

NW COMPILED REPORT

JUNE 2016

CHNS/CHPS

CHERIA LINDSEY

- Poison Control in Action education X 4 for various groups with a total of 49 and also provided tobacco education. Boone, Searcy, Marion, Carroll, and Newton
- Tobacco education which included all forms especially ESDS presented at a Healthy Active Arkansas Schools workshop for 25 persons
- Facilitated Cultural Understanding: the Hispanic and Marshallese Populations at Green Forest Alumni Center in Carroll County for teachers and other school staff for 60 persons and included tobacco and poison control promotion
- Facilitated the Paraprofessionals: Assisting Students with Brain Injury at the OUR Educational Cooperative and provided education on tobacco and poison control promotion
- Working on the CE packet and with speakers for the school nurse workshop in August, "School Nurses Don't Monkey Around With Public Health"

MIRANDA CURBOW

- Guy Fenter Coop: All Counties - 27 present – Arranged, facilitated and assisted with personal care training for school district para-professionals. Educated school staff on comprehensive tobacco policy for districts, second hand and third hand smoke harms, tobacco harm related to chronic and acute disease. Educated on Act 811 and quitline related to cessation.
- All Counties - *17 present - Wellness Workshop at GFESC - Wellness workshop at GFESC. Facilitated and assisted with day long wellness workshop. This included poison control, physical activity, nutrition, emerging tobacco products, including e-cigarettes, and poisoning with juice, second and third hand smoking education and quitline.
- GFESC: All Counties within my cooperative present -*19 present – TBI workshop with Aleecia Starkey -Arranged and facilitated TBI workshop. Educated attendees on: Shaken Baby Syndrome, TBI due to MVA, ATV accidents, and falls. Educated school staff on IEP's and IHP's related to TBI in the schools.
- Franklin – Charleston GHC -Organized and facilitated Growing a Healthy Charleston meeting. Presented County Health Rankings and GHC program information. Reviewed injury prevention information regarding falls, suicide and preventable injuries in the

county. Included information on senior falls and its relationship to exercise and possible interventions.

- Franklin – All Counties except Scott – GFESC *16 present - Organized, facilitated and hosted school nurse training on Sexual Health, the role of ADH, Pregnant moms, resources available and prevention of pregnancy and STI's. Provided with statistics on STI and teen pregnancy. Educated on contraception methods, pregnancy resources and consequences of sexual activity. Educated on chronic diseases related to sexual health. Provided resource guides for the area to each nurse. Nurses were awarded 4.25 CNE's for attendance.
- Franklin – included all counties (6) - *13 present - Educated school para professionals and nurses on poison control. Used the poison control in action curriculum, including pre and post testing. Educated on prescription drug dangers; drug drop boxes and their appropriate use; chronic diseases in children, including HTN, CV, Heart disease, diabetes and asthma--second and third hand smoke in relationship to these diseases; ACT 811; tobacco harms related to chronic and acute diseases; quitline and cessation of tobacco products; medical modules for para professionals as described by ADE.
- Sebastian -Met with REACH director and educated on programs available to the youth in the REACH program and their parents as well as other resources available to their group and coordinated communications between her and several other agencies. Educated on quitline, ACT 811, and the comprehensive tobacco policy; reviewed poison awareness with emphasis on RX drugs and drug drop boxes. Planning was done for coordination with REACH at Midland AOG and me to provide education to students and parents in July at a large event that will include individuals from the Hartford, Hackett, and Mansfield school districts.
- Franklin County – GFESC – all counties included -10 present - Educated school staff on poison control, hotline, common poisons, prescription drug poisoning, drug drop boxes, monitor, secure and dispose initiative. Administered pre and post testing on poison control. Educated on proper care of emergencies at school; chronic disease statistics, including heart disease, HTN, Stroke, CVD, and diabetes and the link between these diseases and tobacco use as well the dangers of second and third hand smoke as related to these chronic diseases and cancer and death. Educated on act 811 and the quitline.
- GFESC: Franklin and Crawford counties present- Educated district staff on proper use of the poison control center and prescription drug drop boxes. Provided with sites of local drug drop boxes. Educated on second and third hand smoke and its consequences. Educated on Act 811 and AR quitline. Pre and post testing completed for Poison control in action.

