

## Southeast Region HHI Report June 2012

**Arkansas:** Arkansas County Partners in health continues to support the Strong Women classes throughout the county.

The Grand Prairie Health and Wellness Expo was held on June 28<sup>th</sup>. Various screenings and educational booths and activities were available. Over 500 community members participated.

**Ashley:** Implemented a SOS campaign with Bemis Bag Corporation during the month of June; assisted company with measures to become a tobacco free worksite.

In June, a My Plate presentation was conducted to the Strong Women class, head start workers and clerks in Crossett.

Blood pressure machines were placed throughout the county with information on hypertension.

Diabetes packets were distributed to local Dr. offices and businesses to highlight services that HHI can provide.

The Ashley County HHI Coalition held a safety baby shower in both Crossett and Hamburg. Injury prevention messages were given to the 20 moms that attended at both sites.

**Bradley:** In Warren the Kaboom staff came and installed a playground. It was a community effort with local volunteers and the project was completed in a few hours.

**Chicot:** Chicot County HHI celebrated their two year celebration on June 13<sup>th</sup> with the past years success being presented.

During the month of June a Zumba instructor was provided in the towns of Dermott, Lake Village and Eudora to assist in increasing physical activity.

Chicot County HHI distributed health education and injury prevention material to approximately 330 community members during a weekend community event.

**Cleveland:** On June 15<sup>th</sup>, the coalition participated in a health fair in Rison at the Lighthouse of Wisdom Youth Center. Various health related subjects were covered during this event. There were 16 vendors.

**Desha:** "Desha Goes Healthy" continues to be in place within the county.

A "Know Your Numbers" event was held on June 8<sup>th</sup> to over 100 community members as well and screenings and information given for the County Fair Senior Day.

Desha County Hometown Health Improvement Project hosted an event focused on women's health. The topic of this year's presentation was "It's Your Time" that empowers women to make the best choices in their lives.

**Drew:** Drew H.E.A.L.T.H. sponsored the 2<sup>nd</sup> Health Leadership Academy on June 20<sup>th</sup>. The topic was "Dealing with Difficult People".

**Lee:** The annual Tobacco Free Walk/Community Avenues Conference was held on June 15<sup>th</sup>. The focus was on recognizing protective factors which will decrease a negative outcome. The Lee county HHI Coalition has three booths that focused on Injury Prevention, tobacco cessation and LHU services.

**Lincoln:** Lincoln County Health Planning Committee partnered with Cooperative Extension to have a display booth at LHU on healthy eating practices.

**Monroe:** The Monroe County TEA/HHI Coalition's community garden is up and going.

**CHPS/CHNS:** On June 6<sup>th</sup> & 7<sup>th</sup>, Lisa England, CHNS, conducted the annual Luau at the Southeast Arkansas Education Service Cooperative. Presentations included tobacco, bullying and teen suicide prevention.

Juanita Buckmaster, CHNS, provided Community Health Applied in Medical Public Service, (CHAMPS) which is a one week program for Jr. High students so they can get on hands experience in health related fields of study. Juanita conducted a bullying presentation.

On June 18<sup>th</sup>, a Teen Driver 101 Train the Trainer event was held to participants who want to share information in future trainings.

On June 2<sup>nd</sup>, Rosemary Withers, CHPS, presented at the local Farmers Market on Rethink Your Drink and healthy eating.

**STAR.Health:** In Lincoln County, blood pressure machines were places at various locations within the county. At three locations were blood pressure was taken, 12 results were found to be abnormal. CHW referral was done.

The Mom & Me Program began in Desha County one year ago and a celebration was held to celebrate those moms who have completed the program by reaching their goal of spacing babies in the 24 month required period.