

**Southwest Region  
CHNS & CHPS  
December 2014 Report**

**Cheryl Byrd**

- Distributed sample Comprehensive Tobacco Policy for Schools to SNs, DMEC Director and Superintendents.
- Maintained communication with all DMEC schools re: School Wellness Committees and introduction of new SWR CHPS.
- Provided updated contact list to CHPS with current Wellness Committee Chairs in each school.
- Provided sample School Policy for Suicide Prevention to school partners.
- Shared RFA for Tobacco Youth Coalition funding opportunity to community and school partners.
- CDC HAN 371 distributed to all SNs and PHNs-Evaluating Patients for Ebola Virus Disease: Recommendations for Healthcare Providers and Health Officials.
- Facilitated eSchool training for SNs at DMEC.
- Collaborated with SWR CHNS/CHPS to host Statewide CHNS/CHPS December meeting.
- Collaborating with ADH IHS re: Foster Grandparent Presentation on the Aging Brain.
- Participated in Howard Co Injury Prevention meeting to discuss plan for 2015.
- Participated in hosting of Howard Co Chamber Coffee by the Howard County Coalition – showcased Safety Baby Showers, Drive Smart Challenge, Fire Safety, Farmers Market and Growing Healthy Communities Effort.
- Updates and information re: Immunizations, Influenza and Ebola shared with DMEC director and DMEC employees; Discussed updated adult immunization recommendations with DMEC employees.
- Distributed updated CDC Immunization Recommendations for Child/Adolescent and Adult to school partners.

**Edie Greenwood**

- Assisted Nevada High School and Prescott High School EAST lab with Drive Smart Challenge Report.
- Visited with School Nurse at Stamps High School to discuss school health issues.
- Visited at Lafayette Elementary with school nurse with information about websites and her needs.
- Presented teen pregnancy and STDs to 14 at-risk youth in Hope, AR. Topics discussed: teen pregnancy-statistics, consequences, and where to turn for help in preventing. Addressed bacterial and viral symptoms in males, females and infants, and how ADH helps with treatments and information. Also, discussed the harms of tobacco use during the presentation and the need to quit.
- Presented an overview of first aid with AED use to 25 students and 1 teacher at Genoa High School. Discussed tobacco use and how it affects the body in reference to stroke and heart attack.

- Presented Heartsaver CPR and AED class for adults and children to 6 adults and 3 preteens, and 1 teen. Discussed tobacco cessation and need to quit. Also, discussed the heart and lung health risks associated with tobacco use. Distributed SOS pamphlets.
- Presented information on health services available in Hempstead, Miller, Nevada and Lafayette counties to 11 caseworkers for probation and parole. Provided brochure with Health Dept. services, SOS Quitline pamphlet, mental health brochure from SW Arkansas Mental Health, and a pamphlet with local free and reduced clinics.
- Helped with a booth at Bancorp Health Fair in Lewisville. Information provided-tobacco cessation, immunization information, WIC, family planning, and other health department services.
- Hosted and attended Statewide CHNS/CHPS Meeting.
- Attended Active Shooter training for SW Co-Op staff provided by Arkansas Attorney General's Office.
- Met with Sarah Powell and Cheryl Byrd on changes for Miller County with the leaving of the RHS. Met with other partners in afternoon for Miller County to discuss Safety Baby Showers.

#### **Rhonda McDonald**

- Working with Deb Crawford from Union County to include Ouachita County into Union County Tobacco grant. As AHOC Chair, I wrote a letter of support and traveled to Bearden, Harmony Grove and Camden Fairview to ask the superintendents for their support and to have them sign a letter provided by Mrs. Crawford.
- CHPS and I met with Administrator of Columbia County Health Unit.
- CHPS and I attend the SCSC Co-op board meeting. We were able to distribute our business cards, introduce ourselves (there are some new Superintendents) and Melissa gave a little overview of her job.
- Updating wellness names and contact information for CHPS.
- Working on Special Project for Ouachita County to create a Health Commission. The project name is HOPE. This work group met with the new mayor of Ouachita County. This group will present this proposal to the City Council on January 13th.
- Presented CPR and AED training at Harmony Grove School for juniors and seniors (provided this training for 4 class periods); presented CPR and AED training at Harmony Grove School for juniors, seniors and 2 Health classes (presented this training for 5 periods). The total students trained were 100. Training included hands on CPR and AED practice with 10 mannequins and one AED trainer and an AED from the school. A LPN employed by the school assisted me during the hands on practice.
- AHOC Coalition celebrated its 12th year. The guest speaker was Lauren Scott with AR SAVES Program. AHOC recognized South Central Service Teacher Center Coordinator and the City of Camden for emerging communities.
- Met with Ouachita County Health Unit Administrator to follow up for the AHOC meeting the following day.
- SW CHNS facilitated the statewide CHNS/CHPS meeting.

- Attended the Safe Schools meeting at NLR Hilton. I was an active participant and participated with the El Dorado School District. I offered and assisted Kathleen Courtney during the meeting.
- Attended the celebration for ARCoP at the Clinton Presidential Library in LR. I accepted a certificate for South Central Service Co-op for Emerging Communities for their “Sweating off the Stress”. This is a worksite wellness program. I volunteered to work in the worksite wellness group through ArCOP.

