

**Southwest Region
CHNS/CHPS Report
October 2015**

Cheryl Byrd, CHNS

- Hosted School Wellness Training for wellness committee members and chairs at DMEC. Scheduled follow up training for Dec 7th –collaborating with presenters re: School Menus, SBHC and GoNoodle (9 participants).
- Hosted New School Nurse (SN) Orientation for new SNs from Nashville and Horatio schools. Topics included: Roles and Responsibilities of SNs, mandated screenings, SN certification and licensure, IDEA, 504, ADA, HIPAA/FERPA, medication administration, emergency meds, immunizations, school flu clinics, AED law, SN survey, MITS, school health resources (four participants).
- Provided Vision and Hearing Certification training to new School Nurses at De Queen Mena Coop Incorporated tobacco education within trainings (four participants).
- Participated in ADH flu clinics: Sevier Co Mass Clinic, School Clinics at Acorn, Horatio, Foreman, Cossatot River, De Queen, Lockesburg, and DMEC. Facilitating flu clinic planning between schools and LHUs. Also contacted each superintendent to confirm school flu clinics.
- Provided Making Educators Partners Suicide Prevention Training to coop personnel at DMEC (three participants).
- Collaborating with Pat Breux to host a 2-day Lifeline training at SWAEC- “Creating Suicide Safety in Schools Workshop” and “Lifelines-Postvention” November 3 and 5th-All school administrators invited by Coop Director. All counselors, wellness committees and SNs invited.
- Conducted several school site visits to provide technical assistance to school nurses related to chronic disease management in schools, Immunization requirements, wellness initiatives, suicide prevention and flu clinics.
- Facilitated training on eSchool Medical Module for school nurses at DMEC (seven participants).

Eddie Greenwood, CHNS

- Presented information about Mass and School Flu Clinics to 13 Junior and 7 Senior nursing students at the UAMS Off Campus-BSN Program at UACCH. Using approved slide presentations, prepared the class to work at the Nevada and Hempstead Mass Flu Clinic and school clinics. Also instructed students in the use of safety glide needles and how to do nasal influenza vaccination. All students and staff completed volunteer paperwork as per ADH policy.
- Along with Miller County Administrator presented information about Mass and School Flu Clinics to 26 nursing students and 2 instructors at Texarkana College. Using approved slide presentations, prepared the class to work at the Miller Mass Flu Clinic and school clinics. We also instructed students in the use of safety glide needles and how to use nasal influenza vaccination. All students and staff completed volunteer paperwork as per ADH policy.
- Trained 46 LPN student nurses and 6 instructors/preceptors at UACCH to assist with mass flu clinics. Presented information about Mass and School Flu Clinics. Using the approved slide presentations; prepared the class to work at the Hempstead Mass Flu Clinic. Instructed students

in the use of safety glide needles. All completed forms were sent to the Hempstead County Health Unit Administrator.

- Participated in school and mass flu clinics.
- Participated in National Night Out at Texarkana. Presented information to 30 people about the effects of tobacco on the lungs using the pig lung model. Utilized Mr. Gross Mouth and Jar of Tar to demonstrate the effect of smokeless tobacco and how much tar is in cigarettes. Led several children and teens in races to see who could blow up a small balloon with a small straw to demonstrate the effect cigarette smoking on lung function.
- Presented Healthy Choices to at-risk youth in Hope. The presentation included the need to eat a healthy diet, physical activity, sleep and eating breakfast, lunch and dinner. Included in the presentation was how portions have changed in the last 20 years and that overeating will lead to obesity. Instructed the students to find a physical activity they like to do and can do for the rest of their life. I discussed not using tobacco in any form, alcohol, or drugs to keep their body healthy (18 participants).
- Assisted the school nurse at South Pike County Schools-Delight Campus (K-6) to prepare with information and props for Red Ribbon Week. Loaned pig lungs, jar of tar and Mr. Gross Mouth and educated staff on how to use each. Also, took pamphlets, \$100 bills with tobacco message, and balloons and straws for use during the week to educate students about the harms of tobacco use.

