

**Southwest Region
CHNS/CHPS Report
August 2015**

Cheryl Byrd, CHNS

- Presented Emerging Tobacco Products to 35 participants at Food Service Workshop and to 11 School Nurses at School Nurse Update 2015 at DMEC.
- Hosted annual School Nurse update at DMEC for 11 School Nurses-topics included: Domestic Violence Awareness, Toothfairy, Immunizations by CDNS, eSchool reporting, review Legislative updates, and Report to the AR House and Senate Committees on Education by the AR Public Health Services Advisory Committee.
- Provided CPR for Health Care Providers to 3 School Nurses, CPR/AED for 13 Early Childhood teachers and 7 bus drivers at DMEC and provided CPR Instructor Certification Training to 2 School Nurses.
- Collaborated with SWR CHNS and Provided Hearing Certification training to 49 Nursing Students at SAU-Magnolia.
- Hosted Annual Food Service Workshop for 35 participants at DMEC-Topics included: Domestic Violence-SWAR Domestic Violence Crisis Center, Food Safety/Sanitation-ADH EHS Dietary Changes in Schools- SW Area Specialist Child Nutrition Unit ADE, School Breakfast Program-AR Hunger Alliance and Farm to School Program.
- Provided Making Educators Partners training to Early Childhood Educators at DMEC.
- Collaborating with Katy Allison and Pat Breux to host a 3-day Lifeline training at DMEC- "Creating Suicide Safety in Schools Workshop" "Lifelines-Intervention" and "Lifelines-Postvention" in November.
- Presented to 20 DMEC Superintendent at DMEC re: Garrett Lee Smith Memorial Youth Suicide Grant and Suicide Prevention Trainings, Bus Driver CPR/First Aid Requirement, and need for CPR Instructors on each campus.
- Educated De Queen Schools re: Need for Comprehensive Tobacco Policy at School revisions.
- Coordinating statewide CHNS/CHPS meeting for September with SWR CHNS.

Eddie Greenwood, CHNS

- Provided an interactive booth at the 2015 Health Expo in Hope. Smoking cessation information was distributed. Pig lungs were used to show the effects of tobacco smoke on human lungs. Over 50 people, many of them children, stopped at the booth and were provided information related to what happens to the lungs of people who smoke. Utilized Mr. Gross Mouth and Jar of Tar for enhanced visual effects.
- Participated in the Back to School Bash at Lafayette County Schools held in Stamps for all ages K-12. Provided a presentation about not using tobacco in any form including electronic nicotine delivery devices. Thirty-five 7th-12th grade students received a flash drive from Prevention Resource.
- Participated in Back to School Bash held at Texarkana High School. Over 1,000 people attended this event. Smoking cessation information was distributed. Mr. Gross Mouth, Jar of Tar and Pig

lungs were used to show the effects of tobacco smoke on human lungs; distributed pamphlets with the Quitline information. Collaborated with the Prevention Resource Center to provide information on Teen Suicide, Refusal Skills, and Drug use prevention.

- Collaborated with Spring Hill School, Hope Public Schools, and Blevins School to bring Rachel's Challenge to Hempstead Hall in Hope. All 4th-7th grade students attended a presentation, followed by 8th-12th grade students attended a presentation for a total of 2,610 students for the day. Eighty students and staff attended a leadership presentation in the afternoon. An evening presentation was held for the community with 95 people present.
- Collaborated with Prescott and Nevada Schools to bring Rachel's Challenge to Hempstead Hall in Hope. Seven hundred (700) students in the 7-12th grades came for one presentation in the morning. 110 students and staff attended a leadership presentation in the afternoon.
- Presented the Making Educators Partners suicide prevention training for 218 Hope Public School District staff at Hempstead Hall; also distributed the Take Out Tobacco in Any Form pamphlets and Lifelines Flyer.
- Presented the Making Educators Partners suicide prevention training for 125 Prescott School District staff; also distributed the Take Out Tobacco in Any Form pamphlets and Lifelines Flyer.
- Presented the Making Educators Partners suicide prevention training to 23 staff members at Southwest Arkansas Education Cooperative; also distributed the Take Out Tobacco in Any Form pamphlets and Lifelines Flyer.
- Collaborated with several partners to provide the annual Food Service Workshop at SWAEC. Topics included: Facility and Food Sanitation; Updates from ADE Child Nutrition Unit; Food Safety and Storage for Commodities; and Make a Change (which focused on hidden fats and sugars in the diet). Melissa Kuhn, CHPS presented on Wellness Committees. (51 people from 6 school districts in the SWAEC area and one from SCSC area were in attendance). Also distributed pamphlets on tobacco harms, healthy weight for women, emergency preparedness and second hand smoke.