### **Tommie Rogers**

- Participated in the Malvern School District Wellness Committee Meeting. There were 7 people present. We discussed the Safe Schools Health Initiative Grant; At Risk Afterschool Meals is through DHS and it will feed any after school groups through federal funding; the Alliance for Healthier Generation will be coming to Malvern on January 15th and 16th to film two of the campuses; plans being made to open School Based Health Center by October 2015. Also, talked to Malvern School District Wellness Coordinator about Comprehensive Tobacco Policy and will forward a copy of an example of a Comprehensive Policy.
- Participated in the Arkadelphia School District Wellness Committee Meeting. There were 18 people present. We discussed: Becoming a Healthier Clark County (BaHCC) a community coalition that concentrates on the health of the community and schools in Clark County. They purchased a drug drop off box that is available 24 hours a day for people to drop off old or unused medications. The Coalition also developed a Drug Abuse Guide to help parents identify pills and drugs. These are in the Counselor’s office. The Arkadelphia Food Service Director and the ADE Area Nutrition Specialist discussed the food requirements that they are required to abide by. CHNS spoke about getting all schools in the Dawson Co-op area to agree to look into adopting a Comprehensive Tobacco Policy if they did not already have one. Copies of the requirements and a sample policy were left with the Wellness Chair.
- Participated in the Hot Springs School District Wellness Committee Meeting held in Hot Springs. There were 14 people present. We discussed: Trogan Trot, Relay for Life, Child Nutrition Updates, School Health Index-Review results from Modules 1 & 2, and Questions & Concerns.
- Participated in the Statewide CHNS/CHPS Meeting held at Little Rock. The SW Region CHNS/CHPS were in charge of the December meeting. I took the minutes. Dr. Patricia Scott gave Child and Adolescent Health Updates. Audra Walters gave a power point presentation on Coordinated School Health and the newest changes. Jack Hill, EMS Children’s Program Manager, spoke about the Pediatric Education for Prehospital Professionals (PEPP) Program. Paula Smith, State School Nurse Consultant provided updates about Varicella, the NASN survey, mandatory School Nurse Survey, Diabetes Association, BMI, and Hydrocodone. CHNS/CHPS Supervisors provided updates on CEU packet committee, re-certifying screenings, SHI Training, and Comprehensive Tobacco Policy, and a Grant on Suicide Education through the Health Department.
- Participated in the Superintendent’s Meeting held at Dawson Co-op. Garland County Health Department Administrator spoke to the superintendents about a grant through the Injury Prevention Program of the Arkansas Department of Health that would be for suicide education. South CHNS/CHPS Supervisor also attended.

- Participated in the Cancer Research Committee made up of BaHCC members. There were 4 members present. We discussed the feasibility of participating in this cancer study being done by UAMS and the Arkansas Department of Health. We also spoke with Southern Bancorp since they have staff with a lot of experience with volunteers. Will have Dr. from UAMS over the Cancer Research to speak in our community at our next Coalition Meeting in January.
- Participated in the Garland County Coalition Meeting (Project Hope) in Hot Springs. Topics included Human Trafficking, Growing Healthy Communities and ARCOP celebration in Little Rock at Clinton Presidential Library. The Garland County Health Unit Administrator spoke about Suicide Prevention and distributed a handout with the county rankings for suicide. There will be an ASIST Training in Hot Springs on January 8th and 9th. The Suicide Prevention Committee will meet on December 8th at 2 PM at the Health Department.
- Participated in the Clark County Coalition Meeting (approximately 20 participants). Clark County Health Department Administrator spoke about the past years projects and accomplishments and Tobacco Prevention Coordinator gave an informative power point on the Harmful Effects of Tobacco & ENDS.

#### **Melissa Kuhn, CHPS**

- Met with the Administrator of the Columbia County Health Unit and made plans to visit with her at the first of the year to inform her more of how I may be of assistance to her in the upcoming year.
- Introduced myself to Rebecca at AHEC in Magnolia, again to inform her of my position and offer assistance in anyway feasible.
- Attended a Wellness Committee Meeting for Camden Fairview School District. The primary goal of this meeting was to implement the Arkansas Drive Smart Challenge.
- Attended a planning meeting with the Smackover School District where CHNS and I shared an overview of the School Based Health Unit.
- Met with the HOPE Coalition in Ouachita County in preparation of implementing a plan to aid the community in rising above the idea of being poverty minded, thus enabling them to aim for a healthier future.
- Participated with the SW Region in hosting the December CHNS Meeting.
- Attended the Safe Schools Health Initiative Grantee Quarterly Meeting which focused on the Sexual Health in Arkansas, Classroom Instruction and Student Learning, and Health Education.
- Participated in the AHOC Meeting in Ouachita County.
- Attending the ArCOP 2014 Celebration at the Clinton Library in Little Rock.
- Spent the day with Rosemary Withers, CHPS in Pine Bluff, in reviewing a Strategic Plan for 2015. We further discussed creating a starting plan for January, Reviewed a Wellness Kit, and SHI Training.
- Compiled lists of Wellness Chairs from the SW Region. Sent emails to each chair introducing myself and scheduled times to contact each one of them personally.