

**Southeast Region
CHNS/CHPS Report
November 2015**

Cassie Lewis, CHNS

- Attended St. Francis County HHI meeting: presented tobacco presentation on E-Cigarettes from CDC's recent Grand Rounds presentation on E-Cigarettes and its impact on Public Health especially within the youth group. Members had requested more information on this topic at last HHI Meeting. Thirteen members present for presentation, along with 3 visitors from the community Soup Kitchen for whom donations of canned goods were provided at this meeting from group members.
- Contacted schools in GREC service area again about policy development for comprehensive tobacco policies. Contacted each Superintendent and school wellness committee chair.
- Site visit with new school nurse in Forrest City SD. Discussed school screenings. Provided hand washing bookmarks for kids and SOS pencils. Also conducted a site visit with Forrest City Junior High school nurse.
- Site Visit with new school nurse in Lee County; clarified information on vision screenings for Preschoolers and Kindergartners.
- Site Visit with new school nurse at Central Elementary, discussed upcoming dental screenings to be done by local dentist. Utilized FERPA forms with some critiquing for parental permissions. Provided sample templates which can be used for school's data collection during screenings.
- Site visit with Marvell Jr. High School. Provided copies of tobacco, nutrition, and abstinence pamphlets for school nurse for upcoming presentations for students she is doing with the students.
- Provided information to school districts in GREC service area on the mini grants available for "Preventing Initiation of Tobacco Use among Youth through Policy and Engagement."

Lisa England, CHNS

- Provided Monticello and Drew Central Pre Schools with Aprons, paint, bubbles and Act 811 information cards to conduct "Blow Bubbles Not Smoke" Act 811 awareness campaign for 96 Pre-K students.
- Attended Planning Committee Meeting at UAM for the SEARK Children's Festival to be held April 18, 2016.
- Met with superintendents or assistant superintendents from Monticello, Drew Central, Hamburg, Crossett, Lake Village, McGehee and Dumas regarding Lifelines.
- Provided Monticello and Drew Central Schools with *Organwise* Guys Dolls, books, materials and VHS tapes.
- Provided New School Nurse Training for Hamburg School District School Nurse.
- Working on New School Nurse Training Manual for use in SEARK ESC area.
- Made packets for Lifelines Trainings and set up meals and payment.

Liz Mercer, CHNS

- Attended Dollarway School Districts Wellness Committee meeting, presented a model school suicide policy. Committee members asked questions and plan to move forward on a District policy was made. Committee members were given a model policy and will also research other model policies and start next meeting moving forward on their policy. ASIST trainings were discussed and training dates were given. Also mentioned was the Comprehensive School Tobacco policy, it was passed by board.
- Attended GHC meeting- Discussed obtaining GHC Blossoming Community status and 5K race.
- Attended Lifeline Postvention training.
- Provided information to school districts on RFA Mini Grants Posted - Preventing Initiation Of Tobacco Use Among Youth Open to Public Schools/School Districts; Kresge FOA: Fresh, Local & Equitable: Food as a Creative Platform for Neighborhood Revitalization; Spoil yourself (or someone else) at the ToothFairy Auction!
- Provided technical support for Quest Charter School on wavier for school nurse, received copy and sent to State Nurse Consultant.
- Participated in Woodlawn Mass Flu Clinic.
- Attended CHAC meeting in LR- Paula Smith reviewed School Nurse Survey results.

Rosemary Withers, CHPS

- Attended the Southern Obesity Summit (SOS): Participated in School Wellness Policies- Best Practices and Tools: discussed School Health Guidelines to Promote Healthy Eating and Physical Activity: Executive Summary; Action for Healthy Kids resources, CDC resources, and Local Wellness Policies resources. Attended numerous other sessions (schools, physical activity, systems change and collaboration, state meeting, policy, advocacy, etc.) which provided an opportunity to network with participants and obtain additional information and resources. Participated in Schools workgroup to describe the culture of Coordinated School Health for states represented at the table. Participated in state team meeting with Arkansas and Florida at SOS to discuss data sources, technical assistance, and other issues.
- Participated in roundtable discussion regarding Arkansas' 10 year Obesity Plan and other concerned issues.
- Attended the Farm to School Workshop: Educated regarding the following: procurement, farmers and food safety, marketing and nutrition education, preservation resources, grant funding, and participated in hands-on knife skills training.
- Attended Grant Writing Boot Camp: Practiced writing a grant proposal. Learned some grant writing tips and a new approach for future use. Received Grant Writing for Dummies book.
- Presented PowerPoint on Emerging Nicotine and Tobacco Products and displayed related products at Old Morning Star Church. Participants asked questions, made comments and shared useful knowledge related to products. 19 adults participated.
- Developed and emailed School Wellness Committee Workshop flyer to wellness chairs for distribution. Also emailed to wellness committees information on Farm to School Award Application and offered technical assistance.