Rhonda McDonald, CHNS

- Provided the following injury/suicide prevention trainings: Bearden HS- Gatekeeper 2 hours- 30 participants; Bearden Elem- Gatekeeper 2 hours- 30 participants; Hampton All Staff- Gatekeeper 2 hours, Bullying 1 hour- 64 participants.
- Collaborated with SER CHNS and provided Vision Screening training, Hearing Screening training and Scoliosis Screening training for school nurses in Pulaski County area. Included Tobacco as a component of all the mandatory school screenings; Quitline, CO Monitor, Mr. Gross Mouth, Act 811 cards and health information about tobacco related disease was discussed.
- Assisted CHPS Anna Haver with BMI to make sure all nurses were registered and in ATRAIN.
- Facilitated and provided trainings for SAU Magnolia BSN nursing students (49) training to assist school nurses in Ouachita, Union, Miller, Columbia, and other counties in SW AR. Student nurses also assist in Mass Flu Clinics. Trainings included BMI, Flu 101 and HIPAA (with required test) by Rhonda, Scoliosis by Tommie, Hearing by Cheryl, paperwork and facilitator by Liz. All CHNS assisted in check-offs. Quitline and health information about tobacco related disease was discussed.

- Attended HOPE steering committee meeting.
- Attended TOUCH executive meeting in El Dorado, serve as co-chair of Health Behaviors; discussion included IP (Suicide, distracted driving) and TPCP (tobacco issues in the schools).
- Uploaded nursing forms to Google Drive. Email, updated webpage, updated SN list, outreach. Email, Webpage (added tobacco tab with resources and quitline).
- Update webpage, Facebook for AHOC and OCHU, Email regarding updated School Nurse list to update website.

Tommie Rogers, CHNS

- Presented to twenty, 3-5 year olds at APSD Early Childhood Center. Utilized the National Children's Oral Health Foundation America's ToothFairy Education Toolkit. Discussed Toothbrushing and did the Toothbrushing Demonstration and Song, Flossing Lesson, and Toothfriendly Snacks Lesson.
- Participated in the Poyen School District Back to School Bash held at the High School. Provided an interactive booth with Mr. Gross Mouth and Jar of Tar for visuals. Utilized the pico machine to check carbon monoxide (CO) of any smoker/tobacco users. A cancer survivor shared his story with the young adolescents present.
- Collaborated with CHNS to provided BMI, Hearing, Scoliosis and Flu Training to 48 nursing students at SAU in Magnolia.
- Participated in the Malvern Wellness Committee Meeting. Topics included School Based Mental Health Agencies, School Based Health Center update, update on Food Services, and the mass and school flu clinics (25 adults and 2 children present).
- Updated nurse template and sent out e-mails regarding e-school training and PC Parapro Training; continually provide technical assistance to school nurses through e-mail and phone.
- Collaborated with Edie to write the SW Region CHNS/CHPS page for the Newsletter.
- Visited Gurdon and Arkadelphia School Nurses; delivered brochures and presented on Family Planning Services offered through the Local Health Department.
- Participated in the Garland County Coalition Meeting held in Hot Springs; discussed Suicide Training with Pat Breux on September 10th and Out of the Dark Walk scheduled for October 17th. Reviewed the different sub committees and signed up for those willing to serve on (23 participants).

Melissa Kuhn, CHPS

- Presented a Bullying/Suicide Workshop to the teachers and staff of the Camden Fairview School District in Ouachita County (35 people in attendance).
- Presented a Bullying/Suicide Workshop to the teachers and staff of the Sparkman School District in Dallas County (250 people in attendance).
- Presented an Asthma Workshop to the teachers and staff of the Camden Fairview Elementary School in Ouachita County (32 people in attendance).

- Presented a Bullying/Suicide Workshop at the South Central Coop in Camden. There were a total of 40 participants from Hampton, Ouachita, and Union Counties. Schools represented were: Emerson, Bradley, Taylor, Harmony Grove, Strong, & Hampton.
- Presented the Wellness portion of a Food Service Workshop at the Southwest Education Cooperative in Hempstead County with 51 participants.
- School visits made to Camden Fairview School District in Ouachita County, Strong-Huttig School District in Union County and Harmony Grove School District in Ouachita County and met with the wellness committee member (school nurse) about the Wellness Committee meetings for the new school year.
- Attended a Wellness Meeting for the Malvern School District in Hot Spring County; presented on the role of CHPS.
- Attended a Community Gardens Meeting in Ouachita County; discussed the successes and failures of this past Farmer's Market and began preparations for the next season. A community meeting was planned for the first of 2016.
- Participated in a city wide "National Night Out" representing the LHU/ADH with a tobacco/wellness booth. Interacted with and placed literature pertaining to health and wellness as well as Tobacco in the hands of 96 people from Ouachita County.