

## SE Region HHI Report—May 2016

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### Ashley:

The LHU participated in the Annual Armadillo Day Festival. Information on Physical Activity, Injury Prevention, Tobacco Prevention and Nutrition was given out to participants. LHU services were also given to festival on-goers.

The LHU participated in the annual Wilmot Family Health Fest. Information on Physical Activity, Injury Prevention, Tobacco Prevention and Nutrition was given out to participants. LHU services were also given to festival on-goers.

The Administrator gave two ATV safety classes in Ashley County. Participants received information on how to stay safe and protect themselves and others during the class.

### Bradley:

HHI coalition is working with New Beginnings to start a large community garden. Soil has been tested and the site is ready for a ground breaking. Pumpkins will be planted in the fall.

There was a Heart Health Event Sponsored by Bradley County Health Department, SEABEC, HHIL Coalition and Bradley County Health Department. Dr. M Weaver talked on Cardiovascular Disease and Kathy Hall RN from Hospital talked on AR Saves and Stroke Prevention and Early treatment. Information on Heart and Diabetes Education, WIC Facts, Immunization for Adults and children, Reproductive Health Clinic times and communicable Disease Outreach. Brochures were given of all Health Department Clinic Services.

Straight from the Driveway Event was held. Information on Heart and Diabetes Education, WIC Facts, Immunization for Adults and children, Reproductive Health Clinic times and communicable Disease Outreach. Brochure given of all Health Department Clinic Services

Bradley County Health Department and HHIL Coalition made educational bags for the Warren branch Library Walk a Thon for Children was held. 50 bags for children made consisting of jump robes, Frisbees, books and Old WIC Activity DVD). 50 bags for adults made consisting of WIC Facts, Nutrition Education materials.

### Cleveland:

The Re-newing Edinburg-Farm to Market 5K Run/Walk was held. Sarah Sturgis, PC RN, took blood pressures of participants, and we distributed bags with educational information concerning Hypertension, Stroke, Heart Disease, Diabetes, Injury Prevention, Tobacco Prevention including Act 811 activity booklets, SOS, Emergency Preparedness, Nutrition, Physical Activity, Poison Control hot line, Vial of Life information and bottles, Prostate cancer and other cancer related pamphlets and information.

### Desha:

HTN program continues with the enrollment process 160 thus far. Program still faces the challenge of the client meeting specific criteria or steps, still low actual enrollee's at this time, lots screenings and criteria being revised. Hired 5 new positions.

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Continues with the Col-po clinics in Dumas via a UAMS grant (schedule to end 08/2016)

Say Yes to Best continues to enroll maternity clients to participate, 34 at this time are maternity ready to breastfeed upon delivery and 10 currently breastfeeding

Desha County has a new County Child Abuse and Neglect Council.

McGehee held a Grand Opening at the newly renovated hospital.

Desha County held the Annual Go Red Event in Dumas. There were 103 participants who received information on how to keep their hearts healthy. Participants also received information on the dangers of using tobacco and how it increase chances for having heart issues.

### CHNS/CHPS

#### **Cassie Lewis, CHNS**

- Participated in Career day at Lincoln Elementary School. CHNS spoke to approximately 380 students on health care careers. Also used equipment such as BP cuffs/stethoscopes, empty syringes, masks, etc. to show some of the materials used in healthcare to promote prevention and wellness. Spoke of problems in communities with BP, Strokes, Heart Disease and preventive methods, tobacco being one of the main causes of many of these illnesses.
- CHNS provided tobacco education with verbal communication, brochures, and CO2 monitoring for those visiting table at the Operation Stand Down event for Veterans. Fifteen people visited the booth with seven taking the CO2 test. One client, who was already participating in smoking cessation classes, had a reading of nine. Another client had a reading of 12, referred to Arkansas Tobacco Quitline to speak to a counselor. Four clients were exposed to second hand smoke with readings ranging between two - three. Communicated the dangers of second hand smoke and provided brochures on subject. One client exposed to second hand smoke with a reading of six referred to the Arkansas Tobacco Quitline.
- Participated in planning meeting with the Operation Stand Down Group at the F.C. Civic Center for upcoming event on the 20th. CHNS assisting with getting resources from the community to provide health screenings and health education for the event.
- Provided information on World No Tobacco Day contest to schools in GREC service area.
- Provided weekly updates on the BMI Data entry and encouraged nurses with less than 95% of data submitted to work on getting data submitted by next week.
- Provided school nurse survey link for nurses in the GREC service area and encouraged to complete part one and two of the survey in the database.

#### **Lisa England, CHNS**

- Prepared for and conducted “Blow Bubbles not Smoke” activities at local schools.
- Attended SER HHISS Meeting; shared CHNS updates.
- Great amount of time spent preparing for SEARK ESC two-day CSH Luau.
- Attended planning meeting– Children’s Festival meeting for April 22, 2017.
- Conducted school nurse visits.

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### **Rosemary Withers, CHPS**

- Completed ARESC Annual Report.
- Attended SER HHISS Meeting; shared CHPS updates.
- Attended AR Cancer Coalition meeting.
- Attended Central Region HHISS via phone.
- Attended Jefferson County Growing Healthy Community meeting.