

**Southwest Region
CHNS/CHPS Report
July 2015**

Cheryl Byrd, CHNS

- Facilitated two-day Lifeline training at DMEC- Creating Suicide Safety in School on July 15th and School-based response to Suicide and Traumatic Death A Lifelines Workshop for School Crisis Teams- A workshop based on Lifelines: A Postvention on July 16th at De Queen Mena Educational Coop. Presented by at Breux, RN BSN, the Program Director for the Society for the Prevention of Teen Suicide.
- Attended the Gatekeeper Training held at Dawson Co-op in Arkadelphia.
- Facilitated PHNAA meeting; currently serving as PHNAA President.
- Provided Vision and Hearing Screening, Scoliosis and Obesity Workshops for school nurses.
- Provided CPR training (13 participants).
- Collaborating with CHPS to provide a Wellness workshop at De Queen/Mena Coop.
- Met with Sarah to organize Drive Smart Challenge for SWR schools.
- Attended Sevier County coalition meeting.
- Attended CPR Instructor update.

Edie Greenwood, CHNS

- Presented *Making Educators Partners* to 6 classes in two days for a total of 100 teachers at Texarkana School District. Shared information with the teachers related to health presentations available by the CHNS for their classroom .Distributed information about tobacco use and cardiovascular health with the *Quitline* number included.
- Kathleen Courtney with ADE; School Health Services presented *Strategies to Enhance Health Education Programs* about the importance of varied teaching strategies and student learning styles, understanding of the link between brain research and student learning, Most of the attendees were health teachers. CHNS explained the availability to provide presentations in the classroom on a variety of health topics with a focus on no tobacco use, sexually transmitted disease, teen pregnancy, injury prevention and other topics. (17 participants).
- Hosted the Arkansas Game and Fish who presented The Federal Junior Duck Stamp Conservation and Design Program (JDS), an arts and science curriculum that teaches wetlands and waterfowl conservation to students in kindergarten through high school for 12 people. After the presentation, explained the CHNS role and the ability to provide classroom presentations in the school on a variety of health topic with a focus on no tobacco use and injury prevention.
- Met with a representative from Prevention Resource. Discussed upcoming trainings and how Prevention Resource could help with the Teen Suicide Prevention Trainings for teachers, staff, etc. Received Teen Suicide Prevention pamphlets to be distributed at presentations for teachers, staff at schools in Lafayette, Hempstead, and Nevada Counties.
- Attended Gatekeeper Teen Suicide Prevention Training in Arkadelphia.
- Attended Nevada County Cancer Association meeting.
- Met with group planning the Back to School Event for Lafayette Schools in Lewisville.

Rhonda McDonald, CHNS

- Provided an ASIST two day training in Grant County. Tobacco table set up in room for two days also. CO monitor, Mr. Gross Mouth, Fax Referral, Quitline number, ACT 811, and many brochures available. Also provided the training at Arkansas River Education Cooperative in Pine Bluff. Tobacco table set up in room for two days also. CO monitor, Mr. Gross Mouth, Fax Referral, Quitline number, ACT 811, and many brochures available (9 participants).
- Provided an ASIST two day training at ARESC in Pine Bluff. Tobacco table set up in room for two days also. CO monitor, Mr. Gross Mouth, Fax Referral, Quitline number, ACT 811, and many brochures available. Also provided the training at Arkansas River Education Cooperative in Pine Bluff. Tobacco table set up in room for two days also. CO monitor, Mr. Gross Mouth, Fax Referral, Quitline number, ACT 811, and many brochures available. (11 participants).
- Provided a Bullying/Suicide Prevention Workshop at South Central Coop.
- As a member of the steering committee for the HOPE Commission, attended the public announcement for the first session of commissioners. The Commission inducted 13 members.
- Provided school nurse mandated screening trainings at Eldorado School District:
 - Vision (14 participants).
 - Hearing (14 participants).
 - Obesity Prevention (14 participants).
 - Scoliosis (15 participants).

