

**Southeast Region
CHNS/CHPS Report
December 2015**

Cassie Lewis, CHNS

- Received and submitted updated comprehensive tobacco policy from the Marvell School District to Melody Weigel in TPCP with copies attached to Regional HHI Manager and CHNS Supervisor.
- Site visit to Marvell school District nurse. Provided informational flyers and pamphlets on tobacco prevention for students and staff: “More ways to Quit”, “secondhand smoke, it’s no joke,” and Arkansas tobacco Quitline brochures.
- Provided 25 tobacco prevention brochures, 20 Act 811 cards, and 20 Arkansas Quitline pamphlets for “Time for a Change” organization for youth leadership meeting.
- Participated in the World Aids Day event in SFC sponsored by Aids survivor and community educator working in conjunction with other businesses, ADH, DHS. CHNS supports this event by helping to pass out flyers and promoting attendance for HIV testing each year.
- Provided twenty Self-Care Handbooks on “living Well with HIV for World Aids Day sponsor and HIV/Aids survivor, Connie Roebuck Nash, who works with ADH on HIV/Aids Awareness and testing in minority and vulnerable populations. Information supplied in Handbooks from CDC, U.S. Department of Health and Human Services, and Center for Substance Abuse treatment’s National Hotline.
- Site visit with Marvell School Nurse, provided educational brochures from Prevention Resource Centers on Youth and Alcohol, tobacco, and drugs. Also provided brochures on youth and bullying, self-esteem and building assets.
- Survey to schools regarding attendance for Wellness Workshop to see if there is support or interest in attending the workshop.
- Site visit to Stewart school nurse. Answered questions regarding E-School workdays and contact (Al Miller) for E-School issues. Also discussed school screenings and offered assistance with any of the screenings.

Lisa England, CHNS

No report received.

Liz Mercer, CHNS

- Hosted a refresher on eschool for all nurses in district.
- Provided technical support to school nurse for AR School of the Deaf with flu clinic.
- Provided ASIST 2 day training at Bishop Park in Bryant December 3 & 4, 2015. Tobacco booth set up in room with gross mouth, Quitline was offered to participants and for family/friends who smoke. Act 811, Cardiovascular Health, Referral Fax form, 2 A’s & R, Quitline line cards, and other SOS brochures were displayed. Education on all tobacco materials was discussed in presentation (10 Participants).

- Conducted an ASIST 2 day training at ARESC December 10 & 11, 2015. Tobacco booth set up in room with gross mouth, Quitline was offered to participants and for family/friends who smoke. Act 811, Cardiovascular Health, Referral Fax form, 2 A's & R, Quitline line cards, and other SOS brochures were displayed. Education on all tobacco materials was discussed in presentation (8 Participants).
- Attended Family & Consumer Science Obesity Reduction Project meeting, topics discussed: Overview of Obesity Grant, Focus Groups, and suggested programs in Jefferson County.
- RN supervisor meeting held at ARESC on December 16, 2015. Provided updates including, eschool, insulin and epi laws in schools, ACT 935, Act 936, ACT 952, ACT 1437, ACT 833, Tobacco prevention strategies in schools were discussed (Second chance, Act 811, Effects on youth and smoking) Six districts participated.
- Watched E-cigarette Live Webinar.

Rosemary Withers, CHPS

- Attended the Pine Bluff School District Wellness meeting- promoted School Wellness Workshop; distributed framework for Healthy Active Arkansas obesity plan and emailed website. Distributed Arkansas Medicaid and ArKids First workshop flyer.
- Attended the Sheridan School District Wellness meeting: Distributed flyer and promoted School Wellness Committee Workshop, distributed framework for Healthy Active Arkansas obesity plan and emailed website. Distributed flyer regarding Arkansas Medicaid and ArKids First free education session for new enrollees. Distributed Fundraisers and Physical Activity Ideas flyer to elementary principals.
- Participated in the two-day Safe Schools Health Initiative meeting: updated on the following: Special Olympics Arkansas program (unified Sports which includes students with intellectual disability); American Heart Association programs (Check. Change. Control. Program, Go Red for Heart, Go Red for Women, Fit Friendly); dating violence awareness requirement for 7th-12th grade implemented in health classes using Break the Cycle curriculum; and the Billion Miles Race which schools may register to participate and apply for grant funding; and cultural competency.
- Attended the Grant County Hometown Health meeting: Distributed flyer regarding Arkansas Medicaid and ArKids First free education session for new enrollees.
- Participated in CHPS meeting: Discussed input for the BMI resource toolkit, Special Olympics Arkansas and other events.
- Attended the ArCOP Celebration meeting: Jefferson County Growing Healthy Community received recognition as a Blossoming Community.
- Participated in Univ. of Arkansas Ext. Services/ Obesity Reduction meeting- Jefferson County will determine priorities to reduce obesity with emphasis on policy, systems, and environmental changes.