

**Southeast Region  
CHNS/CHPS Report  
October 2015**

**Cassie Lewis, CHNS**

- Provided information on TPCP mini grants for preventing initiation of tobacco use among Youth to schools in GREC service area. Also provided information for New School Nurses on programs for tobacco to use in lieu of suspension for violators and information on Second Chance, ASPIRE, and Arkansas Quit line.
- Participated in the annual Health Fair at Boar's Head Provision-Company employing large part of the county. CHNS provided tobacco education booth and CO2 monitoring. Over 75 people visited the booth. 31 persons participated in the CO2 monitoring. 4 fax-back quit line referrals were completed and 15 persons received the quit line toll free number on magnets for personal use or to give to friends or loved ones. Tobacco education included brochures and discussion on dangers of tobacco use in all forms, tobacco use and Cancer, diabetes, lung disease, Asthma, cardiovascular disease, and effects on health; use of tobacco models, tobacco displays, and educational information on tobacco, CO2 levels and its effect on health.
- Provided Hearing and Vision Certification training for new school nurses (4 in attendance). Utilized CDNS in Regional office for training on immunizations and WebIZ information. Also provided BMI and Scoliosis Certification training for new school nurses (4 in attendance).
- Attended Public Health Grand Rounds webinar sponsored by CDC on "E=Cigarettes, an emerging Public Health challenge. Topics included "Patterns of E-Cigarette use among U.S. adults and youth"; "Health Consequences of electronic cigarettes"; "E-Cigarettes in Washington State: On the front lines"; and "Attaining a Tobacco-Free Generation and the Emergence of E-Cigarettes."
- Participated in Greet N Treat for Lee County Community residents. CHNS provided a booth with tobacco education materials for parents and provided candies and treats for the kids. Over 50 parents visited the booth and received information on dangers of tobacco use and how it affects their health. It was a fun-filled educational event for both parents and youth.
- Participated in six school flu clinics.
- Conducted three site visits to schools to assist new school nurses.
- Site visit with nurses at Barton and Marvell and discussed Wellness committee meetings and Comprehensive Tobacco policy updates. These will be discussed in next wellness Committee meeting. Copies of updated templates also provided.

**Lisa England, CHNS**

- Compiled New School Nurse Guidance Manual for use with the new School Nurse Orientation Check off List (3 new Nurses hired in past week).
- Participated in 11 school flu clinics.
- Provided Warren School District AmeriCorps with oral health kits (dental bags containing toothbrushes, 2-minute timer, and toothpaste and handouts) to accompany Dragon Z Oral

Health Lessons. Also provided the health unit with children's oral health items and injury prevention bags for upcoming events within the community.

- Conducted Chicot County Children's Health and Safety Festival. Set up Bicycle Skills and Safety stations with volunteers and park rangers, AmeriCorps and CHNS conducted helmet and bicycle fitting and safety stations. Park rangers conducted bicycle skills stations. Setup for Chicot County Children's Health and Safety Festival and conducting volunteer orientation with the park ranger (180 participants).
- Desha County-McGehee School District-"Making Educators Partners Suicide Prevention and Awareness Training provided to 150 educators and staff members.
- Bradley County Health Unit-Injury Prevention Items for Bragg Street Festival.
- Provided In-service for Dumas Wellness Committee on conducting SHI electronically and State and Federal Wellness Committee requirements. Superintendent, principals, food services, health services, counseling present.
- Collaborated with Pat Breaux to set up dates for each of the three Lifelines Trilogy trainings, December 10th, January 12th, and February 9th. Filled out ESC and Room Scheduling Forms for each of the three trainings. Submitted information for funds for participants' lunch. Flyers out to schools.

