

**Southeast Region
CHNS/CHPS Report
June 2016**

Cassie Lewis, CHNS

- Participated in the Grey Hound Army Medical Corps-Unit out of New Jersey set up at West Memphis High School through Delta Regional Authority to provide health services for the public at no cost to participants. CHNS set up booth with various health information; Offered preventive health information on nutrition, physical activity, tobacco prevention and treatment services through the Arkansas Tobacco Quitline, Diabetes and Stroke prevention, cholesterol values and effect on health. CHNS used tobacco models to demonstrate dangers of tobacco products and provided CO2 monitoring tests for adults who desired to check CO2 levels. Also provided fact sheets on CO2 and effects on the body, pamphlets on tobacco use and effects on body, nutrition, physical activity and falls prevention pamphlets. Thirteen persons took the CO2 tests and were referred to the Arkansas Tobacco Quitline and provided magnets with the Quitline number. Also two other persons preferred to use the Fax-Back referral method and CHNS sent the referrals in to the Quitline. Participants visited from many counties in Arkansas, even as far away as the Central Region of Arkansas. Hundreds of people served through this event with health screenings, preventive health information, and referrals to appropriate clinics for care.
- Provided information on the FASD (Fetal Alcohol Spectrum Disorder) conference on July 14th at the University for Medical Sciences campus and the “Go Noodle” program-Make Waves for World Oceans Day to School nurses in GREC service area.
- Provided information on the Army/Air Force Medical Health Services to be held at the West Memphis High School for three weeks. Provided information to email contacts, passed out flyers to churches and some businesses. All services are free.
- Provided information through emails, posted flyers for upcoming ASIST training in July. Also made flyer in word document for those who were unable to open the PDF format of the flyer. Reached out to the HHI Community, local churches, schools, Hospital, EMT services in St. Francis County.
- Put together school nurse screening packets for Vision screening and Hearing screening.
- Preparation for upcoming CHNS/CHPS Statewide meeting: contacts, agenda, etc.
- Attended Mid-South Health Systems Drug and Alcohol annual Stakeholders’ meeting.

Lisa England, CHNS

- Preparation for June 14th, 1st day of the SEARK ESC’s CSH Luau. Working on presentation of Debbie Rushing’s PowerPoint on Trends in Tobacco Use and Products Accessible to Arkansas Students.
- June 14th, SEARK ESC’s CSH Luau; June 15th (2nd Day of Luau) Focused on Wellness Committees and policy.

- Researched and created training for educators regarding Diabetes, 504 plans for Diabetic students, and Emergency Action Plans for Diabetic students.
- Assisted school nurses to complete 2015-2016 reports and set training date (August 10th for Scoliosis and SEARK School Nursing Update).
- Assisted SEATRAC with Car-seat Safety Event at Bradley County Pink Tomato Festival.
- Attended SEATRAC meeting; discussed budget cuts, partnership for car seat safety, fire safety (smoke detectors) and home safety plans. Also discussed events that SEARK HHI Staff can partner on with SEATRAC.
- Preparations for July CHNS/CHPS meeting (SER in charge).

Rosemary Withers, CHPS

- Facilitated Young Athletes training presented by Director of Special Olympics Arkansas. This inclusive sport and play program is for children, k-5th grade, with and without intellectual disabilities. The focus was on structured physical and health education activities that are important to mental and physical growth. The training also focused on a service learning program. Program materials were distributed. Several Young Athletes kits were distributed to school districts represented. Five people participated.
- Facilitated Increasing Inclusive Physical Activity and Health Education for 6th-12th grade students with and without intellectual disabilities. The Director of Special Olympics Arkansas presented on Project Unify, which includes unified sports such as physical education, competitions, young athletes, recreation, and a unified experience. Participants received program materials. Five people participated.
- Facilitated Yoga for Kids (K-6th), which was presented by U of A Cooperative Extension Service. The training provided a program overview, discussed how to use the program guide, and demonstrating and hands-on practice of the yoga poses. Program materials and posters were distributed. 12 people participated.
- Attended Jefferson County Growing Healthy Community meeting. Discussed upcoming bike rodeo: partnership with NovelT's, venue, volunteers for planning committee. CHPS drafted and requested input from GHC community members for sponsorship letter.
- Participated in More Google Apps training.
- Completed ArkPHA Convention Evaluation, completed Fitness Challenge Satisfaction Survey, and completed FY16 Arkansas Cancer Coalition Membership Survey.

Emailed to Andi, Sherry, Kimber and Julie 07/07/16