

**Southwest Region  
CHNS/CHPS  
March 2015 Report**

**Cheryl Byrd**

- Participated in 2015 Annual Cancer Summit in Little Rock.
- Presented Breast Cancer Risk Factors using CDC and American Cancer Society materials to 132 (men, women, teens of varied races) attendees of the Annual Project Pink Awareness Event in Mt. Ida. Also, highlighted risk factors related to tobacco use and Breast Cancer.
- Presented Fetal Alcohol Spectrum disorder to 22 Polk Co CASA members (Foster parents and CASA case managers). Asked to return for presentation on Shaken Baby Syndrome.
- Met with and provided education to Oden SN, ES Principle and HS Principle re: Students with Special Health Care Needs in the school (i.e. emergency care plans for students with seizures). Also reviewed ASBN School Nurse Roles and Responsibilities Practice Guidelines 2007; Resource Guide Developing School Policies and Training Programs for Children with Special Health Care Needs 2007; and Delegated Nursing Skills Training Manual for Unlicensed Assistive Personnel: A Reference for School Nurses 2009.
- Collaborating with SWR CHNS to host regional SN trainings. Distributed schedule of upcoming workshops for SNs and other school personnel: Statewide conferences (ASNA, New SN Conference), National conferences (Pediatric Potpourri at Branson, NASN Annual Conference), Regional Workshops (504/IEP, Transitions, Pediatric Assessment, Mental health, Mandated Screenings, CPR Instructor Training, Suicide Prevention, TPCP, etc).
- Partnering with Dr. Robert Burns, William Temple and Tamara Baker to present at 2015 APHA/PHNAA conference on topics including Biology of Cancer, Healthy Gums and Lungs; School Based Health Centers and Human Trafficking.
- Met with DHS representative and DDS/Children's Services Area Manager to plan IEP/504 transition presentation for SWR June 5<sup>th</sup>; establishing relationship to meet needs of children with SHCN in the school setting.

**Eddie Greenwood**

- Participated in 2015 Annual Cancer Summit in Little Rock.
- Presented information about tobacco harms to 13 at-risk students in Hope. Using a Clever Catch Ball of tobacco facts, discussed the harms of tobacco.
- Spoke with the Superintendent at Spring Hill School District. We are going to work to bring Rachel's Challenge to our area in the fall of the 2015-2016 school -year. Spring Hill School District plans to collaborate with the other school districts in the area.
- Worked with new school nurse at Blevins School District to determine school health needs and what screenings still need to be completed. Also, organized paperwork left from the previous nurse (two site visits made).
- Conducted two Safety Baby Shower (Miller County and Prescott) focusing on infant mortality, infant injury prevention, car seat safety, crib safety, fire/burn safety and safety of children in

and around the home. Distributed copies of ACH Injury Prevention materials, the DVD-Period of Purple Crying, bibs and onsies with "Back to Sleep" message. Discussed the harms of second hand smoke to an infant and children. Discussed no smoking in home, car or anywhere around the baby. Gave out the SOS Quitline number Discussed seatbelt use for all people in a car and falls in children and adults in the home.

- Attended a workshop with UAMS where they intend to form County Community Coalitions (CCC) to assist UAMS staff with implementing the Cancer Study in the 21 counties chosen, including Hempstead County. UAMS has partnered with the Arkansas Department of Health to assist with recruiting the appropriate people from the identified local agencies to participate in the Hempstead County Community Coalition (HCCC). I attended at the request of the director of the SW Arkansas Education Cooperative.
- Participated in Career Fair for Allied Health Department of Texarkana College along with Julie Huntley, Adm. Distributed information about smoking harms along with quitline number.

### **Rhonda McDonald**

- Attended an out of state training on the ASIST program. This training is designed for the participant to provide this training at the local level. This is a very intense training which focuses on the intervention for a person threatening suicide.
- Created a web page for OCHU at the request of Rebecca Wright <http://ochucamden.weebly.com/>
- Met with Jill from Union county to discuss partnering with Ouachita County on a \$75,000 mentoring grant. We plan to meet again on Monday. The grant is due April 14th.
- <http://www.samhsa.gov/grants/grant-announcements/sp-15-002>.
- Provided CPR training for Sr's and Jr's at Sparkman HS. There were 40 students total and 1 adult who attended the 1.5 hour presentation. I discussed CPR, Heart Disease, Choking, and Tobacco use.
- Attended the TOUCH Executive mtg. I am co-chair of the healthy behaviors group. I suggested ways to get tobacco policies into business and other organizations. I am working with Deb Crawford on the tobacco grant for Ouachita County.
- Rebecca wright and I presented at CF for 6-8 grades (boys and girls) in first period. Rebecca presented on programs available at the LHU. I presented on STD's and teen pregnancies. I opened the floor up for questions. We spoke about 1 hour to 20 students and 2 adults.

