

**Southwest Region
CHNS
August 2014 Report**

Cheryl Byrd

- School Nurse Update held Aug 6th at DMEC for 17 SNs. Topics included Immunization updates for 2014, Cardiovascular Health, Sexual health and STD Prevention, Dating Violence, SN Survey, Paula's Updates and additional resources available to schools via the CHNS.
- Partnered with Counselor at Mineral Springs Elem School and Mineral Springs High School to provide Suicide Prevention Resources and other Injury Prevention information to attendees of Mineral Springs Open House.
- Hosted Annual Food Service Workshop August 12, 2014 for 50 food service professionals. Topics included Stroke Prevention, Food Safety, New Child Nutrition Guidelines, Sexual Violence Prevention, Million Hearts Women's Cardiovascular Health, Burn Safety, etc. Partnered with AR Saves, ACH Burn Safety Program (including tobacco use and risk of burns), ADH Environmental Health Specialist, Dr. Randy Walker and Kelly Hardin, RN, APN to present Million Hearts Campaign and Women's Cardiovascular Health (including TPCP) and SW AR Domestic Violence Resource to present to Food Service attendees.
- Provided Reality Works babies for use at Safety Baby Showers in Little river re: Shaken Baby Syndrome and FASD/Drug Exposure.
- New School Nurse Orientation held for two SNs at Ashdown Schools and four SNs at DMEC.
- AHA CPR/First Aid/AED certification training provided for 12 educators.
- Presented ATV toolkit and brief training at Mineral Springs ES.
- Presented More than Sad Toolkit and brief training at Mineral Springs ES.
- Partnering with Allecia Starkey to provide regional TBI presentation at SW Coop for SNs, counselors, educators, ECH and Special Ed –offering CNEs to SNs –rescheduled to September 17, 2014.

Eddie Greenwood

- Assisted PRIDE Academy held in Texarkana with registration: Texarkana Arkansas Police Department held the PRIDE Academy at North Heights Junior High for a select group of 95 students going into the 5th grade. This was the second day of a 5 day camp. A 25 minute presentation to 5th grade girls, along with teen peer counselors on personal hygiene and puberty. We also discussed eating healthy, the importance of physical activity, oral care, no tobacco use and safety. Wadley Regional Health Center presented information to the boys and teen peer counselors and U of A Cooperative Extension Service presented hand washing using Germ City.
- Health Program Specialist II with the Office of Minority Health & Health Disparities (OMHHD) led a discussion with presentation about cultural diversity. Edith Greenwood, RN, presented Understanding and Intervening in Bullying Behavior using the slide presentation from Creating a Safe and Respectful Environment in Our Nation's Classroom as part of the information from Stop Bullying.gov to 75 staff of Prescott School District. Using the approved slide presentation on

Mandated Reporting from the Department of Education that was developed by the Arkansas Commission on Child Abuse, Rape and Domestic Violence to staff. This is mandatory training for all teachers and aides every 3 years. During introduction of job duties discussed no tobacco use.

- Provided a six hour workshop for 61 Food Service Personnel from 6 of the 10 school districts in Miller, Lafayette, Hempstead and Nevada Counties. This workshop provides 6 hours of the 10 hours of required yearly in-service. Presentations included: Food Safety and Food Sanitation Updates by EHSII, updates from the Child Nutrition Unit I, SNS; and Food Safety and Storage Guidelines for USDA Foods , DHS Commodities Division discussed the partnership between his non-profit and Prescott School District to provide an after school meal for students in the district. Interspersed throughout the day was information on skin cancer and how to reduce your risks for developing skin cancer.
- Presented mandated hearing screening certification and vision screening certification training to BSN student nurses and instructors. Presentation included incidence of ear infections for children exposed to SHS. Discussed SHS and 3rd hand smoke exposure. Also educated nurses on Quitline. Discussed Quitline benefits and counseling opportunities for youth. Contact information for CHNS provided.
- Presented mandated scoliosis certification training and Obesity Prevention and Education to 32 student nurses and instructors. Presentation included mentioning the fact that smoking interferes with bone healing. Discussion was made about how some doctors will refuse to operate or accept patients that smoke due to the fact that the effects of smoking hinder bone healing. Presented information about Mass and School Flu Clinics. Using the approved slide presentations; "Mass Clinics' in Schools and Communities" and "Flu Vaccine Administration" prepared the class to work at the Columbia Mass Flu Clinic and school clinics. Instructed students in the use of safety glide needles. HIPAA training was completed using the approved ADH information and test.
- Presented American Heart Association First Aid, CPR and AED training to 8 Early Childhood teachers and staff at SW Co-op in Hope (discussed injury prevention and no tobacco use); presented Heartsaver CPR and AED class for adults, children and infants to one early childhood staff at the SW Co-op in Hope (discussed tobacco cessation, need to quit and heart/ lung health risks associated with tobacco use); presented Heartsaver First Aid with CPR and AED for adults, children and infants to 7 staff at Lafayette County Sheriff Department in Lewisville(discussed tobacco cessation, need to quit and heart/lung health risks with tobacco use-distributed the Quitline number).

