

SE Region HHI Report—March 2016

Ashley:

A presentation was done at the Sr. Citizen place in Crossett. They received information on Injury Prevention (Slips, trips and falls). They also received information on Tobacco prevention and the harmful effects of carbon monoxide. They had the opportunity to do a few exercises and learn about good nutrition. The Administrator will be doing health related presentation on a regular basis in Hamburg and Crossett.

Ashely County now has a new county health officer. Dr. Rankin retired.

Bradley:

HHI coalition is working with New Beginnings to start a large community garden. Soil has been tested and the site is ready for a ground breaking. Pumpkins will be planted in the fall.

Cleveland:

The County Extension Office held an event at Rison Baptist Church. The administrator was on hand to share information on Zika Virus. There were 15 in attendance.

Desha:

HTN program continues with the enrollment process 102 thus far. Program still faces the challenge of the client meeting specific criteria or steps, still low actual enrollee's at this time, lots screenings and criteria being revised. Some funding has been adjusted thus causing the hold off of hiring more employees.

Continues with the Col-po clinics in Dumas via a UAMS grant (schedule to end 08/2016)

Say Yes to Best continues to enroll maternity clients to participate, 36 at this time are maternity ready to breastfeed upon delivery and 10 currently breastfeeding

Desha County Hospital held a baby shower for expecting moms. The Administrator provided information on Purple Period of crying and back to sleep. All participants were also given information on the dangers of second hand smoke. There were 11 participants who received the information.

CHNS/CHPS

Cassie Lewis, CHNS

- Assisted new school nurse with performing Hearing, Vision, Scoliosis and BMI screenings.
- Communicated with school administration and school nurses on behalf of Arkansas Children's Hospital for opportunity for schools to utilize telemedicine sponsored through a grant. One school chose to participate-Clarendon School District.
- Met with local Food Service Director and school nurse. Provided information on Wellness requirements, ways to improve nutrition and physical activity, School Health Index, and other information beneficial to conduct effective wellness committee meetings.
- Provided flyers on nutrition to 25 nurses in GREC service are for the install news holders in schools for National Nutrition month.
- Attended Epinephrine training.

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- Assists School Nurse Consultant in collecting data relevant to school nurses upon request as well as providing/clarifying information from School Nurse Consultant to school nurses and school staff.
- Reviewed updated Strategic plans and goals and TPCP goals.

Lisa England, CHNS

- Moderate amount of time spent planning for April 16th Kids Fest event.
- Hosted Break the Cycle training at Southeast Education Cooperative.
- Attended Epinephrine training.
- Conducted School Nurse visits and assisted School Nurses with various school health care needs and screenings.
- Attended SER HHI/Administrators meeting.
- Attended SEATRAC Injury Prevention meeting.

Rosemary Withers, CHPS

- Attended Coordinated School Health meeting: Updated on creating a healthy school environment through policy, school nurse updates, hydration education and heat illness prevention for school-aged children, state perspective: water policy development in schools, and Rison High School success story regarding water policy.
- Attended Safe School Health Initiative meeting: Updated on 2015 YRBS data, strategies to prevent underage sexting, and unsafe and healthy parental involvement.
- Participated in Dollarway Wellness meeting: Provided the Framework for Healthy Active Arkansas, invited members to join Jefferson GHC meetings, and briefly discussed policy issues.
- Attended CHPS meeting: Discussed BMI resource packet; schools mentoring schools initiative, Special Olympics, Indistrar, potential conferences to attend, potential trainings, and School Wellness Committee toolkit. CHNS/CHPS meeting: Discussed the Arkansas Department of Health Strategic Plan for Tobacco Use and related objectives.
- Participated in the Southeast Region site visit with ADH Director, Minority Health Director and SE Region Director.
- Participated in Jefferson County Growing Healthy Communities meeting: Discussed logo, Healthy Arkansas Summit, and agenda items for celebration meeting.
- Presented at Arkansas Community Correction on nutrition education, which focused on MyPlate recommendations, shopping tips, and portion control. Provided handouts on “Reading Food Labels is a Healthy Habit”. 325 people participated.