

SE Region HHI Report—June 2015

Ashley:

The Administrator has begun to work with Ashley County Mayors on SOS/Tobacco Free/E-Cig policies for city parks, city buildings and changing city ordinances. She has provided each of the sample policies.

Presentation was given to the MASH/CHAMPS program at hospital about the LHU/HHI, tobacco, injury prevention, all the services that the LHU provides, the health careers available at ADH

The Administrator has shared the Ashley County Matters and the County Health Rankings reports to the local businesses and officials.

Bradley:

Discussion has started to work with the Cooperative Ext. to start a community garden in Warren. The hope is to start with some raised beds. There will be more discussion on this at the next HHI meeting.

Chicot:

The Administrator has been working with the 3 mayors and judge in Chicot County. They are in the planning process of a few events coming in the near future.

Chicot County held the Birthing Project Retreat. Moms and Moms to be were given information on services of the Health Department, They also had the opportunity to be educated on various topics throughout the day.

Chicot County held its Farmers Market Season Opening. Information was given to attendees on Hypertension, Tobacco Prevention, Physical Activity and Local Health Unit services.

Cleveland:

The Kickstart Cleveland County group is still meeting. There were approximately 25 attendees at the last meeting. The group is still in the planning process. They have implemented a farmers market.

Bed Bug Prevention for Travelers, Mosquito Bite Prevention and Tick-Borne Diseases in Arkansas information was given at the Quorum Court meeting.

PBS Big Summer Activity Book, Color Me Safe coloring books, Activity book--Ouch! Splat Ouch! Splat-Mosquitoes are a real pain and crayons were distributed to 4-7 year old patients receiving immunizations.

A Juneteenth Celebration was held. Tobacco Prevention, Injury Prevention and Clinic services were shared with the participants. There were approx. 100 people on hand to receive the information.

Presentation was given at CASA (Court Appointed Special Advocates) on Tobacco Prevention, Injury Prevention, Physical Activity and PHP. There were approx. 12 attendees.

Desha:

Say Yes To Best continues to enroll maternity clients to participate, 38 at this time are maternity ready to breastfeed upon delivery and 4 currently breastfeeding.

A safe sleep event/training was held. Education was given on ways to decrease risk of infant mortality/morbidity. There were approx. 20 people presents for the event.

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A safety baby shower was held at the hospital in Dumas. Safety education was given to all participants. There were 11 moms present and nine caregivers that were on hand.

A teen pregnancy prevention presentation was given at Phoenix Youth. Twelve teens were present to receive the information.

Tobacco prevention, Injury prevention and Clinic information was presented to the Dumas Head Start. There were 18 present for the information.

Star Health Planning Committee Celebration was held. Information on the program and its successes were discussed. There were 20 members present.

Back to School Immunization clinic was held in Dumas.

Lee:

The Lee County HEC held its 3rd annual health fair at the Marianna Civic Center. Participants were asked to register and 182 participants signed in. Over 25 vendors participated in the event. Drawings for door prizes were done throughout the event. The following was provided at the event: health education and awareness, free screenings, nutrition recipes and demonstrations, healthy snacks, healthy lunch for participants and vendors, train rides for the kids, legal aid for the elderly, exercise demonstrations, Zumba, cake walk, fun and fellowship. The LHU was a vendor and we provided lots of door prizes and freebies for the event. Other ADH staff that were vendors: Hospice, Tobacco Prevention, BreastCare, IHS & BP screenings and LHU informational booth. Overall the event was a huge success.

Lincoln:

A newspaper article was sent to the Lincoln Ledger to educate on mosquito infestations and how to prevent this from occurring.

Prairie:

The school districts are in the process of working with the CHNS to get a comprehensive tobacco policy in place.

A presentation was given at DeValls Bluff on the dangers of leaving kids in cars and heatstroke warning signs approx. 10 people received the information.

CHNS/CHPS

Cassie Lewis

- Partnering with Central Region CHNS to write an ATRAIN CNE packet for the UAPB Minority Health, and Clearing the Air organization for the Annual Strike it out Tobacco Conference.
- Provided an interactive tobacco prevention booth at the Annual Health Education Consortium Health Fair in Lee County, Marianna, AR. Discussed dangers of tobacco in all forms, used tobacco models (Mr. Gross Mouth, Tar in a Jar, Black Lungs, and Pico monitor testing to show the dangers of and health effects of tobacco on the body.). Act 811 cards were provided for parents to show the danger of smoking in cars with kids. Information was also provided on secondhand smoke and the

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Arkansas Quitline for those who expressed a desire to stop using tobacco. The booth was visited by 35 participants with 11 participants taking the Smoklyzer tests. The participants were provided with information on the effects of CO₂ on the body's performance related to the use of tobacco products, especially smoking. Provided magnets with the Arkansas Quit Line number for assistance with quitting. Over 100 people attended the health fair.