### **Tommie Rogers**

- Presented to 14 Pre-K in Gurdon Primary about Oral Hygiene and used Mr. Dinosaur and large toothbrush as visuals. We talked about what we use our teeth for, good foods to eat to have healthy teeth, the importance of making good choices and not smoking or chewing tobacco. We also talked about physical activity and did the motions to CD, "Let's Get Funky". I presented the teacher with a Learning Station CD.
- Participated in the Pre-K and Kindergarten Roundup at Gurdon Primary School. I had a booth on Oral Hygiene (using Dinosaur and toothbrush), Act 811, Tobacco Cessation, Nutrition and Physical Activity. I used the Jar of Tar and Mr. Gross Mouth as visuals. I gave out nutrition and

physical activity stickers, food serving size placemats, and a Zobey DVD, Jungle Jive to each student/ parent. We registered approximately 50 students.

- Participated in the Walk into Wellness Community Health Fair in Clark County. I manned booth with the Regional Prevention Provider Region 5 Community Service. We had information on tobacco, e-cigarettes, second hand smoke, drugs, and alcohol. We used the Jar of Tar and Mr. Gross Mouth as visuals. We also used the Pico Meter and checked the Carbon Monoxide of Health Fair participants. We were able to get two participants to complete FAX back referrals. There were approximately 70 participants in the Health Fair.
- Presented to Pre-K students at Miss Mae's Fun Time Learning Center in Arkadelphia about Oral Hygiene and used Mr. Dinosaur, large toothbrush, and Mr. Gross Mouth as visuals. We talked about what we use our teeth for, good foods to eat to have healthy teeth, the importance of making good choices and not smoking or chewing tobacco. We also talked about physical activity and did the motions to CD, "Let's Get Funky". I presented the teacher with a Learning Station CD.
- Collaborated with local Florist and Tux Rental Shops. Took 108 Corsage stickers and 100 prom hangers to Mary & Martha's Florist. Took 48 corsage stickers to Brookshire's Florist. Took 25 prom hangers to Looking Good Men's Wear on Main in Arkadelphia. Took 60 corsage stickers to Forget Me Knot Florist in Gurdon. All of these businesses agreed to put corsage stickers on corsage and boutonniere purchases or prom hangers on tux rentals to remind students to have a safe prom.
- Visit with Arkadelphia School Nurses. Flyers for upcoming "March into Wellness" Community Health Fair given to share with staff. This event is being sponsored by Arkadelphia Schools, Foundation Fitness, and BaHCC (Becoming a Health Clark County) Coalition. Funding provided by Dawson TPCP.
- Visit with School Nurse in Delight and the School Nurse in Murfreesboro. Both of these campuses are part of the South Pike County School District.

### **Melissa Kuhn, CHPS**

- Attended the Malvern High School Wellness Committee Meeting in Hot Springs County.
- Met with the school nurse at Harmony Grove to provide ideas and help with planning the upcoming Health Fair in May.
- Attended AHOC in Ouachita County and presented a Power Point introducing the position of CHPS and gave tips on Healthy Nutrition in coordination with National Nutrition Month. I shared the idea of Mason Jar Salads and directed members to <http://www.choosemyplate.gov>. A potential \$75,000 DFC Grant was discussed as a mentoring grant. Updates were given for the HOPE coalition.
- Met with the Steering Committee of the HOPE Coalition. Applications are being taken now for the first round of board members. Final presentation of the coalition will be submitted to the Camden City Council on Tuesday, April 14th. Created a Power Point introducing the Coalition and explaining its vision & purpose.
- Attended the TOUCH Coalition Meeting in Union County; attended the HEALTH Coalition Meeting in Columbia County.

- Participated in WALK ACROSS OUACHITA COUNTY with the LHU. In continuance with this project, I have successfully walked 100 minutes each week thus far. (20 minutes per day).
- Met with the school nurse at Parker's Chapel. Scheduled a meeting to review the SHI and Wellness Committee Information in the month of May.