

Southeast Region HHI Report for July 2013

Chicot County: Continue education of Hypertension with the Self Check Blood Pressure machines. The Affordable Care Act presentation was well received at the coalition meeting.

Desha County: Received the Delta Area community Foundation funding for 2012/2013 for our Mom & Me Program. Mom & Me has a cumulative number of 222 Mom that have enrolled in the program over the past three years. 62 that have met their goal of 18-24 month spacing of pregnancies.

Lincoln County: A total of 156 Blood Pressure Screenings were performed. There were a total of 15 abnormal B/P readings and 30 people who do not have a PCP. There are 20 clients enrolled in the Mom and Me program.

Phillips County: The IRT Innovative Readiness Training by the military was in Phillips County in July 2013. The LHU had staff that educated people on Tobacco, Breastcare, WIC and FP. The military people offered dental extractions, vision, medical, vet services (spay and neuter). UAMS East sponsored this at their facilities and LHU assisted with check out of patients.

Prairie County: Prairie County Hometown Health Improvement Coalition and U of A Cooperative Extension Services were able to host a Food, Fun, & Fitness day camp for local youth in Hazen, AR. The camp had 15 youth pre-registered and an additional 6 register the day of camp for a total of 21 attendees. The youth were able to learn about MyPlate, physical activity, and how to incorporate health life choices while having fun in a “team” friendly environment.

With the new ARCOP grants in Southeast Arkansas, \$18,653.62 has been awarded to six communities for 10 projects:

- **Arkansas County** – \$2,206.28 to Arkansas County Partners in Health for school gardens.
- **Jefferson County** – to Arkansas River Education Services Cooperation, \$822.34 for its community garden project and \$300 for Cooking Matters programming.
- **Lake Village** – to the City of Lake Village, \$3,800 for farmers’ market promotions, \$1,500 for farmers’ market infrastructure and \$1,500 for “Healing Hearts: Healthy Eating/Active Living” programming at the Village Farmers’ Market.
- **Monticello/Drew County** – \$1,375 to Feed the Kids for community gardens.
- **Rison** – to Rison Shine Downtown Development, \$2,150 for community gardens and \$2,500 for its farmers’ market.
- **Southeast Arkansas** – \$2,500 to Greater Delta Alliance for Health for phase 1 of a region-wide worksite wellness project.