

**Southwest Region
CHNS/CHPS Report
September 2015**

Cheryl Byrd, CHNS

- Provided technical assistance to De Queen Schools re: Implementation of Comprehensive Tobacco Policy and facilitated Tobacco Signage for campuses at Mena, DeQueen and Oden Schools.
- SWR CHNS coordinated and hosted statewide CHNS/CHPS meeting for September; collaborated with SWR CHNS to host Lifelines Presenter, Pat Breux, for this meeting.
- Facilitating flu clinic planning between schools and LHUs. Contacted each superintendent to confirm school flu clinics and provide technical assistance.
- Incorporated tobacco education into Hearing and Vision, BMI and Scoliosis training for School Nurses.
- Participated in STOMP OUT event for 222 students with focus on Injury Prevention.
- Facilitated meeting with DeQueen Wellness Chair, DM and CHPS to discuss School Wellness support. Additional training scheduled at DMEC for all School Wellness Committees.
- Provided Vision Certification training to 13 School Nurses at Dawson Coop.
- Collaborating with Katy Allison and Pat Breux to host a 3-day Lifeline training at SWAEC- “Creating Suicide Safety in Schools Workshop” “Lifelines-Intervention” and “Lifelines-Postvention” in November.
- Attended and participated in New School Nurse Conference in Little Rock, co-presented with Southwest Coop CHNS for 100 School Nurses on Mandated Screening deadlines; Resources: LHUs, Flu Clinics, family planning/other workshops attended.

Eddie Greenwood, CHNS

- Presented information about sexually transmitted disease to 13 at-risk youth in juvenile probation. Students were divided into groups and were given Fact Sheet from CDC about a disease. After studying the Fact Sheet, the students then presented information about the disease; also discussed not using tobacco in any form, drugs or alcohol.
- Assisted with Vision Certification and Scoliosis Certification for School Nurses in Arkadelphia. Presented the Hearing Certification for School Nurses.
- Collaborated with CHNS from DeQueen-Mena Coop to train four students at Arkansas High School in Texarkana. Discussed seat belt use, no texting and driving, and Act 811, and no smoking in the car with anyone 14 and under.
- Presented Tobacco 101 at Nevada School District in Rosston (thirty 7th and 8th grade students). Followed by a presentation to a health class of twelve 8th graders. Discussion centered on the harms of tobacco utilizing pig lungs, jar of tar and Mr. Gross Mouth. Also presented to thirty first grade students during PE class about tobacco harms using the clever catch tobacco ball. Participants performed physical activity and then attempted to blow up a balloon with a small straw. These classes were also shown pig lungs.

- Collaborated with CHNS from DeQueen-Mena Coop to develop a slide presentation related to information about Resources, Mandated Screenings in schools and where to enter data, Arkansas Department of Health services available, such as Family Planning, Immunizations, Maternity, STD testing and treatment, WIC, and discussed influenza clinics in schools along with information on this year's flu form and how to determine if it is completed properly and signed. Co-presented the slide presentation at New School Nurse Conference in Little Rock.
- Visited with the School Nurse and Wellness Chair at Genoa School District. Distributed copies of the pamphlet School Health Index. Also, assisted with finding all the information about the SHI, training materials, and the online version on the CDC website.
- Visited with the school nurse at Bradley, delivered school flu forms. Made arrangements to return and pick up completed flu forms for review before flu clinic.

Rhonda McDonald, CHNS

- Provided Gatekeeper Suicide Prevention training for staff at the Southcentral Education cooperative (two hour mandatory workshop for teachers this school year).
- Assisted CHNS at AR River Coop in Pine Bluff with Vision and Hearing training; co-presented on vision and presented hearing for the school nurses.
- Assisted CHNS and CHPS at AR River Coop in Pine Bluff on BMI training for school nurses- checked the participants off during the skills section of BMI and Scoliosis of the workshops. Also assisted with ATRAIN at the workshop.
- Presented a 30 minute suicide presentation to the SR Networking group of South AR.
- Participated in a streaming training provided through Mid- South. This was a 3 hour workshop.
- Participated in the Union County Health Coalition meeting (serve as the chair of Health Behaviors committee). Discussed suicide and the ASIST program.
- Participated in the following meetings: Ouachita County Coalition-offered technical assistance in regards to health and nutrition; Calhoun County Coalition meeting-presented a 30 minute presentation on suicide with a look at the county; TOUCH (Union County Coalition) executive meeting and the HOPE committee meeting-working on setting up training for the Commission.

