Ouachita County.

Emailed to Andi, Sherry, Joni and Julie 05/05/16