

**Southwest Region
CHNS/CHPS
April 2014 Report**

Cheryl Byrd

- Partnered with Allecia Starkey to provide TBI presentation at DMEC for school nurses –offering CNEs to participants.
- Suicide Prevention Seminar presented by Shelby Rowe hosted by Sevier Co Coalition-all SNs, school personnel, faith-based groups, community partners and DMEC invited (16 partners attended).
- Attended Annual Underage Drinking/Injury Prevention Conference.
- Collaborating with schools to host Drive Smart Challenge (Horatio Schools plan to participate in Fall 2014; Foreman and Mineral Springs participating in Spring 2014).
- “Straight Talk” brochures distributed to Ashdown, DeQueen, Mt. Ida, Foreman, Mineral Springs, Umpire, Cossatot River HS, and Mena Schools (35 packs to 7 districts).
- Communicating with all school superintendents to share plans for SN trainings at DMEC via Coop Director.
- Continue to communicate with all school nurses as pertinent topics arise.
- Shared all upcoming trainings with school nurses: ASNA Conference in Little Rock SN Conference in Branson, MO2014 School Health Spring Symposium Webinars available: Hand and Burn Trauma: Telemedicine Consults and Epi-Pen training by SNs for UAPs.

Eddie Greenwood

- Hosted a training conducted by Paula Smith, APN, State School Nurse Consultant on the new Immunization Rules and Regulations to school nurses via a CIV presentation. Nurses from the nine school districts in the SW Arkansas Education Cooperative and one from Nashville School District were in attendance
- Partnered with local health unit administrator and distributed 'Drive by the rules. Keep the Privilege' cards by hanging them on every locker of the 11th and 12th graders at Nevada School District. The Nevada Prom is scheduled for April 25th; distributed 'Drive by the rules. Keep the privilege' cards by hanging them on every locker of the 11th and 12th graders. The Prescott Prom was scheduled for April 26th. Approximately 200 cards were distributed.
- Presented information on Fetal Alcohol Syndrome and the effects of prenatal drug use to 12 at-risk youth in Hope utilizing the RealityWorks FASD and Drug babies, discussed symptoms of prenatal alcohol, tobacco, and drug use, lifetime problems, and how to prevent.
- Provided presentation using the RealityWorks Shaken Baby Syndrome, Fetal alcohol and drug babies to 23 students and staff at Hope High School; second presentation using the RealityWorks Shaken Baby Syndrome, Fetal alcohol and drug babies to 21 students at Hope High School.
- Provided Baby Safety Shower training to registered dietician who will be holding the showers in Hope at the Pregnancy Resource Center.

- Presented to 105 students in 7th, 8th, and 9th grade health classes about Portion Distortion. Instructed the students to find a physical activity they like to do and can do for the rest of their life and stressed the importance of not using tobacco.

Rhonda McDonald

- Prom Presentation to 11th and 12th graders at Bearden High School. Topics included: Underage drinking, distracted driving, seatbelt use, texting and driving, tobacco and other drug use (84 participants)
- Conducted six school nurse visits, two school counselor visits and one Health and Consumer Science teacher visit.
- Contacted schools in SCSC co-op area: counselors, coaches, and nurse regarding ARCoP summit on May 15th.
- Attended Calhoun County Health Fair: co-worker and I had a booth on SIDS, tobacco, cardiovascular, stroke, Emergency Preparedness and other injury prevention topics (approx 40- Pre-test and Post-test on SIDS) also had a second booth by ADH on STD/AIDS/Communicable.
- Attended and presented on underage drinking, seatbelt use, and distracted driving at the Dallas County Town Hall meeting- first presentation was at the high school for 9-12 graders and second presentation was to parents on the same topics.
- Provided a training for Ouachita Industries (community opportunity) on First Aid (24 participants) and CPR, Heart Saver (12 participants) at SCSC co-op.
- Complete and designed the first SW CHNS/CHPS Corner for the SW Region newsletter; also submitted two articles for the newsletter.

Tommie Rogers

- Participated in the Gurdon Primary Pre-K and Kindergarten Round-up by providing a booth with information about the Clark County Health Department services (WIC and Immunizations). I also provided informational brochures on tobacco cessation, SOS Quitline, nutrition, and physical activity (38 children registered).
- Participated in the Hot Springs County Coalition Meeting in Malvern; discussed Bismarck School Straight Talk & Operation Prom Night Program ,Fireboat School and Growing Healthy Communities Training (May 15th in Camden). Shared information on upcoming workshops at Dawson Co-op.
- Participated in the Adolescent Health Program Meeting at the Clark County Health Department. Coalition members will volunteer to help supervise and provide healthy snacks for the participants for a week at a time; RD and fitness trainer spoke about their plans. We will review the applications on May 7th.
- Participated in the Arkadelphia Wellness Committee Meeting; we discussed the School Health Index Survey, results of Arkansas Prevention Needs Assessment, review and revision of wellness in ASCIP, and new law re: foods of low or no nutritional value. The School Nurse spoke on BMI data and the School Resource Officer, spoke on alcopops (16 participants).
- Participated in the site visit at Malvern School District. Malvern is in the second round of the application process for getting a grant to fund a School Based Health Center on campus;

provided a letter of support in that I work with the school nurses and offer technical assistance and I would continue to perform this role.

- Participated in the Bismarck Middle and High School Straight Talk & Operation Prom Night Program. Edie Greenwood, CHNS provided presentations on STD/STI's/Teen Pregnancy (approximately 300 9-12th graders attended).

Emily Lyons

- Participated in the CHNS/CHPS Statewide Staff Meeting.
- Participated in planning meetings for the Clark County Adolescent Health Project. Reviewed documents for the program and provided input on changes.
- Attended the Child Health Advisory Committee Meeting.
- Participated in the CHPS Staff Meeting. Discussed upcoming Wellness Workshops and the CHPS Strategic Plan.
- Participated in the Clark County Coalition Meeting. Discussed upcoming Wellness Committee Workshops.
- Participated in the Health Fair for Students at Bismarck High School. Provided information on nutrition and physical activity. Displayed sugar, fat and salt test tubes and fat and muscle models and discussed with participants.
- Participated in the Wellness Committee Meeting at Arkadelphia School District. Provided input about school meal guidelines and alternative breakfast programs.