#### **Liz Mercer, CHNS**

- Provided Vision and Hearing Trainings at ARESC for Little Rock, PCSSD, & Pine Bluff school nurses was done on October 1, 2015. This is a mandatory training for school nurses so they will be able to screen students in the school. CO monitor, Tobacco Quitline Cards, Act 811 Cards and Health information about Tobacco related diseases was discussed (six participants).
- Partnered with SEATRAC to conduct Car Seat Safety Check at Timberfest in Sheridan on October 2, 2015 20 seats were donated from local insurance companies. 18 Child seats were checked in two hours resulting in 10 seats being replaced with a proper car seat. Act 811 cards were given to all drivers. Drivers were educated on ACT811 card. Event was placed in Lighthouse paper.
- Provided information to NLR, LR, PCSSD, Dollarway, Watson Chapel, White Hall, Stuttgart, Pine Bluff and Sheridan school districts about My reason to write, placed on SE Region Website.
- Assisted Jefferson County with nine school flu clinics and Grant County with two school flu clinics. Also assisted Jefferson County Health unit with SEARK Health Fair with Flu 135 shots given, Act 811 cards given to participates and explained the law and flu clinic at ARESC.
- Assisted with Mass Flu Clinics at Grant County Health unit and Cleveland County Health Unit.
- Participated in ARESC HIPPY annual health screenings; screened 134 Hippy students in Vision.
- Act 811 Cards were stapled to all flu vaccine permission forms sent home to the parents for flu clinics. Staff was educated on the Act 811 card. The parents received information on the Act 811 card to better educate them to the law, effects of secondhand smoke, and the quitline number if anyone would like to quit. A total 1,830 of parents and children will be educated from the cards sent home.
  - 150 parents and children at First Presbyterian Day School
  - 150 parents and children at Cosmic Kids

- 100 parents and children at Ms. Sonya's Childcare
- 1090 parents and children at St. Peters Head start, West Meadows Head start, Royal Oak Head start. Haley Head start, Chester Hynes Community Center Head start
- 300 parents and children at Kids first/UAMS
- 40 parents and children at Nina's Angels
- Act 811 Cards were stapled to all flu vaccine permission forms sent home to the parents for flu clinics; education was provided to school nurses on Act 811 card. Parents received information on the Act 811 card to better educate them to the law, effects of secondhand smoke, and the quitline number if anyone would like to quit: A total of 9,412 parents and children will be educated from the cards sent home.
  - 200 parents and children at Quest Charter School
  - 1,484 parents and children at White Hall Jr High
  - 6,878 parents and children at WT Cheney, Pine Bluff High, Jack Robey, Belair, Forrest Park Pre-School, First Ward.
  - 850 parents and children at Edgewood Elementary.

#### **Rosemary Withers, CHPS**

- Attended White Hall Wellness Committee meeting: Promoted Preventing Initiation of Tobacco Use among Youth mini grant.
- Participated in Timberfest: Set-up booth and provided CO2 monitor screenings, displayed and discussed nutrition food model portion control, jar of tar, and yuck mouth. Provided Internet Safety coloring books and Be Real Smart Winners Say No to Tobacco activity books. Approximately 25 people participated and one person was referred to Tobacco Quit line.
- Participated in Southeast Arkansas Technical College Health Fair: Set-up booth and provided CO2 breathe test, displayed jar of tar, yuck mouth, distributed Act 811 cards. Referred one person to Tobacco Quitline.
- Participated in Old Morning Star Health Fair: Staffed booth with display of jar of tar, yuck mouth, nutrition food model, Healthy Foods Under \$1 Per Serving handouts, Act 811 fact cards, internet safety coloring books, tobacco activity books. Provided breath test using Smokerlyzer to approximately 40 participants.
- Attended Arkansas Coalition for Obesity Prevention meeting: Updated on Healthy Active Arkansas Plan, work team updates, grants, and other activities.
- Checked flu forms for accuracy at six school flu clinics (685 participants)
- Checked flu forms for accuracy and routed participates to nurse's stations at Grant County Mass flu clinic.
- Checked flu forms for accuracy at Stuttgart Mass flu clinic.