Tommie Rogers, CHNS

- Hosted the SW Regional School Nurse Screening Certifications at Dawson Co-op in Arkadelphia. Collaborated with CHNS from a DeQueen-Mena Coop and Southwest Coop to provide Vision Screening Certification, Hearing Screening Certification and Scoliosis Screening Certification. During each of these presentations, how smoking affects vision-vision loss and allergies, hearing-ear infections, and scoliosis-slow bone healing process was discussed.
- Collaborated with CHPS from Southcentral Coop, CHNS from a DeQueen-Mena Coop and Southwest Coop to provide Obesity Prevention and Education (BMI) Screening Certification.
- Attended the New School Nurse Conference in Little Rock to meet new school nurses from Dawson Coop area and answer any questions that those in attendance might have. The three day Conference was well attended with approximately 100 participants (provided 13.5 Nursing CNE's per school nurse in attendance).

- Participated in Stomp Out at Grandview Prairie in Columbus, AR. The opportunity provided students to see the Arkansas Game and Fish Aquarium and learn about the AGFC Tree Stand Safety, AGFC ATV Safety, AGFC Boater Education, and the Corp of Engineer's Outdoor Dangers.
- Facilitated a Personal Care Paraprofessional Training at Dawson Co-op in Arkadelphia. Dana Bennett, Health Services Nurse Medicaid in the Schools (MITS) presented. Eleven participants from the following school districts: Hot Springs, Garland, and Saline were in attendance.
- Attended the Hot Springs School District Wellness Committee Meeting. Discussed St. Vincent Hospital wellness exams and the mammography van, Indistar, Trojan Trot, Relay for Life, McKinney Vento, Breakfast in the Classroom, Grab and Go, Lifelines postvention Training in Little Rock and Act 952 that requires schools to have dating violence in curriculum. There were 15 people present.
- Participated in Management of Childhood Obesity in Arkansas Schools Part 3 in Little Rock. Speakers included Dr. Gary Wheeler, Senior Physician Specialist, on Addressing Childhood Obesity; Dr. Samiya Razzaq, Medical Director, on the Weight Management Clinic at Arkansas Children's Hospital; Sara Hurst, Dietitian with ACH, Anna Haver, CHPS, and Joy Rockenbach, Act 1220 Advisor, on ArCOP, Growing Healthy Communities (approximately 20 school nurses in attendance).

Melissa Kuhn, CHPS

- Presented BMI training to school nurses at the Dawson Educational Cooperative in Arkadelphia.
- Presented "Re-think Your Drink" to two 9th grade classes at El Dorado High School.
- Presented the role of CHPS and offered a variety of resources to the South Central Services Cooperative Teacher Committee. (approximately 25 people from the SW Region in attendance).
- Attended the Camden Fairview School District Wellness Meeting in Ouachita County and presented the need for Wellness, based on Act 1220.
- Co-hosted a table at the Dallas County Health Fair at the Fordyce Armory in Dallas County. Tobacco Prevention and Injury Prevention materials were placed in the hands of approximately 75 people.
- Met with the Principal at De Queen High School in Sevier County to discuss implementing a more targeted Wellness Program for their district; met with the Assistant Principal of Nashville High School in Howard County in reference to their School Health Index Number.
- Assisted with the STOMP OUT event in Hope – Hempstead County.
- Visited with school nurse at Camden Fairview Middle School to discuss Wellness Committee and the prospect of a School Based Health Center in Ouachita County. Visited with school nurse at Strong Elementary School in Union County to discuss Wellness Committee and offer resources to get them more focused on their purpose toward Wellness.
- Attended the Wellness Committee Meeting at Malvern High School in Hot Spring County.