Rhonda McDonald, CHNS

- Participated in nine public school flu clinics and two private school flu clinics. Also participated in the Mass Flu Clinic in Ouachita County.
- Presented Flu 101 and HIPAA to LPN nursing students at SAU Tech and South Ark. (these student nurses will assist in the Ouachita Mass and Union County Mass Flu Clinics). HIPAA test was given and graded with 100% pass (100 on test). Flu administration reviewed. LHU administrators presented on flow of clinic and flu forms. All forms were completed to participate in the clinic.
- Melissa Kuhn Shatley and I presented puberty and hygiene to 5th and 6th grade boys and girls (separately). We discussed our body changing, oral health, tobacco, and exercise and well as nutrition.
- Melissa Kuhn Shalety, Tia Blakely, and I presented to 9th and 10th graders at Bearden HS. We presented to 4 classes. Topics discussed through slide presentation: RX drug abuse, tobacco prevention, suicide prevention and poison control. Total of 87 participants (40 students put the poison control hotline in their cell phone contacts).
- Melissa Kuhn Shalety, Tia Blakely, and I presented to 9th through 12th graders at Harmony Grove HS. We presented to 7 classes. Topics discussed through slide presentation: RX drug abuse, tobacco prevention, suicide prevention and poison control. Total of 220 participants (103 students put the poison control hotline in their cell phone contacts).
- Melissa Kuhn Shalety and I presented to 7th and 8th graders at Harmony Grove HS. We presented to 7 classes. Topics discussed through slide presentation: RX drug abuse, tobacco prevention, suicide prevention and poison control. Total of 118 participants (69 students put the poison control hotline in their cell phone contacts).

- Attended Camden Wellness meeting. Participated in discussion and assisted group to create a survey pertaining to the café. HS students are not eating in the café and CF needs more of these students completing the free and reduced applications. The goal is to hit 80 % to receive additional funding. They are currently 77%.
- Wrote a grant from the Share Foundation (Union County) for \$1600 to provide an ASIST training in El Dorado.

Tommie Rogers, CHNS

- Visited with four of the school nurses on each campus in the Lakeside School District. Available through e-mail and cell as needed.
- Visited with seven school nurses on each campus in the Benton School District. Available through e-mail and cell as needed.
- E-mailed contacts at Pike County Schools (Kirby and South Pike County-Murfreesboro) about completing their Injury Prevention Workplan.
- Provided an Injury Prevention Presentation at Kirby School District. Spoke to approximately 11 students and 1 teacher about Injury Prevention. Presented a PowerPoint and passed out handouts about the Injury Prevention presentation.
- Participated in ten school flu clinics in Clark, Garland, Grant, Hot Springs and Saline Counties.
- Participated in the Clark County Health Department Mass Flu Clinic; 678 flu shots were given.
- Provide technical assistance to school nurses as needed through e-mail and phone on a daily basis.
- Participated in the Clark County Coalition Meeting; discussed financial report, Mass Flu Clinic at the Clark County Health Unit, and new goals for the Coalition. It was decided to offer educational classes on obesity and Diabetes (November is National Diabetes Month).

Melissa Kuhn Shatley, CHPS

- Presented to the Wellness Committee at Camden Fairview in Ouachita County on the goals and requirements of a Wellness Committee and touched on highlights of the SHI.
- Presented Hygiene and Puberty to 5th and 6th graders at Foreman Elementary School in Little River County (70 participants).
- Presented a Wellness Workshop at DeQueen/Mena Educational Cooperative in Sevier County. Topics included Act 1220, Wellness Committees, and the SHI (15 participants).
- Presented during Red Ribbon Week on Prescription Drugs to 9th and 10th Graders at Bearden School, 7th and 8th Graders at Harmony Grove School and 9th and 10th Graders at Harmony Grove School in Ouachita County (425 total number of participants impacted at the three locations).
- Attended CHAC meeting. Jerri Clark, ADE School Health Services Director, discussed the new reporting system (Indistar) and working with Wellness Committees.
- Participated in school and mass flu clinics.

- Assisted HOPE Health Commission Members in creating a presentation on Green Spaces to be shared with the group on the day of the Training. Served as facilitator and speaker for the HOPE Health Commission's Day long training.
- Guest speaker at the Camden Noon Lion's Club in Ouachita County as a representative from the HOPE Health Commission. The presentation was to educate members of the county health rankings and to share with them the vision of the Commission.