

**Southwest Region  
CHNS/CHPS  
June 2014 Report**

**Cheryl Byrd**

- Foster Grandparent Annual Conference-Shaken Baby Syndrome Presentation- June 4, 2014 held for 122 foster grandparents; incorporated tobacco exposure/fetal alcohol spectrum disorder/drug exposure effects on infants into presentation.
- Collaborated with SWR CHNS to provide Health Issues in the School Aged Child on June 30th at SWEC in Hope. Topics included Mental Health, ATV Safety, Tobacco Prevention, Immunizations, STD Prevention and Treatment, and CPR requirements for students in grades 9-12, for 26 Counselors, School Nurses, Coaches, Health Teachers, and Special Ed.
- Partnering with Counselor at Mineral Springs Elem School and Mineral Springs High School to provide Suicide Prevention Training to Educators.
- Educating Schools in Howard County on Injury Prevention opportunities for 2014-15 SY, including Fire Safety, Safety Day Summit, Boat/Water Safety and Red Ribbon Week Activities with HHI and Community partner support.
- Collaborating with schools to host Drive Smart Challenge (Horatio Schools plan to participate in Fall 2014).
- Provided Reality Works babies for use at Safety Baby Showers in Little river and Sevier Co re: Shaken Baby Syndrome and FASD/Drug Exposure.

**Eddie Greenwood**

- Hosted a one day workshop for teachers, staff and school nurses. Collaborated with Mental Health and the SWR CHNS to provide relevant information on a variety of topics, tobacco prevention, Injury prevention, Immunizations, and STDS (26 participants).
- Attended the Arkansas School Nurse Association Conference in Little Rock.
- Hosted the Enhancing Wellness Committee workshop at the Co-Op. Provided technical assistance when needed.
- Assisted with Safety baby Shower presentations on infant/child injury prevention, home safety, child passenger safety, safe sleep, SIDS, income guidelines etc. Car seat technicians were present to teach participants how to install a car seat properly.
- Presentation to twenty 6th graders at Camp Save-A-Life about alcohol and its effect on a fetus. Used an egg in alcohol as a demonstration on how alcohol can damage cells. Allowed students to work with Nik baby to see what the effects of alcohol can be on an infant whose mother uses drugs or alcohol during pregnancy. Also discussed how nicotine is a drug and can cause problems for a fetus; collaborated with nursing students to help supervise and perform experiment.
- Provided two classes Adult and Child CPR/AED for 11 teacher/staff at Prescott School District; also discussed tobacco cessation along with heart/lung health risks. Provided Adult, child and infant CPR/AED for 4 people at the SW AR Education Cooperative; also discussed tobacco cessation along with heart/lung health risks.

### **Rhonda McDonald**

- Set up train the trainer for CPR instructor under the Camden Fire Academy, Mike Laws, instructor. I monitored class to become a train the trainer (11 participants).
- Presented to a group of MASH students 1.5 hours on tobacco prevention.
- Provided a six hour First Aid Course to classified staff at Harmony Grove School (50 participants).
- Participated in a four day PCM- Profession Crisis Management training; certified as a Practitioner 2.
- Assisted South Central Co-op in writing a grant for ARcop for a walking track on the co-op grounds.
- Working with Harmony Grove School to set the ground work for a SBHC. I meet with the director of Baptist Health Clinic in Camden to give details and educate her on a SBHC. I have been emailing the superintendent, clinic director, and Jerri Clark to set up a visit.

### **Tommie Rogers**

- Attended two Dr. Victor DeNoble presentations arranged by the Tobacco Prevention and Education Coordinator for Clark County. Dr. DeNoble shared his story about being the first whistle blower on “Big Tobacco”. The first presentation was for students attending the Preparatory Learning Academy held at Ouachita Baptist University in Arkadelphia (20 participants). CHNS passed out Tobacco Pledges and SOS Quitline Cards to those in attendance. The second presentation was held at Dawson Co-op in Arkadelphia (20 participants).
- Partnered with Garland County Health Unit to participate in the Garland County Free Immunization Clinic; E-mails and a flyer were sent to the Garland County School Nurses several times in advance to remind them to get the word out to students and parents about the upcoming immunization changes.
- Hosted a 2014 Immunization Update at Dawson Co-op in Arkadelphia. This pre-recorded presentation was by Paula Smith, State School Nurse Consultant who presented upcoming immunization changes that go into effect September 1, 2014 (3 school nurses present).
- Participated in the Wellness Workshop held at Dawson Co-op; the CHPS scheduled and coordinated the Wellness Workshop.
- Participated in the Mental/Sexual Health Workshop held at the SW Co-op in Hope for teachers, staff, and nurses in the SW Region. Topics included Mental Health Issues in the School Age Child, ATV Safety/Toolkit, and common STD’s.
- Participated in the Grant County Coalition Meeting in Sheridan; provided CHNS/CHPS updates- Wellness Workshop to be held on June 20th and Suicide Prevention Workshop to be held July 18th at Dawson Co-op (12 participants).

### **Emily Lyons**

- Attended Dr. Victor DeNoble’s presentation at Dawson Education Coop.
- Developed workshops geared towards School Wellness Committee members and school staff interested in school wellness. Workshops were titled “Enhancing School Wellness Committees” and were presented at each Education Coop in Southwest Region.

- “Enhancing School Wellness Committees” was presented at DeQueen/Mena Education Coop. I presented on the School Wellness Committee Toolkit and the School Health Index. Jerri Clark presented on Joint Use Agreements, Tamara Baker presented on School Based Health Centers, Terri James and Janet Cantrell from the University of Arkansas Cooperative Extension Service presented on the resources and programs they have available to schools, and Matt Graves presented on HealthTeacher.com and GoNoodle.com. There were 11 participants at the workshop and Cheryl Byrd, RN, CHNS assisted in facilitating the workshop.
- “Enhancing School Wellness Committees” was presented at South Central Education Coop. I presented on the School Wellness Committee Toolkit. Rhonda McDonald, RN, CHNS presented on the School Health Index and assisted with facilitating the workshop. Debbie McAdams, SBHC Administrator for El Dorado School District, presented on School Based Health Centers. Jerri Clark presented on Joint Use Agreements and Layne Baxter presented on HealthTeacher.com and GoNoodle.com. There were 16 participants at the workshop.
- “Enhancing School Wellness Committees” was presented at Dawson Education Coop. I presented on the School Wellness Committee Toolkit. Katrina Betancourt presented on Health Promotion for Staff and Jerri Clark presented on Joint Use Agreements. Jessica Kelton presented on HealthTeacher.com and GoNoodle.com. JoAnn Vann from the University of Arkansas Cooperative Extension Service presented on programs and resources they have available for schools with an emphasis on their newest program which is Yoga for Kids. Rhonda McDonald, RN, CHNS presented on the School Health Index. Tommie Rogers, RN, CHNS assisted in facilitating the workshop. There were 21 participants at the workshop.
- “Enhancing School Wellness Committees” was presented at Southwest Coop. I presented on the School Wellness Committee Toolkit and the School Health Index. Katrina Betancourt presented on Health Promotion for Staff and Donna Miller presented on Coordinated School Health. Tamara Baker presented on School Based Health Centers and Terri James presented on the programs and resources for schools available through the Extension Office. There were 14 participants at the workshop and Edie Greenwood, RN, CHNS assisted with facilitating the workshop.