

## **Southeast Region HHI Report: May 2011**

**Ashley County:** Had 33 local teams compete in the Walk Across Arkansas program logging in over 391,834 minutes.

The New Tobacco Trends Tour presentation was given at the Ashley County HHI meeting.

4 H students are going around to each of the city parks and collecting any items related to tobacco (butts, cigarette packs, chewing tobacco cans) and turning them over to Phoenix Youth and Family who will compile a report then share with the Ashley County HHI and present to the city council in hopes of securing a policy against tobacco use in the parks.

**Chicot County:** The Body Walk was in all elementary schools in May. This is a program where 700 students had an opportunity to learn about the parts and function of the body such as: the mouth, esophagus, stomach, heart, lungs, and muscles. And they learn how to keep each of those parts healthy including healthy nutrition choices, no tobacco, and physical activity. This was done in partnership with the Cooperative Extension Agency and Chicot County HHI.

**Cleveland County:** Gary Regan, Statewide Injury Prevention Coordinator and Statewide Trauma system coordinator from UAMS gave a presentation to the Cleveland County HHI members on Injury Prevention and the Statewide Trauma system at the March HHI meeting. At the April HHI Meeting Lauren Scott with Chronic Disease gave a presentation on Cardiovascular and Stroke information.

**Desha County:** Desha County, D-HHIP, coalition sponsored another Hypertension Walk in May with education and a presentation done on Hypertension and risk factors. Blood Pressure checks were available. 38 people participated as part of STAR. Health promotion on education about Hypertension in Desha County in Dumas. Another walk was held in McGehee with about 35 people participating as part of the STAR. Health promotion on Hypertension.

On 5-6-2011 An Education/presentation on AR SAVES, a program especially for STROKE (signs & time), was provided at McGehee Hospital and a presentation on Hypertension focus with STAR. Health was presented. A healthy lunch was provided by McGehee Hospital with ADRDN funding. 31 people in McGehee. Tobacco Trends Tour display set up was explained to community members showing the new tobacco products.

Grow an Extra Row is the message being given to all garden partners who are participating in the Farmers market that begins June 3<sup>rd</sup>. All partners have been asked to grow an extra row. The gardens will provide healthy access to vegetable and are encouraging physical activity.

**Drew County:** A Men's Health Conference was held at Holmes Chapel Presbyterian Church it was a 2 day event with over 100 men attending and the LHU and Drew H.E.A.L.T.H. set up booths with educational information.

Drew County LHU hosted a Baby Safety Shower on May 18<sup>th</sup> with 6 expectant and new moms present to learn about Back To Sleep and other safety information.

**Jefferson County:** Signs purchased by the TPCP SE region budget were delivered to the Jefferson County Parks and Tourism for the 19 parks that are now Smoke Free.

**Lincoln County:** The East Lab students in Star City worked with the LHU administrator to plan a SOS carnival. Ciggy, the cigarette was on hand to give 115 5<sup>th</sup> grade students information on the harmful effects of tobacco. The youth signed Tobacco Free Pledge cards. Different activities were done to help students have fun while learning about tobacco and the harm to their bodies.

**Monroe County:**

Presented Brinkley Rotary with information regarding the Community Garden located in Brinkley. Discussed with them all of the community partners that have assisted in the project along with the grant that was received. 22 people present by Shealese Washington.

**Prairie County:** LHU administrator spent most of the month in the local EOC with the flood disaster in this county. The clean up is ongoing.

**Phillips County:** At the May HHI Meeting the members were given a presentation on flood waters and how to clean up properly after flood.

“Curve” Grocery store in Elaine opened, featuring fresh fruit and vegetable, hot plate lunches are sold here. Free bananas are given to customers to encourage people to try new foods. This is part of the Casa Collaborative.

A Diabetes Lunch and Learn event was held in Elaine with 25 participants where injury prevention information was shared and kitchen safety.

Material on Infant Mortality and Infant Safety packets were placed in 50 locations around Phillips County including all Physician offices, all government offices, hospital.

**SE Region Administrator/HHI Monthly meeting:** Gary Regan and Dedrick Smith, ADH) presented Statewide data on injury prevention and shared new tool kits that can be obtained. Kimber Knight, TPCP Grants Administrator, explained the new Act 811 and Act 868 dealing with minor possession of tobacco.

The Community Health Nurse for Southeast Educational Cooperative has provided the “New Trends in Tobacco” presentation at the Star City School District Teacher meeting,

McGehee School District. At the Hamburg School District she presented on “Tobacco Will Send You to an Early Grave”.

The Community Health Nurse for Arkansas River Educational Cooperative promoted World No Tobacco Day with community members, schools and fellow colleagues via email which would have impacted about 150 + people.

The Community Health Promotion Specialist hosted Kids Work Out Day with the Jefferson County HHI Youth Committee; to host its fourth annual Kids’ Workout Day. This year’s added component was health information booths, which the Wellness Center’s staff coordinated. Kids participated in physical activities such as volleyball, kickball, basketball, tug-of-war, relay races, resistant bands, and fitness dice. Kids received incentives to encourage continuous physical activities. 63 people participated in this event