

**Southwest Region
CHNS/CHPS Report
November 2015**

Cheryl Byrd, CHNS

- Participated in the webinar: Building a Culture of Health in Southwest Arkansas. Afterward, presented the results of the Sevier County Health Ranking and related APNA data related to 2016 work plan with the attendees of the Sevier Co Coalition meeting. Work plan will include focus on tobacco via social media. Partnering with Prevention and Community tobacco grantee to maintain social media sites for Sevier Co Coalition and Sevier Co LHU: Encourage tween participation in PPYC activities i.e. My Reason to Write, Project Prevent, the Big Pitch; Develop and Implement a comprehensive tobacco prevention campaign and Act 811 campaign: i.e. addressing emerging tobacco products ESD and flavors; Educate people with messages that support tobacco-free policies thru use of social media and tobacco signage provided to support comprehensive tobacco policies, in addition to culturally relevant social media messages; promote quitting among pregnant women using social media messaging.
- Hosted UAP training for Nursing Supervisors (2) from De Queen and Nashville Schools. Topics included: Roles and Responsibilities of SNs, IDEA, 504, ADA, HIPAA/FERPA, medication administration, MITS, school health resources, delegation of nursing duties, and resource manual for students with special health care needs. Paula Smith video with all resources provided to each RN. Distributed information re: Great American Smokeout, SOS Project Prevnt.com, AR Tobacco Quitline and Big Tobacco Youth Fact Cards to all School partners and wellness committee chairs.
- Participated in parenting education class for 12 expectant parents at Sevier Co LHU. Demonstrated use of Reality Works Baby to illustrate Shaken Baby effects. Discussed Period of Purple Crying-provided DVD to each mother.
- Partnered with Career and Technical Coordinator at DMEC to provide education to students at high schools via the parenting classes and their teachers, using the Reality Works Dolls and the Period of Purple Crying DVD. 12 DVDs distributed to 12 HS parenting educators.
- Collaborated with Katy Allison and Pat Breux to host a 2-day Lifeline training at SWAEC- "Creating Suicide Safety in Schools Workshop" for 7 educators and administrators and "Lifelines- Postvention" for 4 educators/counselors on November 3 and 5th-All school administrators invited by Coop Director. All counselors, wellness committees and SNs invited.
- Participated in UAEX Diabetes Management Course in Little River Co. Shared information re: Harmful effects of tobacco with a focus on people with diabetes. Brochures distributed to 15 participants.

Edie Greenwood, CHNS

- Hosted "Creating Suicide Safety In Schools" for school personnel presented by Pat Breux, Program Director.
- Hosted "School Based Response to Suicide and Traumatic Death: A Lifelines Workshop for School Crisis Teams" presented by Pat Breux, part of the Lifelines Trilogy.

- Presented to 14 adults at the HIPPY parent group meeting held at SW Arkansas Education Cooperative. Discussion included immunizations for all age groups, the importance of TDaP for adults and TDaP for children, influenza for all age groups, showed a pertussis video from ADH, information on WIC benefits, no tobacco use and Quitline information, and Act 811 no smoking in cars with children 14 and under. After speaking to the parents, the children were brought into the room and I discussed the importance of hand washing with the 10 children in attendance as their parents listened. I distributed a hand washing poster with the correct way to clean hand using pictures and text.
- Participated in the following school flu clinics: Yerger Junior High, Clinton Primary, Lafayette County, Spring Hill, Beryl Henry Elementary, Hope High, Blevins, Stamps, Lewisville, Garland ABC, Garrett Memorial and Victory Christian School.
- Delivered pamphlets to Lafayette County Leadership to distribute at their second annual health fair held on November 21, 2015 in Stamps. Pamphlets left with chairperson; "Smoking & Your Health, Your Direct Line to Help 1-800-Quit-Now, Tobacco Use & Cancer, Tobacco Use & Asthma, Stop Bullying, and Information from AR Saves about stroke. Since this group targets young people 14-29, I took the pamphlets; Sexual Coercion, Am I Ready to Be A Dad, Am I Ready to Be A Mom, and Abstinence.
- Delivered pamphlets and information to an individual who is opening a daycare in Hope in February. Information delivered: Immunization Schedule from ADH, Bright Futures Parent Handouts for 3, 4, and 5/6 year olds from American Academy of Pediatrics, Fact Sheet about WIC, Brush up on Health Teeth from CDC, Car Seat Safety Tips from Safe Kids Worldwide, and developmental steps for children 3, 4, and 5 from CDC. Also included information on tobacco cessation, Quitline, and Secondhand Smoke. I delivered 5 of each and instructed the owner where she could order more online or to contact me for tobacco brochures.

