

**Southwest Region  
CHNS/CHPS  
January 2014 Report**

**Cheryl Byrd**

- Attended two-day ASIST (Applied Suicide Intervention Skills Training) in Hope.
- Attended Reality Baby Works Training by SIPP in Hope.
- Attended Drive Smart Challenge Training by SIPP in Arkadelphia.
- Met with Mt. Ida school nurse; visited with superintendent to share information on Roles and Responsibilities of SNs and overall health services in the school.
- Met with Mineral Springs superintendent to share information on Roles and Responsibilities of SNs and overall health services in the school and the role of RN in school setting.
- Met with Dierks superintendent to discuss Injury Prevention efforts: Drive Smart Challenge, ATV Safety, Safety Day and Reality Works Babies.
- School Nurse Update planned for Aug 6th at DMEC to include Immunization updates for 2014, STD Education, Teen Pregnancy; Reality Works Babies; and resources available to schools.
- Planning Annual Food Service Workshop for August 2014 to include Fire Safety, Women's Cardiovascular Health.
- Participated in Farm to You Program at Mt. Ida Schools.
- Attended coalition meeting at Howard Co; attended Injury Prevention subcommittee meeting.
- Met with SWR CHNS/CHPS to discuss needs of school nurses and planning for Upcoming trainings.
- Administered 69 flu vaccines at Howard Co Mass Flu Clinic; distributed TPCP literature and Quitline contact information to attendees.
- Attended SWR Administrator's Meeting.

**Eddie Greenwood**

- Presented "What Is on Your Bucket List" to 15 at-risk youth in Hope; presentation included tobacco prevention and health risks for smoking, smokeless tobacco, second-hand smoke and the risk of alcohol use.
- Working with EAST Lab students at Prescott High School; presented tobacco consequences to twenty 8th graders utilizing Mr. Gross Mouth, Jar of Tar, and pig lungs.
- Hosted the Applied Suicide Intervention Skills Training-ASIST workshop in Hope provided by Shelby Rowe from Arkansas Children's Hospital Injury Prevention Program. During this two-day workshop participants were able to see, hear and learn the information and skills needed to provide suicide first aid (19 participants).
- Hosted Reality Works Train the Trainer in Hope provided by Shelby Rowe from Arkansas Children's Hospital Injury Prevention Program. This training was designed to train Health Department CHNS, CHPS, and HHI support staff on the use of Reality Works simulators for shaken baby syndrome, fetal alcohol spectrum disorder, and drug abuse effects on infants.
- Presented Obesity Prevention and Education for School Nurses to nine nursing students in Hope at UAMS/BSN Off-Campus program. Presentation included information on risks factors and

consequences for childhood obesity, ACT 1220 and 201, and how to perform a BMI assessment following protocol developed by the state. Also discussed tobacco prevention and cessation; distributed pamphlets concerning smoking cessation with Arkansas Quitline number.

- Assisted with Scoliosis for School Nurses and Obesity Prevention and Education for School Nurses at Dawson Cooperative in Arkadelphia
- Visited with school nurses in Blevins and Lafayette County School Districts to discuss school nursing issues.

### **Rhonda McDonald**

- Provided two hour presentation on First aid, Blood borne pathogens, Communicable disease to daycare/Adult care facility. Edie Greenwood assisted in presentation (approx. 85 participants).
- Attended Reality Works training in Hope.
- Attended Drive Smart Challenge training in Arkadelphia; met with SWR CHNS.
- Arnell Washington and I presented the Drive Safe Challenge to Hampton School student and teacher leaders to get program started.
- Provided two trainings on Heart Saver CPR and First Aid training off site at Ouachita Industries (27 Participants). The Quitline and information about tobacco and health consequences were also discussed during first aid and CPR presentations.
- Worked two days with new CHNS from Arkansas River Co-op.
- Attended SW TRAC meeting in Magnolia.
- Attended OCHU staff meeting. Viewed safety DVDs
- Attended administrators meeting in Hope; was able to connect with administrators at the meeting.
- Attended the following coalition meetings: TOUCH, Union County- volunteered to assist in "Farm to You" next month in Union county; HEALTH, Columbia County-Assisted in fund raiser for coalition; AHOC, Ouachita County-Chair of coalition and UCRC, Calhoun County-assisted in the beginning plans of Hog Skin Holidays. Briefly met with Susan at TOUCH, Rebecca at AHOC, Melinda at HEALTH.

### **Tommie Rogers**

- Attended two-day Injury Prevention Training at SW Co-op in Hope on ASIST (Applied Suicide Intervention Skills Training) approximately 23 people that attended the training.
- Attended Injury Prevention Training at SW Co-op in Hope on the Realityworks Doll Training. We went over power points on Shaken Baby, Alcohol Exposure Baby, and Drug Exposure Baby. We plan on holding a workshop for school nurses, counselors, and Parenting and Consumer Science teachers this summer (10 participants).
- Participated in the SW Region Administrator's meeting in Hope. Dr. Grimes provided an interesting power point on Gestational Diabetes and Dr. Johnnie Roebuck, former legislator, spoke on Talking to Legislators.

- Attended the Clark County Coalition Meeting (BaHCC) at the Baptist Hospital in Arkadelphia; discussed the 2014 Youth Adolescent Project, Sustainability Plan and Growing Healthy Communities Workshop (approximately 12 participants).
- Participated in the Injury Prevention Training- Arkansas Drive Smart Challenge (12 participants).
- Hosted the SW Regional School Nurse Training on Scoliosis and BMI at Dawson Co-op (16 nurses attended the Scoliosis session and 13 nurses that attended the BMI session).
- Participated in the SW Region CHNS/CHPS meeting held at Dawson Co-op; discussed the survey results from the school nurses regarding their educational needs for this year's summer workshops. Scheduled dates for Regional Trainings on Vision and Hearing and Scoliosis and BMI for September 2014.

### **Emily Lyons**

- Continuing work on the CHPS Strategic Plan, collaborating with CHPS on upcoming summer Wellness Workshops.
- Wrote description for upcoming summer Wellness Workshops and shared with CHNS.
- Provided information on nutrition and physical activity, tobacco prevention and cessation at the Healthy Beginnings/Health Connector Health Fair at CADC in Arkadelphia.
- Hosted and conducted the SWR Regional BMI Training for School Nurses (13 nurses trained).
- Attended the SWR Administrators Meeting.
- Met with SWR CHNS to discuss and plan summer workshops.
- Attended the Clark County Coalition Meeting; provided brief overview of the role of the CHPS.
- Participated in the Drive Smart Training provided by ACH.
- Provided the following information via email to Wellness Committee Chairs: YSA Grants Alert for January, Resources for a Healthier School Environment from USDA's Team Nutrition, ArCOP Newsletter, Injury Prevention Weekly Digest and SBHC Informational Webinar.