

**Southeast Region
CHNS/CHPS
October 2014 Report**

Cassie Lewis

- Received school tobacco policies from West Memphis School staff and sent information comparing the policy to a more comprehensive tobacco policy so the workgroup could work on a more comprehensive school tobacco policy.
- Created Halloween Tobacco Bookmarks for upcoming Fall Festival. Provided bookmarks for parents of Trick/Treaters participating in the festival. 50 bookmarks with anti-tobacco messages provided for participants.
- Family driver education-Set the rules/Control the privilege presented by CHNS (C. Lewis) and CHPS (Rosemary Withers). Also invited Arkansas State Trooper to talk to youth/parents about safe driving. 14 youth with 7 parents participated in educational sessions. Information on GDL (Graduated Driver's License), latest data on teen driving, developing a teen driving contract for the family. The group was very engaging asking and answering questions. Booklets provided for both parents and teens for developing contract at home and for identifying violations and providing rewards for teens as they gradually progress to a safe driving level. Information also provided on Act 811. Cards also placed in each of the parents packets. No Quit line forms completed by any member of group. Satisfaction survey results taken from group at the end of the session revealed participants were satisfied to very satisfied with the educational session. Hep-6 also collected from those who agreed to take photos. Arkansas State Police staff member also reinforced training materials as he spoke to the group about the laws affecting teens and the parents of young teen drivers. Article written for Southeast Region Newsletter and forwarded to Shannon Borchert for print with pictures attached.
- Collaborated with a local church to bring breast care awareness to a congregation of about 70 women. A pink and white table was prepared in the foyer of the church and breast cancer health educational information was provided for the congregation. The women wore combinations of black and pink or pink and white and the men also wore pink ribbons on their lapels in support of the women. This was part of a month long campaign to bring about breast cancer awareness to the congregation and visitors from the surrounding area. A RN within the congregation shared a message centered on prevention and early detection. Members of the congregation (two breast care survivors who posed with the nurse) were there to prove that there is life after breast cancer and they are a testimony to breast cancer survival. With permission and Hep 6 forms, these pictures were taken of the survivors and the nurse. Article written and submitted to Shannon Borchert for submission into the Southeast Region Newsletter.
- Met with the new CSH Coordinator at Barton School and exchanged contact information. Requested Coordinator to let me know when has wellness committee meetings so I could attend. Also offered to assist her with any upcoming events in the school as a participant or with technical assistance.

- Discussed Sexual Health Initiative meeting with Marvell school nurse. Team is doing well with plans for program; will continue to collaborate with the team to provide assistance as needed.
- Participated in thirteen school flu clinics.

Liz Mercer

- Provided assistance to school nurses on IPV/OPV Immunization Validation.
- Provided assistance to all school about immunization and provided Updated FAQs for Immunization requirements.
- Provided technical assistance to schools about Ebola per October 8, 2014 Memo from ADH & CDC website so school nurses had better understanding of how to treat if a case occurred in their school.
- Attended Ground Round via Video Conference topic- High Value Health Care by Clark Fincher MD.
- Participated in ARESC Child Screening Clinic- provided vision screening to 150 Hippy students' ages 2-5 years; other testing provided that day was hearing, speech and a physical by a MD>
- Attended HHI meeting
- Attended meeting at Dollarway School District assisted with establishing project work plan and budget for Safe School Health Initiative.
- Participated in Flu clinics in three Grant County Schools and 15 Jefferson County Schools.

Lisa England

- Attended ADE Safe Schools Health Initiative Meeting to support McGehee School District in developing their work plan. Special guest speaker from the Center for Artistic Revolution (CAR) provided an overview of some of the trainings that they can provide to schools to begin to educate staff in areas of bullying; harassment; safe schools; and LGBTQ students.
- Provided Emerging Products Training at Coop for SEARK Counselors.
- Participated in planning meeting for November Injury Prevention event.
- Red Ribbon week tobacco prevention activities provided for local school districts.
- Working with ARESC CHNS to develop training/workshops for this school year.
- Attended planning meeting with Dr. Scott, Dr. Wilborn and Paula Smith.
- Collaborating with partners and plans being made for Bicycle Safety event/ Children's Festival.
- Collaborating with SE AR coop staff related to Americorp members and tobacco prevention activities.
- Collaborating with SER HHISS related to tobacco prevention signs for elementary schools.
- Participated in school flu clinics; organized school flu clinics for Lake Village and Dermott School Districts.

Rosemary Withers

- Participated in Sheridan School District Wellness meeting: reviewed and discussed Sheridan SD's tobacco policy and steps on how to make it a comprehensive policy, which includes the following items: checklist and sample comprehensive tobacco policy, Arkansas Tobacco Quitline Form and coverage information, SecondChance, Aspire, and MyLastDip programs (in lieu of

school suspension for tobacco violations). Discussed the possibility of posting tobacco install news messages in restrooms. The Committee Chair will talk with the Assistant Principals and Personnel Policy Committee regarding these issues. Discussed upcoming School Health Index workshop (January 28, 2015).

- Participated in Pine Bluff High Wellness meeting: Discussed Pine Bluff SD's tobacco policy and steps on how to make it a comprehensive policy. Provided and discussed same items as above. A meeting with the Deputy will be scheduled to discuss these same issues.
- Participated in Pine Bluff Lighthouse Wellness meeting: Discussed Pine Bluff Lighthouse's tobacco policy and steps on how to make it a comprehensive policy. Provided and discussed same issues as above. The Committee Chair will address these issues with the Principal.
- Coordinated three Cooking Matters at the Store tours. Tour guides provided shopping and budgeting skills to participants in purchasing whole grains, low-fat dairy, lean protein, and fruits and vegetables. Participants received a \$10 gift card to purchase from the four food groups. Intended outcome: educational (total of 29 participants).
- Participated in train the trainer for Cooking Matters at the Store event and recruited new volunteer tour guides.
- Participated in SEARK Health Fair. CHPS provided information on Act 811, tobacco education brochures, and other health related brochures such as asthma, nutrition education, and physical activity, jar of tar and related chemicals, pregnancy and smoking effects on unborn child. Completed two Fax Referral Forms for Quitline (approximately 30 students and staff participated).
- Co-facilitated and presented on Teen Driving Family Education training in Forrest City with Community Health Nurse Specialist (CHNS); provided brochures on the following: Arkansas' Graduated Drivers Licensing Law, cell phone use, seatbelt use, and parent's guide to safe teen driving (21 participants). Teens and parents received booklets on how to develop a driving contract.
- Participated in Sheridan Intermediate School Family Fitness Fair. Provided nutrition education, physical activity, and healthy lifestyle brochures. Also, provided a breath test to three adults to detect carbon monoxide in the blood using a carbon monoxide monitor. Completed one referral form (approximately 55 participants).