

**Southwest Region
CHNS/CHPS
May 2014 Report**

Cheryl Byrd

- Provided tobacco presentation to 182 Montgomery County 4th and 5th grade students using Pig Lung display, Mr. Dip Lip and tobacco slide presentation to teach effects of tobacco use, Act 811 and Second Hand Smoke.
- Participated in May 22nd webinar on Tobacco Cessation and ACA.
- Provided BMI measurements to attendees of Annual Sevier Co Senior Health Fair, as well as Women's Health, Tobacco Prevention and Cessation, Smokeless Tobacco Products, Burn Safety and Diabetes Management (700+ attendees).
- Distributed list of all summer health workshops to School Nurses, school administrators, DMEC partners, LHU partners, special education and Early Childhood.
- Attended ACH "Bullying Prevention Facilitator Training".
- Collaborating with schools to host Drive Smart Challenge (Horatio Schools plan to participate in Fall 2014; Foreman and Mineral Springs participating in Spring 2014).
- Shared The Division of Adolescent and School Health (DASH) 24 fact sheets reporting results from the 2012 School Health Policies and Practices Study (SHPPS) on the SHPPS web site at www.cdc.gov/shpps.

Eddie Greenwood

- Presented Tobacco 101 to 84 students at Yerger Middle School in Hope. Presentation included tobacco prevention and health risks for smoking, smokeless tobacco, second-hand and third-hand smoke, and electronic nicotine delivery systems.
- Provided a 30 minute presentation to 55, 3rd and 4th grade girls and boys separately on personal hygiene, puberty, and HIV (part of curriculum standards). Tobacco, eating healthy, the importance of physical activity, and oral care were also discussed. 50 minute presentation to 60, 5th and 6th grade girls and boys separately on personal hygiene, puberty and sexual transmitted diseases (this was done at the request of the school nurse and health teacher as part of their curriculum standards).
- CHNS presented Teen Pregnancy and STDs to 7-12 girls while Kenneth Morris, DIS presented to 7-12 boys for a total of 300 students. Topics discussed: teen pregnancy-statistics, consequences, and where to turn for help in preventing pregnancy. STD's and STI's addressed: viral and bacterial, symptoms in males, females and infants, and how ADH helps with treatments and information. Also discussed the harms of tobacco use during the presentation.
- Presentation to 320 pre-k through 6th grade students and teachers about tobacco prevention and health risks for smoking, smokeless tobacco, second-hand and third-hand smoke, and electronic nicotine delivery systems. This was done for the health teacher as part of the health curriculum standards.

- Hope Water and Light hosts a water fair every year for third graders in the Hope area. Jeannine Wilson, RN, Adm. and Edie Greenwood, RN, CHNS were asked to have an educational booth related to water. We had a contest for the children to choose the percentage of water in certain foods (250 students and teachers attended).
- Talked with Robin Bobo of KTSS television in Hope. Debbie Henderson, Adm. Nevada County and I were asked to talk about Teen Pregnancy Awareness Month for her show KTSS Talk with Robin Bobo. Using talking points supplied by Central Office we discussed the teen pregnancy issue in the state. We also discussed what was being done locally with presentations in the schools and how the Health Department assists teens and adults with their reproductive health needs. Robin's show is seen on cable in Miller, Nevada, and Hempstead Counties.

Rhonda McDonald

- Met with Kathleen Courtney and administrators at El Dorado School District regarding her grant. I offered technical assistance and support to both parties.
- Collaborating with Edie Greenwood on writing 2 packets for CNE for school nurses (Mental Health and Sexual Health for teens)
- Arnell and I worked on the Town Hall Meeting for Calhoun County. I created a flyer and agenda for the event. I researched information and videos for the education piece. Arnell purchased jump drives for participants and I loaded the information on the drives for him. I provide a poster also for the event. I created a power point for the event to present.
- Working with the Arkansas Fire Academy and Mike Laws to provide a train the trainer for CPR. I have 12 school staff signed up to become trainers on June 19th.
- Working with South Central Co-op on a Wellness Policy for their staff. I facilitated the worksite wellness tool and submitted to LR. I assisted the Teacher Center Coordinator in writing for a worksite wellness grant through ARCop.
- Served on a work group to write for the JUA for the Co-op and a partnering school for a cross country track on the co-op grounds. Due to the short turn around on the grant, we have decided to table till next year's grant. We will continue to pursue this. We are sending out a survey to schools to assess the need for this and we will continue until the JUA is available or we might pursue other grant funding for this project.

Tommie Rogers

- Participated in the Arkansas Minority Barber & Beauty Shop Health Initiative held in Arkadelphia at the ABC Beauty College/Cutting Edge Salon (interacted with approximately 32 people and had six fax back tobacco referrals).
- Participated in the ATV Safety Program held at Poyen Schools. Over 200 ATV helmets were fitted and given away. These were purchased through the Southeast Arkansas TRAC.
- Participated in the Bullying Prevention Training Workshop held in Plumerville; Shelby Rowe was the instructor (13 participants).
- Participated in the Adolescent Health Project Parent Meeting held at the Clark County Health Unit at 5 PM. 4 of the 7 participants were able to attend. All parents were represented except for one participant.

- Visited with the school nurse at Arkadelphia; shared a speaking opportunity that is available for the Arkadelphia Baseball Team - a presentation done by Alan McDill, a local retired professional baseball player.
- Partnered with Central Region PHI to present at Jessieville Middle School on birth control, Family Planning, STD/STI's and services offered by the Health Department (approximately 50 7th and 8th grade girls).

Emily Lyons

- Participated in the Adolescent Health Project Planning meeting; reviewed applications. Also participated in the Parent Meeting for the Adolescent Health Project; assisted with weighing and measuring participants.
- Participated in the Central Region HHI Support Staff meeting; discussed the Clark County Adolescent Health Project, Wellness Committee Workshops, and the Arkansas Minority Barber & Beauty Shop Health Initiative held in Arkadelphia.
- Participated in the Arkansas Minority Barber & Beauty Shop Health Initiative as one of the Registered Dietitians; discussed BMI and healthy eating with participants utilizing MyPlate (32 participants).
- Participated in the Bullying Prevention Facilitator Training provided by Arkansas Children's Hospital.
- Attended the Hot Spring County Coalition meeting; updated on the upcoming Wellness Committee Workshop at Dawson.
- Participated in the Malvern Wellness Committee meeting; updated on upcoming Wellness Committee Workshop at Dawson Coop.
- Met with the Wellness Committee Chair at Poyen School District; provided and reviewed the Wellness Committee Toolkit. Also discussed Wellness Committee responsibilities, the district's ACSIP Plan and the SHI. Offered SHI training, but none is needed at this time.
- Met with the Wellness Committee Chair at Gurdon School District; provided and reviewed the Wellness Committee Toolkit. Also discussed Wellness Committee responsibilities, the district's ACSIP Plan and the SHI. Offered SHI training, but none is needed at this time.