

**Southwest Region
CHNS/CHPS Report
February 2016**

Cheryl Byrd, CHNS

- Presented Emerging Tobacco Products to 11 participants of Southwest AR Prevention Taskforce with ideas to share this information with community partners.
- Presented Mr. Grossmouth and harmful effects of tobacco products to (47) 1st grade students at Acorn Elementary School during Oral Hygiene teach by School Nurse.
- Incorporated tobacco effects on vision and eye health during Vision Certification Training for (seven) SNs at Freeway.
- Provided Comprehensive Tobacco Policy education to Acorn Schools.
- Attended 2-day ASIST Suicide training in Hope; provided information re: ASIST Suicide Training in Hope for school personnel and community members to School Nurses and Wellness Committees
- Participated in two ACH Telemedicine Meetings via Videoconference. Invited Horatio and Cossatot River Schools to attend and provided TA to CRSD re: Telemedicine.
- Provided TA to SNs re: Medication Administration, maintenance of controlled drugs, documentation of medications, return of controlled drugs to ADH Division of Pharmacy, etc

Eddie Greenwood, CHNS

- Assisted with Farm to You at Clinton Primary in Hope, AR. I was the stomach and presented information on nutritious food choices using My Plate and food models to 100 kids.
- Presented “Healthy Choices” to 12 at-risk juveniles in Hope, AR. Discussion topics included: Healthy Diet/Healthy Food Choices; Physical Activity; Personal Hygiene; Sleep; Tobacco Dangers, Secondhand Smoke, Electronic Nicotine Delivery Systems and dangers, Drugs and Alcohol. To demonstrate how drugs and alcohol effect your coordination, the students put on gloves and then tried to open a piece of tightly wrapped candy. For alcohol’s effect, the students used the “drunk” goggles and then had to try to throw or catch a ball.
- Presented hygiene basics to seventy-five 5th and 6th grade boys and girls at Blevins Elementary. Discussed puberty changes, keeping your body clean, safety, and not using tobacco, drugs or alcohol in two sessions-one for girls and one for boys.
- Attended the Wellness Committee Meeting at Nevada School in Rosston. Fielded numerous questions and assisted with understanding the School Health Index and what needs to be done to complete this year.
- Assisted the new CHNS in Pulaski County by presenting mandated hearing screening certification training to 7 school nurses at Freeway Medical in Little Rock. Presentation included incidence of ear infections for children exposed to second hand smoke. Discussed Second Hand and Third hand smoke exposure. Educated participants on Act 811. Also educated nurses on Quitline. This event provided school nurses with 3.25 CNE's of continuing education for licensure. CHNS assisted school nurses on how to use the hearing machine from their school. Also, assisted with check off for vision certification.

- Attended the SW Prevention Taskforce Meeting in Texarkana; presented information on the Period of PURPLE Crying and distributed instruction on how to access the training on www.donotshake.org.
- Hosted and attended the two day Applied Suicide Intervention Skills Training (ASIST)

Rhonda McDonald, CHNS

- Provided an ASIST Training at Hope. 14 participants. Held at SW Co-op. Tobacco booth- CO machine, Act 811, referral, Quit line number and viewed video on tobacco.
- Provided an ASIST Training at Little Rock. 10 participants. Held at Freeway Tobacco booth- CO machine, Act 811, referral, Quit line number and viewed video on tobacco.
- Provided an ASIST Training at Pine Bluff. 4 participants (4 were no show). Held at JRMC Tobacco booth- CO machine, Act 811, referral, Quit line number and viewed video on tobacco.
- Met the SW Region CHNS/CHPS and supervisor for updates and summer workshops.
- Co-Chair of Health Behaviors- Reported on ASIST Training for Union County. Working on Blue and You March into May.
- Attended DASH Coalition. Announced ASIST Training at JRMC. Free to attend. Gave stats on Suicide.
- Attended AHOC Coalition. Announced ASIST Training at JRMC. Free to attend. Gave stats on Suicide. Brought new person to meeting.

Tommie Rogers, CHNS

- Participated in a meeting held at Bismarck High School. Hot Springs County Health Department Administrator, Hometown Health Coordinator and Bismarck School Nurse, and the Counselor met to plan an event prior to this year's prom.
- Attended the Pike County Hometown Health Coalition Meeting in Murfreesboro, shared had contacted Kirby and South Pike County Schools about partnering with the Coalition to get the word out to the community about the upcoming Take Back Event to be held April 30th.
- Conducted three school nurse visits with two school nurses from Harmony Grove-Benton; two Arkadelphia School Nurses and two South Pike County School Nurses.
- E-mailed information to Wellness Committee Members on Spark Instructor application and Grant Opportunities. Also, emailed the school nurses about National Through with Chew Week February 14-20 and National Great American Spit Out Day on February 18th.
- Presented Oral Health to 15 students at Second Baptist Preschool using the America's Toothfairy information. Taught on how to brush teeth, how to floss, and toothfriendly snacks. Also presented to Gurdon Primary School Pre-K, 3 classes, 60 students; Head Start, 4 classes, 61 students; Gurdon Head Start, 1 class, 14 students.
- Participated in the Clark County Coalition Meeting (BaHCC); provided updates and took minutes in absence of the secretary.
- Submitted several brief articles for the February Newsletter.

Melissa Kuhn Shatley, CHPS

- Attended the Camden Fairview School District Wellness Meeting in Ouachita County. Shared changes that will be taking place in the Wellness Program per the most recent CHAC meeting. Agreed to research the “Farm to School” program for the district and encouraged the committee to survey parents and see how involved they would like to be.
- Met with the Superintendent of the Harmony Grove School District in Ouachita County about the needs for success of their Wellness Program. We will be implementing the Zoom option for the next meeting in efforts to enable more participation in attendance from the various buildings that are involved.
- Presented STD prevention at the Ouachita County HOPE Health Commission meeting. Per the county judge, the commission is going to focus on pregnancy prevention among the teens in Ouachita County.
- Attended the Arkansas Farmer’s Market Association meeting in Little Rock. Topics covered were “Farm to School”, “Healthy Active Arkansas” & “Market to School Programs”. A great deal of emphasis was placed on marketing to schools.
- Facilitated a meeting of Ouachita County’s Master Gardeners. (This is a once a week meeting to be held for two months. The South Central Services Cooperative has provided a conference room for the workshops. As part of their agreement, as a member of the Garden Committee, will facilitate these weekly meetings.)
- Met with the Christian Health Center Director to discuss what the CHPS & CHNS can provide to the schools in Ouachita County in relation to sexual health. The information obtained from our meeting will be used to prepare a letter to the area superintendents.
- Attended the DASH Coalition meeting in Dallas County. At the request of the LHU Director of Dallas County, agreed to facilitate next month’s DASH meeting. Attended AHOC Coalition meeting in Ouachita County; took minutes that will be distributed to the members.

Emailed to Andi, Sherry, Joni and Julie 03/07/16