

SER CHNS/CHPS January Highlights

Kim Hooks

Facilitated ARESC Employee Lunch N Learn: Topic - The Tobacco Trends Tour, a presentation designed to educate adults about how tobacco companies are targeting youth. Tobacco products were displayed during the presentation. CHNS included Act 13 Fact cards and information as well as the newly released Surgeon General Report: How Tobacco Smoke Causes Disease - The Biology and Behavioral Basis for Smoking-Attributable Disease Fact Sheet.

Winter Wellness Fair at Stuttgart School District- topics covered physical activity, nutrition, and tobacco prevention; information boards' r/t tobacco prevention and nutrition were on display as well as various brochures, etc. Fitness Dice game (physical activity) provided for students

Stuttgart School District 21st Century After-School Program at PAE: Collaborated with LaTiffany Henderson (AmeriCorps Volunteer and Health Advocate for Arkansas County Partners in Health) to provide a nutrition presentation to students of Park Avenue Elementary 21st Century after-school program. The theme was "Portion Distortion" utilizing information from mypyramid.gov for kids. Also provided a hands-on activity (Nutrition Picture Toss up Ball). The students also received materials to take home to parents (Portion Size, Rethink Your Drink, Fruits and Vegetables, puzzle games/activity); Included tobacco prevention education as well. Approximately 56 students in grades 1st – 4th and 8 staff members participated.

Pertinent updates provided to collations, superintendents meeting and Lion's club.

Lisa England

Conducted (4) 3 hour sessions for CSH AmeriCorps Oral Hygiene project- using ADA "SMILE SMARTS" curriculum and ADE Health and Wellness education frameworks. Developed 30-40 min. long lesson plans that provide students with an attention grabbing/maintaining interactive lesson meeting framework requirements in one lesson. Lessons include effects of tobacco on oral health. Collaborated with Carol Amerine, RDH, from the Office of Oral Health on this training.

Cassie Lewis

School nurse visits made to Forrest City Schools, Helena Schools, Delta-KIPP and Barton Schools.

Coordinating "Physical Activity and Healthy Living Wellness" competition sponsored by Forrest City Medical Center, Hometown Health, and several other partners in the Forrest City and surrounding area. Provided Pedometers at the weigh-in.

Rosemary Withers

Presented PowerPoint on “Obesity Stigma: Health Consequences” to Jefferson County HHI Youth Committee. Facilitated coalition planning for upcoming youth events.

Distributed upcoming tobacco prevention contest materials to Wellness Committees.