Rhonda McDonald, CHNS

- Presented information at the Wellness Workshop at the coop on Suicide in the Community; distributed information regarding ASIST and Lifelines.
- Attended a Suicide Training by Pat Breux; a six hour training on Creating Suicide Safety in School. Also shared with participants about the ASIST training.
- Attended a two day boot camp for Grant Writing hosted by ADH and held at the ADH Auditorium.
- Presented Emerging Products for World Tobacco Day; new, emerging products in which Big Tobacco is using to lure new users (15 participants).
- Provided a 50 minute training for seniors at local private school on hands only CPR which is required in public school to graduate.
- Attended the TOUCH Coalition meeting and the TOUCH Executive Meeting. Plans being made to host an ASIST in El Dorado in January.

Tommie Rogers, CHNS

- Participated in the Lakeside School District Flu Clinic in Garland County.

- Participated in the Hot Springs County Coalition Meeting; discussed with the group that Suicide is the 2nd leading cause of death in the age group 15-24. Also discussed the Arkansas Department of Health received the Garrett Lee Smith Grant which will support a National Speaker, Pat Breux, from New York to speak to schools regarding Suicide Prevention, Intervention, and Postvention. Presentations for Dawson Co-op include Postvention on December 11th and Intervention on January 11th. (8 participants).
- Participated in the Pike Hometown Health Coalition's Committee Meeting, "Call To Action" in Murfreesboro (26 participants) and the Clark County Coalition Meeting (10 participants). Informed participants of the upcoming Lifelines: Postvention Suicide Workshop being held at Dawson Co-op on December 11th.
- Participated in the Lake Hamilton School District Wellness Committee Meeting (14 participants).
- Participated in the Lifelines Postvention Suicide Workshop held at Little Rock hosted by Anna Haver, CHPS, held at Freeway Medical in Little Rock (16 participants).
- Provide technical assistance to school nurses as needed through e-mail and phone on a daily basis. E-mailed epi auto injector recall information, TEAMS Weekly Digest, My Reason to Write, Moment Newsletter, New School Nurse Survey Spreadsheets, Great American Smokeout notice, Lifelines Workshop information, and also sent grant opportunities to Wellness Committees.

Melissa Kuhn Shatley, CHPS

- Planned, Hosted, and Presented for a SBHC Workshop at the South Central Services Coop in Ouachita County. CHNS presented on ASIST/Suicide; School Based Wellness Coordinator presented on the process of obtaining a SBHC; I covered the purpose and responsibilities of Wellness Committees and we wrapped the workshop up with Community Engagement Coordinator and the Eldorado School Health Administrator sharing their experiences in obtaining and maintaining the SBHC in the Eldorado School District.
- Attended the Camden Fairview Wellness Meeting and presented step-by-step guidelines for completing the SHI. We walked through each question of Module 2.
- Attended a two day GRANT WRITING BOOT CAMP in Little Rock.
- Attended the Southern Obesity Summit with other CHPS in Jackson, MS.
- Attended a Farm to School Workshop in Little Rock.
- Attended Ouachita County Community Garden's Meeting and assisted the County Extension Agent in writing articles for the Camden News on behalf of the Farmer's Market.
- Submitted the CHPS/CHNS brochure I created to the HHI Manager for review after the most recent HHISS meeting.