

**Southeast Region
CHNS/CHPS
August 2014 Report**

Cassie Lewis

- Presentation to group of fifteen youth ages 10-15 at Beth Salem Church on dangers of tobacco products and how to stand up to peer pressure to tobacco, drug, and alcohol use. Use of tobacco models Mr. Gross Mouth, Jar of Tar, Black Lung, and Mr. Hairy Tongue to help promote educational message. Provided incentives-SOS activity books, SOS neon caps, SOS pencils, and SOS key chains. Before and after questions from activity book used as evaluation tool which was effective as 98% of youth were able to verbalize knowledge gained after the presentation (seven youth and six adults participated).
- Presentation to youth group age 2-9 at Beth Salem church on dangers of tobacco and oral health. Use of tobacco models and Mr. Clean Mouth with large tooth brush demonstrating proper brushing technique (eight youth and seven adults participated). Show of hands revealed 100% gained new information about dangers of tobacco and keeping teeth healthy. SOS pencils and coloring pages provided for the youth. School supplies also donated by local agencies to church for back to school give away this weekend. SFC HHI was one of the contributors for the event.
- TBI and Autism Spectrum Disorder Training with Aleecia Starkey held for West Memphis and Marion School districts. Fourteen participants in attendance (written evaluations.-98% excellent, 1 good, 1 fair).
- Meeting with Superintendents at Board Meeting along with Tracy Starks to share information on MITS program. CHNS presented on role as resource/liaison for bridging education and health. Also presented on plans, with superintendents' approval, to work with Wellness Committees this year to implement comprehensive tobacco policies to be placed in handbooks and school manuals for students and staff. Will follow up with Superintendents and keep them abreast of progress. Suzann will set up another meeting with the Special Education Supervisors to get them up to date on how Medicaid billing can occur in the districts. Tracy will return to do a presentation as that time.
- Assisted new teacher in Forrest City School district with setting up an account on ESC Works and registering for some professional development training.
- Met with Marianna school nurse- has organized information provided by CHNS last week on protocol for carb counting when new diabetic student comes to school next week. Parent will bring orders from physician.
- Communicated with Barton School nurse by phone. Advised of upcoming Medical APSCN training dates; also emailed information to both new school nurses.
- Teleconference a portion of the NETRAC meeting. Rest of meeting live and held in Memphis at the Medical Trauma Center.

- On air at KXJC (Forrest City and surrounding area) radio station and communicated to public about the Health Education consortium. Provided information on Hometown Health, Administrator, and CHNS role in HHI and the consortium.

Liz Mercer

- Participated at the Back to School Event: provided a display with an interactive dart game with tobacco facts on it, students had to guess the answer and were educated on the harmful effects of tobacco use and secondhand smoke. Pencils and armbands were handed out as prizes. 100 tobacco free pledge cards were signed by students, 25 Adults referred to Hotline cards with Hotline number and educational information on cessation were given to them, 100 Educational Activities books "Friends Don't Let Friends Bully" provided by C.O.D.E. were handed out and discussed with students.
- A presentation on Heatstroke "If you can't take the Heat get out of the Kitchen" was presented to the cafeteria workers from Woodlawn and Rison School District; PowerPoint included causes, risk factors, signs and symptoms, and preventions of heatstroke. The Video "Cool Down" was also shown. The effects of Tobacco uses and the Quitline were also discussed during the presentation (16 participants).
- Provided scoliosis training for School Nurses. Scoliosis training also involves training for a diabetic screening, Acanthosis Nigricans. These assessments are required to be conducted annually by school personnel. Tobacco Cessation/Quitline number was also discussed (11 participants).
- Mandatory Health Screenings Trainings provided to school nurses, Tobacco education is included in the hearing presentation PowerPoint as well. Injury prevention material- "Color Me Safe" coloring books were handed out telling them where they could get them for health fairs and how to discuss ATV and Bike Safety with Children (11 Participants).
- A Presentation given on Mandated Reporter/ Child Maltreatment to Early Childhood at ARESC. Video by Sherry Williamson was presented and power point handouts were given to go along with the video. Pre and Posttest were taken with increased knowledge on posttest. Effects of Tobacco use and Quitline number were discussed (16 Participants).
- Conducted a meeting at ARESC with all Jefferson County School District Nurses and Jefferson County Health Unit to set up this year's Flu Clinic schedule.
- Conference call with Child Health Advisory Committee discussed ACT 414 "Protecting the health and well-being of student in public schools by ensuring adequate and appropriate health care workers on site to attend to the students' needs,"
- Attended Baby Shower Training Workshop in Forrest City.
- Attended Grant County Hometown Health Coalition met new Health Unit Administrator Grant County Mass Flu November 7, 2014, received schedule for school flu clinics, discussed booth for Grant Co. Fair, sex/drugs education in schools, feeding the children during the summer program went 11 wk./ 100 children served, community garden have fiduciary now may apply for ArCop grant next yr.
- Attended ARESC staff meeting- Tobacco policy changed to include e-cigarettes

Lisa England

- Provided presentation on Emerging Tobacco Products to food services workers at Cleveland County Foodservice SD.
- Attended Baby Shower Training in Forrest City.
- Provided Vision, Hearing, and Scoliosis trainings at ARESC.
- Organizing school flu clinics for Lake Village and Dermott School Districts.
- Continue to mentor ARESC CHNS.
- Collaborating with partners and plans being made for Bicycle Safety event.
- Working with ARESC CHNS to develop training/workshops for this school year.

Rosemary Withers

- Participated in Back to School event in Stuttgart; engaged 125 families and students in SpinSmart Physical Activities game; provided nutrition education using portion control food models and provided tobacco education (jar or tar, effects of smoking while pregnant and yuck mouth, and tobacco brochures).
- Participated in Back to School at Jefferson Comprehensive Care Center; Provided nutrition education as it relates to portion control, physical activity interactive game, tobacco education using brochures, smoking baby model to explain the effects on a baby when pregnant women smoke, yuck mouth to emphasize oral cancer, stained teeth, bad breath, and jar of tar and its related chemicals. Two people were given the Quitline number. Approximately 200 parents and children were educated.
- Participated in CHAC meeting.
- Chaired Jefferson County GHC meeting; focused on grant project funded by Arkansas Coalition for Obesity Prevention and upcoming 5K/Run/Walk/Dance event slated for September 27, 2014.
- Participated in Grant County HHI meeting.
- Participated in Jefferson County Family and Consumer Sciences Sub-Committee meeting.
- Met with Arkansas School for the Deaf Wellness Chair to discuss wellness priorities.
- Participated in ARESC Back to School Staff Meeting.
- Presented BMI presentation to seven school nurses.
- Presented an in-service workshop on Diabetes Education to Food Service Workers. Focused on identifying, monitoring, and managing diabetes to stay healthy.
- Facilitated Cooking Matters at the Store Tours, 10 people participated.