

**Southwest Region
CHNS & CHPS
November 2014 Report**

Cheryl Byrd

- Participated in hosting Little River County Safety Baby Shower for 11 expectant/new Mothers; provided information on Act 811 and smoking effects on pregnant women and unborn babies. Also presented information on Shaken Baby Syndrome using Reality Works Baby.
- Provided technical assistance for Drive Smart Challenge to adult sponsor at Horatio High School, CCCUA-Ashdown and CCCUA-Nashville (distributed Parking Lot Stencils and Signage with safe driving messages to Horatio, and CCCUA sponsors).
- Provided technical assistance to schools for the SOS Project Prevent Website and My Reason to Write.
- TPCP Events Calendar shared with schools.
- Provided access to signage for Act 1099; No Smoking Signs for Schools.
- Partnering with ADE and ADH EMS to provide Pediatric Education for Prehospital Professionals (PEPP training) for School Nurses attending Summer Conference 2015. PEPP was developed by the American Academy of Pediatrics. PEPP is a comprehensive, innovative, and highly visual course featuring case-based lectures, live-action video, hands-on skills stations, and small group scenarios and is designed to teach prehospital professionals how to better assess and manage ill or injured children.
- Participated in HHI coalition meeting in Little River County; discussed Safety Baby showers, Fall Prevention, Motor Vehicle Safety as part of the Annual Work plan for 2015.
- Participated in Polk County Coalition annual meeting to discuss plan for 2015.
- Participated in Montgomery County Coalition meeting; discussed ACH Fire Safety program implementation.
- Collaborated with LHU Administrators in follow up meetings with schools after School Flu clinics to review the clinics and anticipate any changes for 2015- Met with Ashdown and Foreman Schools.
- Provided technical assistance to schools for CPR guidelines and to school nurses for Individualized Health Care Plans for students.
- Shared Ebola Regional Meeting opportunities with school nurses, superintendents, and DMEC director.

Edie Greenwood

- Spoke to eight at risk youth about peer pressure in Hope at Juvenile Probation. Included in the presentation about not using alcohol, drugs, and tobacco. Discussed ways to handle or avoid giving into peer pressure.
- Attended a School Health Index Training by Anna Haver, CHPS in Little Rock.
- Participated in a Baby Safety Shower in Lafayette County (16 participants). The Baby Shower focused on infant mortality, infant injury prevention, car seat safety, crib safety, fire/burn

safety; fall for children and adults, and general safety of children in and around the home. Distributed copies of ACH Injury Prevention materials, the DVD-Period of Purple Crying, bibs and onesies with a smoke free message. CHNS discussed the harms of second hand smoke to infants and children; distributed information on Act 811, no smoking in a vehicle with a child 14 and under.

- Presented Heartsaver First Aid with CPR and AED for adults, children and infants to four staff members at Lafayette County Sheriff Department in Lewisville. Discussed tobacco cessation and need to quit. Also, discussed the heart and lung health risks with tobacco use and distributed the Quitline number.
- Information about the Great American Smokeout sent to all school nurses with Southwest Central Co-Op area.
- Attended SWR CHNS/CHPS meeting in Arkadelphia to discuss and plan for upcoming events.
- Attended HHI Support Staff meeting in Prescott.
- Assisted Debbie Henderson, RN, Administrator with flu vaccinations at Prescott Police Department and at a Mini Mass Clinic in Rosston at Nevada School.
- Participated in Mass Flu Clinics in Hempstead County and Nevada County.
- Worked with nursing programs to set up the date change for mass flu clinics in my area.
- Submitted article for CHNS/CHPS Corner of the SW Region Newsletter.
- Worked with Prescott and Nevada Schools to finish up their Drive Smart Challenge information and reports to grants administrator.
- Emailed Ebola update from ADH and regional Ebola informational meetings to all school superintendents and school nurses with Southwest Central Co-Op area.
- Emailed school nurses information about ARMAC and where to find reimbursement information on the ARMITS website; information about eSchool work days at the Co-Op; Varicella exclusion guidelines for students, who are unvaccinated, have no proof or have exemptions and Information on the School Based Health Center Informational Webinar.

Rhonda McDonald

- Provided AHA CPR/First Aid training for Camden Fairview Pre-K and Head start staff. The training was conducted at the annex on three different dates. Tobacco and the dangers of all tobacco products were discussed; 15 participants attended the 6 hour training.
- Assisted El Dorado Wellness Committee with dental sealant program by making copies, entertaining children and keeping the flow moving. Played a video on oral health that had a tobacco component. The grades included 3rd and 4th graders from Eldorado School District.
- Presented a Distracted Driving presentation (used the power point provided by ACH) to 7th through 12th graders at Smackover School District. This presentation included texting and graduated drivers' license. There were approximately 400 students and 5 teachers who attended this 1.5 hour presentation. This presentation also had a tobacco component, using tobacco while driving is a part of distracted driving.
- Committee meeting with LHU Administer, Assistant Mayor, County Health Officer, Faith Based Clinic Coordinator and CHNS to focused on creating a Health Commission.

