

**Southwest Region  
CHNS/CHPS  
February 2015 Report**

**Cheryl Byrd**

- Communicated with school nurses and school administrators related to Communicable disease education and recognition in the school setting (Suspected Measles cases in 2 schools).
- Conducted School Nurse Visits at De Queen, Horatio, Mineral Springs, Nashville PS and ES, Ashdown HS, Cossatot River: Discussed Immunization Requirements for Schools, Flu Activity, Communicable Disease Management in Schools, Chronic Disease Management in Schools.
- Collaborating with DMEC Early Childhood (ECH) Director about CPR/First Aid/AED/Suicide requirements for ECH staff.
- Collaborating with Cossatot River Schools to present on age appropriate health issues for 5th grade students, including Tobacco Prevention and Effects of Tobacco Use.
- Attended School Wellness Committee Meeting at Nashville Schools-Presented role of CHNS/CHPS to 10 committee members.
- Created SWR Workshop live document via Google to organize all available trainings offered by CHNS and CHPS-live document managed by myself and supervisor.
- Continue to work on SWR planning committee to create Summer Workshop Workplan for SWR School Nurses and School Partners by offering regional and local trainings to meet identified needs of those partners-Two hour Suicide Training required for all certified school staff to maintain licensure.

**Eddie Greenwood**

- Presentation to all pre-k through 6th grade students at Blevins Elementary about tobacco prevention and health risks for smoking, smokeless tobacco, second-hand and third-hand smoke, and electronic nicotine delivery systems. This was done for the health teacher as part of the health curriculum standards Used Mr. Gross Mouth, to show the effects of tobacco on oral health in the presentation and pig lungs to show the harms smoking can do to lungs. Students had to power walk around gym and then try to blow a balloon up using a small straw. We also tossed the tobacco fact ball around in grades 3-6 and they had to answer the questions on the ball. A total of 275 children were reached with these presentations.
- Presented to a group of 17 at-risk youth. We discussed different STD's, signs and symptoms and where they could go for help.
- Provided a Safety Baby Shower presentation in Texarkana at the Miller County Health Unit.
- Worked on a 100 year slide presentation for Julie Huntley, RN, Administrator at Miller County to get it to continually loop.
- Met with Sarah Powell, RHS and Game and Fish to start planning the next Stomp in the Wild event.
- Wrote a mini grant for \$1000.00 to the Blue and You Foundation and was not funded. I wrote for the Adventures in Nicotine Land puppets for the SW region using NCCA as the 501c3 (after

receiving approval by vote from the group). The application was rejected based on there are tobacco grants available through other venues.

### **Rhonda McDonald**

- Oral Health, Nutrition, Tobacco presentation provided for Children 3-5 years of age (2 ABC classes), 35 Children, 4 adults; presentation included education for brushing your teeth; fruits and vegetables that is good to help clean your teeth and milk (calcium) to make bones and teeth stronger. Also discussed the effects of tobacco on your teeth and mouth. The importance of exercise. Tools used during the presentation included- Dinosaur, Mr. Gross Mouth, rubber fruits, vegetables, and milk and juice cups. Zoby DVD and Learning Station CD given to each class. Act 811 cards to send home in backpacks.
- Oral health, Nutrition, Tobacco Children 3-5 (2 ABC classes), 30 Children, 5 adults; provided the same presentation as listed above.
- Oral health, Nutrition, Tobacco Children 3-5 (5 ABC classes), 60 Children, 10 adults; provided the same presentation as listed above.
- Oral health, Nutrition, Tobacco Children 3-5 (2 ABC classes), 30 Children, 4 adults; provided the same presentation as listed above.
- Created a survey and agenda for AHOC (Ouachita County Coalition); provided copies of survey and agendas an after the meeting, entered surveys and reported to HHI. Represented AHOC in support of walking trail in Ouachita County.
- Attended CPR renewal class in Hope at UACCH for CPR card and trainer's certificate.

### **Tommie Rogers**

- School Health-Collaborated with ADE (Kathleen Courtney) to arrange workshop on Strategies to Enhance Health Education Instruction and Student Learning.
- Participated in the March Into Wellness Meeting held at Dawson Co-op. Collaborating with the Tobacco Prevention Coordinator for Clark County, Clark County Health Unit Administrator, and the Program Coordinator for Arkadelphia Public Schools to plan for the upcoming Health Fair for the Clark County Community.
- Attended the Local Interagency Community Council (LICC) meeting held at Dawson Co-op; discussed who and how to get more people involved in the meetings. Also, presented information on influenza and "How to Stay Healthy" to members of the AAEOOP Organization.
- Participated in the Malvern School District Wellness Committee Meeting; discussed Just a Minute Day and Walk Across Hot Springs County. Kathleen Courtney gave an update on Safe School Health Initiative Grant update. There were 15 present.
- Attended the GoNoodle Pep Rally at Malvern Elementary School; the students were led in the movements and activities by the GoNoodle Representatives. It was evident that the students were familiar with the words of the songs and the motions.
- Participated in the Garland County Coalition Meeting (Project Hope); discussed Human Trafficking, Growing Healthy Communities, Injury Prevention/Suicide Prevention, Safe Haven and Drug Prevention and Awareness. Dr. Laurie Fischbach talked about the Infrastructure Cancer Study Grant Proposal. There were 29 participants.

**Melissa Kuhn, CHPS**

- Met with the school nurse at Harmony Grove about planning a Health Fair for Ouachita County in May. Follow-up via telephone on suggested ideas for the upcoming Health Fair. Suggestions include screenings for the following: blood pressure, cholesterol, blood sugar and BMI. In addition, there will be informational booths for wellness, nutrition and tobacco as well as a healthy snack sample booth.
- Met with Ouachita County Medical Center Administrator to seek assistance from the hospital with the upcoming Health Fair at Harmony Grove. They agreed to provide a minimum of three nurses to offer healthcare screenings to the citizens of Ouachita County and further offered to assist with any other medical needs that related to this and future events.
- Invited to attend the Dallas County Health Fair planning meeting. The Health Fair will be held on Friday, September 11, 2015 from 10:00am until 5:00pm. This fair will tie in with the County Fair and will target their Senior Center and their Head Start program.
- The HOPE Coalition Steering Committee in Ouachita County is in the final stages of being able to nominate members for this new county coalition. The by-laws were submitted to the Camden City Council this evening and were approved with minor modifications; the HOPE Coalition Steering Committee met to implement modifications to the purpose and by-laws of the coalition per the request of Camden's City Council members.
- Attended the AHOC meeting; discussed a \$75,000 DFC Mentoring Grant that, if approved, will enable the coalition to write for a \$150,000 grant within a 2 year period. More details will be given at the next meeting.