Tommie Rogers, CHNS

- Presented to two groups at Bright Beginnings Learning Center. The first group consisted 14, K-4th graders and the second group consisted of 16, 3 and 4 year olds. Utilized the National Children's Oral Health Foundation America's ToothFairy Education Toolkit. Discussed Toothbrushing and did the Toothbrushing Demonstration and Song, Flossing Lesson, and Toothfriendly Snacks Lesson.
- Presented to 10, 3 and 4 year olds. Presented to 21, K-6th graders at Miss Mae's FunTime Learning Center in two separate sessions. Discussed Sun Safety and Playground Safety. Children were encouraged to stay hydrated by drinking plenty of water and wearing caps and sunscreen when going outside to avoid sunburns. Also discussed the need to always wear a life jacket when riding in a boat or swimming and to always wear a helmet when riding a bike.
- Presented to 15, 3 and 4 year olds and to a group of 27, K-6th graders at FunTime Learning Center. Talked about the importance of hand washing and personal hygiene-taking care of your body.
- Presented to 16, K-4th graders and 15, 3-4 year olds at Bright Beginnings Learning Center in Arkadelphia in two separate sessions. Spoke about staying safe during the summer. Discussed staying hydrated, Sun Safety, and Playground Safety. Children were encouraged to stay hydrated by drinking plenty of water and wearing caps and sunscreen when going outside to avoid sunburns. Also discussed the need to always wear a life jacket when riding in a boat or swimming and to always wear a helmet when riding a bike.
- Presented to 23, 5-8 year olds and 21, K-6th graders at Third Street Baptist Church Arkadelphia Kids Club in two separate sessions. Spoke about staying safe during the summer. Talked about

staying hydrated, Sun Safety, and Playground Safety. Children were encouraged to stay hydrated by drinking plenty of water and wearing caps and sunscreen when going outside to avoid sunburns. Also discussed the need to always wear a life jacket when riding in a boat or swimming and to always wear a helmet when riding a bike.

- Presented to 18, K-4th graders and 14, 3-4 year olds at Bright Beginnings Learning Center in Arkadelphia. Discussed the importance of hand washing and personal hygiene-taking care of your body. Mentioned that you should wash your hands for at least 20 seconds. We sang “Happy Birthday” two times and pretended to be washing our hands.
- Attended the Gatekeeper (Suicide Prevention) Training held at Dawson Co-op in Arkadelphia.

Melissa Kuhn, CHPS

- Presented a Suicide Workshop, Gatekeepers, at the South Central Coop in Camden. There were 36 participants from Hampton, Ouachita, and Union Counties. Schools represented were: Emerson, Bradley, Taylor, Harmony Grove, Strong, and Hampton.
- Presented a Bullying/Suicide Workshop at the South Central Coop in Camden. There were 20 participants from Hampton, Ouachita, and Union Counties. Schools represented were: Emerson, Bradley, Taylor, Harmony Grove, Strong, & Hampton.
- Assisted the CHNS in presenting Vision and Hearing Screening, Scoliosis and Obesity Workshops for the EIDorado School District, in Union County.
- Assisted the CHNS in presenting Workshops for the EIDorado School District, in Union County.
- Visited with Wellness Chair for EIDorado HS in Union County about the upcoming year and her wellness plan, including their success with their School Based Health Center.
- As a member of the steering committee for the HOPE Commission, assisted in preparing and executing the public announcement for the first session of commissioners. The Commission inducted 13 members. City Mayor, Marie Trisollini and Ouachita County Judge, Robert McAdoo offered the first ever joint proclamation to the committee. It is in the best interest of Ouachita County to promote the general well-being of its citizens by ensuring access to information on making healthy choices. The HOPE Health Commission is composed of knowledgeable citizens that will bring together public and private partnerships in helping promote a healthy community, and is the first health commission of its kind in the state of Arkansas. The founder of the commission, Dr. Larry Braden, will be speaking to the ADH in October’s Grand Rounds.
- As a member of the Ouachita County Community Gardens, I attended a planning meeting for the continuation of progress for the Camden Farmer’s Market. Special attention was given to ideas for getting producers and vendors to participate in our weekly markets.
- Attended a two day workshop on Gatekeepers in Arkadelphia at the Dawson Coop.