- Participated in Ouachita County Mass flu clinic (approx. 650 immunized).
- Met with the administrator of Ouachita County Health Unit with the new CHPS. Also met with the Co-op director and supervisor to introduce the new CHPS.
- Met with the new administrator of Union County Health Unit, HHI Regional Manager and new CHPS; explained the role of the CHNS.
- Assisted new CHPS with ATRAIN, travel, computer set up, Catman, and other issues. Also assisted with obtaining supplies from Dawson co-op, setting up the office and meeting the co-op director and other staff at the co-op.
- Currently serving as a preceptor for two SAU Magnolia students this semester. Met with the students several times during the semester and assisted them in completing their assignments and options to complete this clinical rotation. The student's attended coalition meetings in the county they live in which allows them the opportunity to interact with all the different agencies with attend the coalition.
- Completed the newsletter for SW CHNS/CHPS Corner for November.
- Updated the website for SW CHNS and added the upcoming workshops.

Tommie Rogers

- Participated in Great American Smoke Out Event at Henderson State University; collaborated with the Tobacco Prevention Coordinator and PRC to provide a booth with information about the Arkansas Department of Health Quit line and the use of the pico meter which measures the user's carbon monoxide levels (34 students and facility to participated).
- E-mailed information on a resource for a smoke free text to the school nurses for adults and young adults. Also e-mailed a CDC Feature for the Great American Smoke out to the school nurses.
- Participated in the Malvern School District Wellness Committee Meeting (15 participants). The guest speaker was the Coordinator from Hot Springs County CASA. Other announcements included the Alliance for a Healthier Generation will be videoing all 4 campuses. The new School Based Health Center will open in October 2015. The Malvern School District flu clinic was successful with 946 people being vaccinated. School Health Index (SHI) results from 2013-2014 indicated School Health Services and Health Promotion for Staff as needing the most attention.
- Attended a Wellness Workshop entitled: School Wellness Committee Role in School Health Index. Anna Haver, CHPS for the Central Region, was the presenter. Anna did a great job introducing the role of the Wellness Committees, how to use the School Health Index (SHI), the on-line SHI version, and a practice session using the SHI Module. There were approximately 19 participants. Those in attendance felt that they gained knowledge and felt more comfortable with the SHI after attending the training.
- Participated in the Clark County Mass Flu Clinic held at the Clark County Health Unit in Arkadelphia. Approximately 400 flu vaccinations were given.
- Participated in the Hot Springs County Coalition Meeting held at the Malvern School District Safe Room. There were 9 people present; discussed: Old Business (treasurer's report, resource directory, Children's Health Fair, Coordinated School Health/Joint Use Grants update) and New

Business (Mass Flu Clinic, Coalition recruitment, Coalition fundraiser, Coalition Work plan for 2015, and Community announcements).

- Participated in the Grant County Coalition Meeting; discussed: Old Business: (Feeding the Children during the summer, Sex/Drug Prevention Education in the Schools and Community Gardens) and New Business: Coalition Recruitment, the Grant County Administrator, has spoken with the Sheridan Superintendent about getting involved in the Grant County Coalition and coming to the meetings. Superintendent interested in having staff member attend the meetings to represent the Sheridan Schools when he was not available. I suggested that the Superintendent or Counselor nominate a parent that would be willing to represent the parents at the Coalition Meetings.
- Participated in the Clark County Coalition Meeting; discussed the Mass Flu Clinic, Cooking Matters, ARCOP Celebration, and the Great American Smoke Out. New Business consisted of the Fundraiser Report and Minority Grant Deadline. The Professor of Dietetics at Ouachita Baptist University spoke about National Diabetes Month (13 people present).

Melissa Kuhn, CHPS

- Attended a meeting by Anna Haver, CHPS, at Arkansas School of the Deaf. This was a review of the school health index. The workshop will enable me to assist my wellness committees in completing the SHI.
- Visited with the school nurse for the Harmony Grove school district in preparing for the reconstruction of their Wellness Committee.
- Assisted Rhonda McDonald, CHNS, in presenting a Distracted Driving presentation to 7th through 12th graders at Smackover School District. This presentation included texting and graduated drivers' license. There were approximately 400 students and 5 teachers who attended this 1.5 hour presentation. This presentation also had a tobacco component, using tobacco while driving is a part of distracted driving. I used the power point provided by ACH.
- Assisted with the Ouachita County Mass flu clinic; Time Line Survey and aided the nurses with paperwork as they administered injections. The total number of flu injection was around 650.
- Met with the administrator of Ouachita County Health Unit to learn responsibilities to the unit.
- Met with the Co-op director and supervisor to discuss fulfilling expectations.
- Met with the new administrator in Union County Health Unit, regional HHI manager and CHNS; the regional HHI manager reviewed HHI and other programs.
- Completed the following A-Train courses: Sexual Harassment, Equal Employment Opportunity, Dispute Resolution, HIPPA Privacy & Security, CATMAN for all, CATMAN for Regions, Americans with Disabilities Act, Road to ADH Travel, WIC Employee Breast Feeding Orientation, WIC Civil Rights Training, & Freedom of Information.
- Met several times with supervisor to review the following: Orientation to ADH & Public Health, Policies & Procedures, including the Policies & Procedures updates.
- Spent time with Pike County LHU Administrator and CHPS in the Central Region, on separate occasions.