

**Southeast Region
CHNS/CHPS Report
September 2015**

Cassie Lewis, CHNS

- Collaborating with TPCP and schools in Forrest City and Barton on obtaining tobacco prevention signs for schools that have a comprehensive tobacco policy. Contacted Principals of both elementary schools about obtaining the comprehensive tobacco signs from TPCP. Working with Forrest City to update their tobacco policy to include consequences for infraction.
- Provided copy of new tobacco laws (Act 1235 of 2015) regulating vapor products, alternative nicotine products, and E-liquid products to schools in GREC service area.
- CHNS provided a Tobacco Information Booth at the Mayor’s Annual Cancer Expo in St. Francis County. CO2 Monitoring also provided.
- Attended the Coordinated School Health Meeting. Important new information on ACSIP and Indistar shared with school contacts. Information on GoNoodle, Active Recess, eSchoolPlus Medical and Smarter lunches shared during the meeting.
- Attended the Safe Schools Health Initiative (1305 Grant) meeting. Information provided on Curriculum Making a Difference and Making Proud Choices, participation in the YRBS, New requirements on Dating Violence Awareness, and Homeless Program Information for schools.
- Attended SFC Hometown Health Coalition, shared nutrition information with group on importance of eating Fruits and vegetables. Provided a flyer with types of fruits and vegetables and vitamins and minerals contained in each (nine participants). Also shared social media resources information related to childhood obesity and National Childhood Obesity Month with coalition and schools in GREC service area.
- Collaborating with Local SFC Administrator on School Flu Preparations. Offered assistance to all HHI Administrators in counties services. Forrest City is the only Administrator requesting assistance. Will also work with Flu in Helena/West Helena at request of DM.

Lisa England, CHNS

- Conducted CSH AmeriCorps Training on Community Service: Discussed rate of student tobacco use and the two tobacco prevention projects they can choose from to complete in the Spring— “Kick Butts Poster Contest” or “Tobacco Will Send You to an Early Grave.” Also shared the importance of conducting tobacco prevention activities within the elementary schools. (16 AmeriCorps members and 2 staff members).
- Met with SEARK ESC Superintendents regarding tobacco signage for the following school districts: Cleveland County – 8; Monticello -14; Drew Central – 12; Hamburg – 14.
- Conducted Updated Version of “New Trends” presentation for CSH AmeriCorps members. (17 members, 2 staff members and 1 coach).
- Met with new school nurse. Worked on record maintenance and organizing nurse’s station, Medication Administration, Management of Controlled Substances, IHPs and EAPs.

- Met with new Hamburg school nurses regarding Medication Administration, Management of Controlled Substances, and discussion of state required screenings. Met with Crossett school nurse and discussed Health Services management, delegation of health services and ensuring nursing office is safe and orderly.
- Conducted Scoliosis Training for School Nurses at ARESC (6 participants certified).
- Preparing for CCCHSF (Chicot County Children's Health and Safety Festival). Ordering items for event and purchased bicycles for cooperative donation. Facilitated several CCCHSF planning committee meetings. Topics included the need for a local fiduciary and recruitment of additional volunteers; assessing what items were on hand and what items were still needed; recruiting community volunteers and letting them know what is still needed for the festival. Went to the park to walk the area the event was being held to ensure children would be safe; progress and work on specific items for registration, tracking children's progress through the event stations, etc.

Liz Mercer, CHNS

- Provided Vision Hearing Training at ARESC for school nurses. This is a mandatory training for school nurses so they will be able to screen students in the school. CO monitor, Tobacco Quitline Cards, Act 811 Cards and Health information about Tobacco related diseases was discussed (6 participants).
- Provided Jefferson County, Stuttgart, Sheridan, PCSSD, NLR,LR nurses: Spreadsheets for New School Nurse Survey 2015-2016, Special needs for after school activity-ACT 833, ACT 1437, ACT 757, Sample School District Policy for Suicide Prevention (also placed on SE region website), ARKids renewal flyers, Information about Funds available for New and ReCompleting Arkansas AmeriCorps Programs and information on alcohol poisoning in children –related to hand sanitizer.
- Attended Dollarway District Wellness Committee discussed school suicide policy. Sample suicide policy was given to Asst. Superintendent and committee will discuss next meeting (10 participants).
- Attended Arkansas Partners in Health: discussed plans for coalition, providing ASIST to community.
- Provided Gatekeeper's presentation at Dollarway High School. This presentation met ADE's required Suicide Professional Development for 2015-2016. Evaluation showed that 95% learned something they did not already know. Also discussed Lifelines as a curriculum that could be implemented in the schools; ASIST training; fire safety and drop boxes for old medication and information where those sites are given. ACT 1099 Laminated signs were given to the school to place on doors (33 participants).
- Attended the New School Nurse Conference; responsible for A-Train registration for BMI and New Nurse Conference.
- Act 811 Cards were stapled to all flu vaccine permission forms sent home to the parents for flu clinics; education was provided to school nurses on Act 811 card. Parents received information on the Act 811 card to better educate them to the law, effects of secondhand smoke, and the

quitline number if anyone would like to quit: A total of 13,128 parents and children will be educated from the cards sent home.

- 912 parents and children at LL Owen
- 1,240 parents and children at Watson Chapel Jr. High
- 2,484 parents and children at Watson Chapel High and Coleman Elementary
- 2,254 parents and children at James Matthews/Dollarway High
- 4,638 parents and children at White Hall High, Taylor, Gandy, Moody, Hardin
- 1,600 parents and children at Broadmoor and Southwood

Rosemary Withers, CHPS

- Conducted Obesity Prevention Education and Body Mass Index Training for School Nurses (provided BMI handouts).
- Participated in Dollarway Wellness Committee meeting: followed-up on components of comprehensive tobacco policy and updated on sexual health education work plan and budget.
- Participated in Pine Bluff SD Wellness Committee meeting: Discussed and emailed flyer for 5K Run-Walk-Dance; emailed Action for Healthy Kids Ideas for Rewards and Parties; discussed plans to present oral health education and tobacco trends in schools.(approximately 21 participants).
- Participated in Arkansas Community Correction Information Fair: Set-up booth and provided Act 811 fact sheets and Healthy Foods Under \$1 Per Serving handouts. Displayed and discussed nutrition food model portion control, jar of tar, and yuck mouth. Provided 50 of the following: What are the Signs of a Heart Attack; How Can I Lower High Cholesterol; and How Can I Lower High Blood Pressure handouts (approximately 219 participants).
- Participated in 5K Run-Walk-Dance: Set-up booth and provided CO2 monitor screenings, Provided Act 811 fact sheets and Healthy Foods Under \$1 Per Serving handouts, displayed and discussed nutrition food model portion control, jar of tar, and yuck mouth.
- Attended Double Up Food Bucks training: Discussed how Arkansas can implement this program statewide, which allows SNAP recipients to double their dollars at the Farmer's Market to purchase fruits and vegetables therefore, making these items more affordable.
- Attended Suicide Prevention Conference: Updated on state of suicide in Arkansas, facts and fiction related to suicide, survivor's perspectives, suicide on college campuses, trauma in veterans, suicide in vulnerable populations, and possible solutions to suicide.