Rhonda McDonald

- Food Service Workshop (I facilitated and presented)20 participants Rebecca Wright- All programs of the ADH- OCHU Ken Morris- STD's and self-protection and safety Rhonda- Quitline information- Mandated reporter-Ashley Nale presented on food safety
- Provide a booth at the health fair for El Dorado School District. My information was on Shaken Baby, Alcohol and Drug Babies. Spoke with approximately 45 staff and at least 10 were men.
- Met with the Walkability Committee for AHOC (Ouachita). We are writing a grant through ArCop.

- Working with SCSC on worksite wellness policy and grant from ArCOP. I have created the forms for the 12 week program we kicked off today and will have a celebration in December. I have all form electronic if you would like them.
- Created HIPAA test for nursing students (approve by LR).
- Provided two day training for SAU Magnolia BSN nursing students; Edie and I presented Vision/Hearing/BMI/ Scoliosis trainings. We also provide flu and HIPAA training.
- Facilitated Injury Prevention 101 at coop (16 Participants 6 CEU's awarded).
- Attended Computer trainings at Hope
- Attended CHAC in LR- I participated in discussion and suggested ideas.
- Attended TOUCH executive meeting (co-chair of healthy Living)

Tommie Rogers

- Participated in the Adolescent Health Project at Foundation Fitness. Supplied snack of Weight Watchers string cheese and crackers. Peanut Butter was available for those that did not like cheese. No one is allergic to Peanut Butter. We discussed some of the low cost facilities/activities in the area. I shared with them two motivational verses. Reminded them of the end of the summer/program party on Thursday at the Clark County Health Unit following their workout and mental health counseling session.
- Participated in the Garland County Coalition Meeting (25 participants). I spoke about the Suicide Prevention Training that we had at Dawson Co-op on July 18th (we had 16 participants and 2 were from Garland County). We also discussed: Suicide Prevention Training in Hot Springs in December, Human Trafficking, Growing Healthy Communities, Safe Haven, Drug Prevention and Awareness, Resource Directory, CCNC, and Foster Parenting and all that that entails.
- Met with Clark County Health Department Administrator, at Foundation Fitness. We measured the participants of the Adolescent Health Project prior to their beginning their workout and set up for the participant's end of the program party.
- Participated in the computer training offered at the SW Co-op in Hope. The session was on PowerPoint. The instructor was Amanda Potter Cole.
- Attended the CHAC Meeting in Little Rock. Julie Mayberry, Vice Chair of the Public Health Services Advisory Committee, was the guest speaker. She is using data that was collected from the school nurse survey to talk with legislators. She had made a power point and a video to share with the legislators. She wanted advice on any additions or changes that she needed to make to the power point and video. There were several CHNS and CHPS that attended.
- Attended the Dawson Staff Meeting. The Director shared his vision for Dawson Co-op. The Coordinator's gave updates and introduced new staff.
- Meet with Supervisor to discuss upcoming changes to the CHPS vacated position; supervisor also met with the Dawson Co-op Director to discuss these changes.
- Participated in the Grant County Coalition Meeting in Sheridan. We discussed the financial statement, feeding the children during the summer, Sex/Drug Prevention Education in the Schools, and Community Gardens. I told about my upcoming trainings: September 11 for Vision

and Hearing and September 22-24 for the New School Nurse Conference. Told members present that we had a Suicide Prevention Training July 18th at Dawson Co-op for teachers, nurses, and counselors.

- Participated in the Clark County Coalition Meeting. We discussed the financial report, Adolescent Health Project, Resource Brochure, Drug Drop Box Promotion and Drive for September 27, Clark County Fair Booth, Health Fair Discussion, and the Coalition Media Campaign and building incentive. Partners for Inclusive Communities, was the guest speaker.
- Visited with the Poyen School Nurse; discussed immunization deadline and upcoming school flu clinics.