

**Southwest Region
CHNS/CHPS Report
May 2015**

Cheryl Byrd, CHNS

- Provided CPR certification training to eight Public Health Nurses at Little River and Sevier LHU.
- Collaborating with ADH and Amanda Stanisor to host Customer Service and Effective Communication Training at DMEC-scheduled for July 29th.
- Collaborated with Sevier County and LHU to host the Annual Senior Health fair for 500+ seniors using a Pig Lung Display to demonstrate the effects of tobacco, SHS and THS, and using the piCO meter to monitor the CO in participants of the fair. SOS Quitline information provided to attendees.
- Collaborating with Katy Allison to host a 3-day Lifeline training at DMEC.
- Collaborating with AHA and UACCH to host PEARS Training for SWR school nurses.
- Collaborating with SWR CHNS to host regional SN trainings. Distributed schedule of upcoming workshops for SNs and other school personnel: Statewide conferences (ASNA, New SN Conference), National conferences (NASN Annual Conference), Regional Workshops (504/IEP, Transitions, Hearing, Mental health, Mandated Screenings, CPR Instructor Training, Suicide Prevention, TPCP, etc)
- Partnered with Edie Greenwood and Mt. Ida SN to provide Sexual Health training for 305 students, grades 5-12. Topics included tobacco prevention, internet safety and Always Changing Bodies to grades 5-7; STI/STD/HIV , teen pregnancy, internet safety, tobacco cessation and prevention to students in 8-12th grades. SOS Quitline information provided.
- Partnering with staff at DHS to plan IEP/504 /transition presentation for SWR-Establishing relationship to meet needs of children with SHCN in the school setting.
- As PHNAA Program Chair: Coordinated PHNAA presenters for APHA Annual Conference in Hot Springs. Dr. Burns presented Biology of Cancer, Healthy lungs and gums with a focus on the harmful effects of tobacco to 44 Public Health Nurses.

Edie Greenwood, CHNS

- Manned an informational booth at Train days along with nurses from Hempstead County Health Unit. Using pig lungs demonstrated the effects of smoking on lungs. Approximately 20 people were impacted with tobacco cessation information.
- Presented information about sexual health to 15 at-risk juveniles; the presentation also included no nicotine/tobacco use.
- Along with Cheryl Byrd, RN, CHNS, Echo Donahou, LHUA, Victor Alexander, DIS and Bonnie Carr, HHI presented Sexual Health and Person Hygiene to students at Mt. Ida Middle/High School. Changing bodies, personal hygiene, tobacco prevention and internet safety were discussed with 5-7th grade students. STI/STD/HIV, teen pregnancy, tobacco prevention and internet safety was presented to 8-12th grade students for about 300 students total. Echo Donahou introduced the services available at the Montgomery Co LHU to the attendees.

- Presented Always Changing for Girls to 6th grade girls and Always Changing for boys to the 6th grade boys at Bradley School District. The Always Changing curriculum discusses, body changes associated with puberty, emotional changes, and hygiene. Along with these presentations, a representative from Smiles of Arkansas presented oral health to all 4-6th grade children. He used Mr. Gross Mouth to show the harms of smokeless tobacco to teeth, mouth and gums. At the end of the presentations, the 4-6th received a toothbrush, toothpaste, and floss in a plastic zipper bag. The 6th grade girls and boys also received deodorant and soap. 80 students total had the oral health training and 37 6th graders received the hygiene portion.
- Edie Greenwood, CHNS and Tonya Clark, Administrator did the same presentations as listed above at Lafayette Elementary. The 4-6th received oral health information and then the 6th graders also received the Always Changing presentations. A total of 120 students received the oral hygiene kits and 40 6th graders received the personal hygiene items. Funding for these projects provided through a Blue & You Foundation mini grant and donation from Smiles of Arkansas.
- Presented Healthy Choices to the ninth grade health class at Nevada School. The presentation included the need to eat a healthy diet, physical activity, sleep and eating breakfast, lunch and dinner. Included in the presentation was how portions have changed in the last 20 years and that overeating will lead to obesity. Instructed the students to find a physical activity they like to do and can do for the rest of their life. I discussed not using tobacco in any form, alcohol, or drugs to keep their body healthy (nineteen students impacted).
- Partnered with ADH staff to provide three Safety Baby Showers (Hope, Prescott and Texarkana). Total number impacted 25. The shower information focused on infant mortality, infant injury prevention, car seat safety, crib safety, fire/burn safety and safety of children in and around the home. Distributed copies of ACH Injury Prevention materials, the DVD-Period of Purple Crying, bibs and onsies with “Back to Sleep” message. Discussed the harms of second hand smoke to an infant and children. Discussed no smoking in home, car or anywhere around the baby. Gave out the SOS Quitline number Discussed seatbelt use for all people in a car and falls in children and adults in the home.

Rhonda McDonald, CHNS

- Attended the SBHC site visit for Smackover School District.
- Attended a Tobacco workshop in Arkadelphia hosted by Mid-South.
- Attended the Tobacco training provided by UAMS. “Leaving a Trail of Smoke” in Little Rock.
- Presented two 45 minute presentation for 5th grade females on pre-teen health. Approximately 75 girls attended. Topics: oral hygiene, overall hygiene, changes in their body and tobacco effects.
- Liz Mercer and I presented our first 2 day ASIST training at JRMC in Pine Bluff. We had 10 scheduled but because of scheduling conflicts, only 7 were about to attend both days. Our evaluations were very good and the participants verbalized how much they enjoyed the 2 day training. Three nurses received 12.5 CE’s, 3 EMS received CE’s through their organization.
- Worked several days by myself on the ASIST preparation when spare time was allowed. Liz Mercer and I have met 5 full days to prepare for this 2 day presentation.

- Completed the packet for ASIST to be approved through ADE for School Staff.
- Attended DASH coalition meeting in Fordyce and AHOC coalition meeting for Ouachita County.

Tommie Rogers, CHNS

- Conducted site visit to 10 school districts; met with school nurse(s) to assess their training needs; discussed upcoming summer workshops, school nurse survey, and upcoming events.
- Conducted site visit to two school districts involved in the 1305 grant; met with school nurse(s) to assess their training needs; discussed upcoming summer workshops, school nurse survey, and progress with 1305 grant. Delivered equipment to one school nurse (district) participating in the 1305 grant who was unable to attend the last meeting on 05/27/15.
- Attended a Tobacco Dimensions Training sponsored by MidSouth; information learned will be shared with others interested in tobacco prevention and cessation.
- Janet McAdams, Administrator, Susie Reece, Garland County Suicide Prevention Coalition, and CHNS attended the Dawson Education Cooperative Superintendent's Board Meeting. Susie shared a suicide policy that she had written and prepared for the school districts. This policy could serve as a guideline for those schools interested in adopting a suicide policy for their school. CHNS emailed an electronic copy to all the superintendents which can easily be tailored and implemented in each school district.
- Attended the 1305 Schools Motivational Speaking Workshop held in Little Rock. CHNS picked up supplies for the Hot Springs School District since they were unable to attend the meeting.
- Participated in the Adolescent Health Meeting held at the Clark County Health Department. CHNS provided TA.
- Attended the Malvern and Centerpoint school district's Wellness Committee Meetings.

Melissa Kuhn, CHPS

No report received as of 06/09/15