- Creating a tobacco board related to CO₂ monitoring and effects of tobacco use. Design borrowed from another CHNS to create effects.
- Provided the last flyer for this school year for three school districts (seven nurses) with install news holders to schools still in session. Schools included Marianna, Helena/West Helena/ and Barton. Flyers provided on How to prevent Heat Related injuries.
- Attended ASSIST Training in Pine Bluff. ASSIST is an evidence-based Suicide Training which explores the participant's attitudes and preconceptions about suicide and instructs on ways to better understand the needs of the person who is at risk of suicide and how to use suicide first aid to assist those in need. It was a very informative and interactive workshop that engaged the participants in connecting with suicide, understanding choices, and assisting life as a caregiver in preventive efforts.
- Presented on Shaken Baby Syndrome at the Safety Baby Shower sponsored by the Northeast TRAC and the Family Nurse Partnership program. The Nurse Family Partnership staff presented on all safety aspects for the new infant, moms and caretakers. CHNS used the model Reality Doll to demonstrate how shaking a baby can be detrimental to the infant and leave the families with the devastating effects, possibly even the death of the infant. Nine mothers/mothers to be attended the shower along with two supporting grandmothers and another support person. Car Seats were provided for appropriate ladies who were assisted with certified personnel to install the car seats. Smoke Detectors, Carbon Monoxide detectors, and water temperature thermometers were also provided for participants.

Lisa England

- Provided a two-day health workshop (Luau) at the Southeast AR Education Coop. Topics included Injury Prevention, Tobacco Prevention, Suicide, US, Arkansas and County Trends in Adolescent Sexual Health and Wellness Committees: How to Keep Your Committee Active and Healthy (40 participants evaluations ranged from 89-94%).
- Attended Lifeline/Making Educators Partners training.
- Assisted SEATRAC with Car Seat Safety Checks at Pink Tomato Festival in Warren.
- Provided Safe Baby Presentation-CHW Birthing Project (12 participants)
- Planning meeting with LHUA and Lake Chicot State Park Ranger regarding conducting a Basic Bicycle Skills Clinic in the park.

Liz Mercer

- Provided ASIST two-day training at Southcentral Coop in Camden on June 11th and 12th. Tobacco booth set up in room with gross mouth, CO monitor Quitline Act 811, Cardiovascular Health,

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Referral Fax form, 2 A's & R, Quitline line cards, and other SOS brochures were displayed. Education on all tobacco materials was discussed in presentation (15 participants).

- Provided ASIST two-day training at ARESC in Pine Bluff on June 16th and 17th. Tobacco booth set up in room with gross mouth, CO monitor (with participants reading from 2-10ppm's). Quitline was offered to participants that were over 6ppm and for family/friends who smoke. Act 811, Cardiovascular Health, Referral Fax form, 2 A's & R, Quitline line cards, and other SOS brochures were displayed. Education on all tobacco materials was discussed in presentation (22 participants).
- Provided Gatekeeper's presentation at ARESC for school staff. This met ADE's required Suicide Professional Development for 2015-2016. Tobacco booth was set up with CO monitor, Tobacco Quitline Cards, Gross mouth, Act 811 Cards and Health information about Tobacco related diseases (15 participants).
- Attended Southeast Co-Op Luau assisted with suicide presentation.
- Attended School Health Conference, was responsible for registering nurses to A-Train and keeping up with CNE'S, faxed all sign in sheets to Little Rock.
- Attended Cleveland County Kick Start in Woodlawn: Community members brainstormed on ways to improve the community and build economic development in Woodlawn area. Farmers Market started June 6th at Woodlawn Community Park.
- Attended meeting in Stuttgart; brainstormed ideas to reenergize Arkansas County Partners in Health.

Rosemary Withers

- Assisted with School Health Conference: Proctored four breakout sessions: Positive Behavior Interventions and Support; Seeing the Whole Iceberg; School Partners in Youth Suicide, and Suicide Prevention: the Jason Foundation.
- Comprehensive tobacco policy follow-up resulted in two school districts (Dollarway and White Hall) including policy in handbooks as a package to be voted on in the next School Board meeting. Other districts are in the process of making a decision or have made a decision.
- Attended Grand Rounds: Addressing Childhood Obesity in Schools: Current Status and What Arkansas Should Do to Improve and Grand Rounds: Adversity in Early Life Changes: Brain Structures & Function Resulting in Lifelong Poor Health.
- Participated in train the trainer in Making Educators Partners in Youth Suicide Prevention founded by the Society for the Prevention of Teen Suicide. Goals include to increase awareness of youth suicide; outline the role of educators in prevention, and to increase strategies for dealing with at-risk students.
- Presented on the dangers of smoking and its negative effects for Empowering Daughters of Destiny: Utilized as illustrations, a human lung model, jar of tar, yuck mouth and pregnancy and smoking model. Provided 101 Smart Reasons to be Tobacco Free activity books (approximately 42 participants).

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- Attended Applied Suicide Intervention Skills Training: Discussed attitudes about suicide, understanding the needs of a person at risk, practiced assisting, and practiced working together with other caregivers.
- Co-facilitated and trained to conduct U of A Cooperative Extension Yoga for Kids, a 4-H Healthy Living Program. Received curriculum, yoga DVD, yoga music, certificate and other items (approximately 20 participants).