

Southeast Region HHI March 2013

Arkansas County: A group of Arkansas County residents attended the Growing Healthy Community Immersion Training in Lake Degray. There are now 10 classes on Strong Women across the county.

Ashley County; The Healthy Cooking Matters Classes are now being taught at the Hamburg Courthouse to about 40 participants. There are 26 teams participating in Walk Across Arkansas. Renew You Weight Loss Boot Camp is in process with administrator providing Know Your Numbers information and healthy foods information.

The Renew You Boot Camp has 10 participants. The LHUA has been assisting by giving presentations on blood pressure, Diabetes, and other walking and safety tips.

Chicot County: Arkansas Foundation for Medical Care has a representative working with Chicot now on Million Hearts campaign. She will be focusing on Health Literacy.

A heart healthy summit was held with 21 women learning about women and signs and symptoms of heart attack and how to reduce the risk.

Cleveland County: Prom Promise was held with Rison and Woodlawn High School. A mock crash scene was set up outside that portrayed a head on collision involving student actors that had just been at the prom. The driver of car one was texting while the driver of car two was intoxicated. Afterwards, the students were brought back into the gym where the student actors talked about what was going through their mind as they played their various roles in the wreck. That was followed by a presentation from an individual from Grant County who had a personal experience with a drunk driver. 300 students were in attendance. Partnerships were the OEM, Sheriff's Department, State police East Lab students, Ambulance Service, Coroner's office and many more.

Jefferson County: The RNP at the unit has started a "Birthing Project" that ADH will assist in supporting. A Safety Baby Shower was held at Jefferson LHU with about 20 participants. Partners included the Alpha Kappa Alpha Sorority and Nurse Family partnership and all Jefferson county patience were invited.

Lee County: Follow up event was held in Moro on "Do you know your numbers." About 35 attendees for blood pressure screenings and educational material distributed.

Lincoln County: RX Assistance continues to be provided by AmeriCorp through STAR.Health program. In March there were 10 new patients and 26 return patients with 27 prescriptions ordered. The savings for March was \$35,243.94.

A total of 98 Blood Pressure screenings were performed with Hypertension education information left at all these sites. There were a total of 10 abnormal B/P and 27 people who do not have a PCP. There are 34 women enrolled in the Mom and Me program.

Community Health Nurse Specialist/Promotion Specialist

Cassie Lewis

- Provided Tobacco booth with models, brochures, posters, and quit line information for participants at health fair sponsored by Delta Sigma Theta Sorority also included My Plate display with nutrition brochures (20 people visited the booth)
- Helped with activities for youth during spring break at the Warren Faupel Center. The event was supported by the St. Francis County Hometown Health Coalition committee and sponsored by Simper Fidelis Women's group. CHNS provided a presentation on bullying in which youth signed banner stating they would not participate in bullying and would speak up and tell an adult when they encountered it.
- Contact with Superintendent's office and CSH coordinator for Marvell school—assisting with data and reports for submission of application for School-based Wellness Center; gathering data for Marvell School superintendent for inclusion in grant for School-based Wellness Center.
- Contact with Barton CSH Coordinator to offer assistance with Barton's Kids Workout Day for scheduled for April
- Provided information on Share Breakfast During National Breakfast Week with schools in GREC area
- Provided information to schools and community members about the upcoming AMHC Camp iRock

Lisa England

- Provided AmeriCorps volunteer "Tobacco Will Send You To an Early Grave" Display , Mr. Yuck Mouth, Jar of Tar, SOS pencils, incentive items and Quitline cards for two local Elementary Parent Teacher Conferences
- Met with SEARK TRAC Team member and Monticello PD to establish site for Car Seat Safety Checks during Children's Festival
- School visit to Woodlawn x2 this month related to Prom Promise
- School visit to Drew Central met with school nurse to discuss Wellness Committee efforts
- Participated in UAM Wellness Fair; conducted 28 Vision screenings
- Continue to provide technical assistance to the SEARK ESC CSH AmeriCorps Program

Juanita Buckmaster

- Two dates: presented for 20 minutes in each kindergarten classroom of Edgewood Elementary School using "Dusty the Dragon and Dr. Margie Hogan Talk About Tobacco" 11 minute video to begin. Obtained 100% tobacco free pledges from this endeavor
- White Hall school nurse and I partnered to speak to the students during their lunch break regarding their need for physical activity. We offered a PHYSICAL ACTIVITY CONTEST to all students and staff. Each student who accepted the challenge was given shoe reflectors (ongoing follow-up of Sweetgall speaker, September 2012) to enhance night time walking safety.
- Visited Southeast Elementary School principal with regards to shoe reflectors for the students, the principal wants to challenge the students of Southeast Elementary to walk
- Assisted with the SLV Tdap clinic in Pine Bluff School District

- Delivered (1) Sex Still Has a Price Tag, Faith Based Edition featuring Pam Stenzel; (2) Parents Matter Raising Kids with Integrity; and (3) Youth Risk Behavior Survey results to local church with instructions on how to utilize the abstinence program
- Attended ARCOP GHC Immersion Training; representing Arkansas County Partners in Health group per the request of Kaye Murry, ADH

Rosemary Withers

- Implemented Cooking Matters for Adults (lessons 3 and 4), Cooking Matters for Adults (lesson 5, shopping tour at Wal-Mart) and Cooking Matters for Adults (lesson 6) at Sally Terral Community Center (8 people graduated); administered Participant Survey and distributed incentives
- Provided TA to James Matthews in School Health Index assessment and updates
- Participated in Jefferson County Networking Meeting
- Chaired and coordinated Jefferson County HHI Youth Committee and Growing Healthy Communities celebration meeting (14 people participated)
- Distributed SE Region Newsletter to Growing Healthy Communities; Youth Committee, and Wellness Committees
- Applied for and received SE Region Mini grant to fund injury prevention signage for Saracen Landing Walking Trail