

**Southeast Region  
CHNS/CHPS  
December 2014 Report**

**Cassie Lewis**

- Provided school nurse contact information to Paula Smith at request of Bureau of Legislative Research for provision of survey to schools regarding data on students in schools needing IHP.
- Contacted Superintendents offices to set appointments to discuss comprehensive tobacco policies and other wellness related information. CHNS, HHI Administrator, and Community Grant Coordinator to meet with Superintendents after the New Year. Most requested to set dates after come back from holidays. Will call again after holidays.
- Contacted St. Francis County Emergency Management Coordinator to discuss this year's Prom Promise event. Will meet after the holidays to start making plans for this year's event.
- Shared copy of the Southeast Region Newsletter with the 29 school nurses in the Great River Service Area. Newsletter highlighted one of their colleagues who provided (with technical assistance from CHNS, Breast Care Program) Breast Cancer and Breast Care health education for over 70 members of their congregation.
- Shared again information to appropriate Schools in GREC service area information on "My reason to Write" poster as requested from TPCP.
- Information provided on Breast Care event at local church to public educator and outreach coordinator for ADH's Chronic Disease Prevention and Control Branch on request to post event with pictures on the Breast care website. Hepa-6 forms signed and on file for participants.
- Met with CHNS/CHPS, HHI support staff, and Regional Director to report on activities in counties and plan for upcoming activities and events in communities and schools. Talked about plans for distribution of new tobacco banners for schools, reporting on new School Health (sexual health) initiative at next HHIS/Administrators meeting in March. Also new products available for New Trends Presentation-keepers are Shannon Borchert and Kimber knight.

**Lisa England**

- December, 2014- Working on guidelines for Teen Tobacco Prevention Social Media Campaign. One of the projects they will be required to submit is for "Kick Butts Day."
- Attended CHNS/CHPS meeting.
- Attended CSH training.
- Attended Safe and Healthy Schools training.
- Met with Paula Smith, Cynthia Wilburn and CHNS Supervisors to discuss SCOT Training for February.
- Met with SEARK ESC Director to provide information related to the cooperative's tobacco prevention efforts this Fall 2014 and discuss tobacco prevention efforts for Spring 2015.

- Shared plans for Spring 2015 Teen Tobacco Prevention Campaign with EAST Labs with HHISS (9 HHISS personnel present).
- Information out to School Nurses regarding Drifted H2N3 Flu prevalence.
- Shared school emergency response sample plan with school nurses.
- Shared information/updates from State CHNS/CHPS meeting.
- Working with SEARK ESC on strategies for AmeriCorps members to identify community health issues and develop strategies to address the needs they identify among school children they work with; such as issues with child hunger-conducting canned food drives and packing and distributing non-perishable food items in back packs. They are also working on coordinating coats drives-a couple have already completed a coat drive.
- CSH AmeriCorps program-worked on improving process and outcome evaluation procedures this month (helped program coordinator to create program logic model).

#### **Liz Mercer**

- Provided assistance to school nurses on Peanut Allergy Policy for schools.
- Provided technical assistance to all school RN Supervisors on survey from The Bureau of Legislative Research.
- Provided technical assistance to Dollarway School with "Safe School Health Initiative.
- Attended via webinar "Electronic Cigarettes and cessation: The promise verses reality". Phillip Gardiner, Dr.PH discussed the use, sell and promotion of electronic cigarettes.
- Attended CHPS/CHNS meeting in Little Rock.
- Attended Cancer Coalition meeting in Little Rock.
- Attended SEATRAC Meeting- discussed injury prevention activities for 2015.
- Attended Child Health Advisory Committee via phone.
- Attended SER HHISS meeting.
- Attended ARESC staff meeting.

#### **Rosemary Withers**

- Provided technical assistance to Pine Bluff School District at the Safe School Initiative meeting and the Coordinated School Health meeting.
- Dollarway Wellness meeting: Reviewed current tobacco policy and steps on how to make it a comprehensive policy, which includes the following items: checklist and sample comprehensive tobacco policy, Arkansas Tobacco Quitline Form and coverage information, SecondChance, Aspire, and MyLastDip programs (in lieu of school suspension for tobacco violations). Discussed the possibility of posting tobacco install news messages in restrooms. The Coordinated School Health Coordinator and Nurse will include the sample policy in the proposed wellness policy for approval.
- White Hall Wellness meeting: Reviewed and discussed White Hall SD's tobacco policy and steps on how to make it a comprehensive policy. Provided and discussed same issues as above. The Assistant Superintendent will talk with Principals and Wellness Committee about these issues and make arrangements for the PTO to hear a tobacco trends presentation to raise awareness

of the consequences of tobacco use. Discussed upcoming School Health Index workshop (January 28, 2015).

- Per request from Equal Opportunity Commission, provided MyPlate presentation to senior citizens in Rison. Approximately 22 people participated.
- Participated in the CHNS-CHPS meeting, ARESC Staff meeting, and Community Health Promotion Specialists meeting.
- Participated in the Child Health Advisory Committee meeting.
- Participated in the Arkansas Coalition for Obesity Prevention Celebration meeting: Three levels of recognition were awarded: Emerging, Blossoming, and Thriving. The Jefferson County Growing Healthy Communities (GHC) was awarded a certificate for Blossoming Community. 14 other communities received this award.
- Submitted article and photo for Press Release to the Pine Bluff Commercial regarding Jefferson County GHC recognition level.
- Participated in the Regional Hometown Health Support Staff meeting.
- Worked with CHPS from Dawson Coop to plan upcoming SHI training.