KELLI BUTCHER

- North Ar. Educational Cooperative: Educated on Poison Control in Action at NWA Healthy Active Arkansas School workshop. Participants from Benton and Washington Counties. 25 attendees
- Educated on eSchool usage at Guy Fenter – Survival Strategies for School Nurses Workshop. Participants from Logan, Sebastian, Crawford counties.
- Educated on Tobacco/Electronic Smoking Devices at Guy Fenter Healthy Active Arkansas Schools Workshop. Participants from Sebastian, Crawford, Franklin, Johnson, and Logan counties 18 participants
- Educated on Injury Prevention and Tobacco at Camp Harvest camp. Attendees were Marshallese and Hispanic high school age girls. Participants reside in Benton, Washington and Madison Counties, Camp held in Madison County 32 Participants
- Educated on Poison Control, Tobacco and eSchool to all Siloam Springs and Gentry School Nurses. Benton County
- Completed Continuing Nursing Education packet for Healthy Active Arkansas Schools Workshops

CINDY JONES

- Hosted CHNS and assisted in preparation of the New School Nurse Conference to be held at my cooperative in September. (Conway County)
- Attended 2 day ASIST Suicide training.
- Planned and presented home safety and Shaken Baby Syndrome at a safety baby shower to 6 expectant moms. (Pope/Yell counties)
- Presented e-cigarettes at the Healthy Active Schools workshop at the OUR cooperative in Harrison (Boone County)
- Provided poison control education to 12 participants at Arch Ford co-op
- Hosted Healthy Active Arkansas Schools at my co-op with 20 participants from area schools. Education included Poison Control in Action, Emerging tobacco products, SHI, Active Recess, Yoga for Health and Healthy Active Ar./GHC
- Extended amount of time working on changing the CHNS Resource Binder from hard copy to electronic copy.

SARA BRISCO

- Facilitated and planned Wellness Workshop for OUR Co-op School Districts- Provided topics on tobacco prevention, National Parks Healthy Initiative, Poison Control, Yoga for Health, Act 1220, Indistar, and School Improvement Plan.
- Facilitated and partnered with CHNS with Wellness Workshop for Arch Ford Co-op School Districts- Provided topics on tobacco prevention, Poison Control, Yoga for Health, Act 1220, Indistar, and School Improvement Plan.
- Partnered with NW/CHPS to plan and facilitate a Wellness Workshop for NW Co-op School Districts. Education/topics included tobacco prevention, Poison Control, Yoga for Health, Act 1220, Indistar, and School Improvement Plan.
- Provided Go Noodle Information to all school district wellness contacts.
- Provided information to all OUR school District Wellness Contacts on fall prevention and Poison Control.
- Provided information to all OUR school districts wellness contacts on the National Park Service Health Initiative.
- Provided nutrition information and poison control information to Friendship Community Care.

ASHLEY LEFEVRE

- Provided technical assistance to the Madison County Health Coalition for their Community Café. Assisted with coordinating event and facilitate youth group on topics of drug and alcohol abuse. There were 25 participants.
- Educated 45 male CDL drivers at Springdale Water Utilities on wellness, nutrition, and weight management. Discussed sugar, diabetes, weight management/loss, reading nutrition labels, and online resources.
- Partnered with NW/CHPS to coordinated and facilitate the Northwest and Guy Fenter Healthy Active Arkansas Schools wellness workshops for Benton, Washington, Madison, Crawford, Franklin, Johnson, Logan, Scott, and Sebastian county schools. The workshop included presentations on tobacco (emerging products), poisoning in Arkansas (Poison Control in Action), Active Recess, School Improvement, SHI, Healthy Active Arkansas and Growing Healthy Communities, and mental health. 41 participants consisted of coaches, PE teachers, school nurses, wellness committee members, and wellness chairs. They received handouts, books, pamphlets, and resources for their schools and all topics listed.
- Educated 30 Marshallese girls at Camp Harvest on several areas in nutrition, physical activity and oral health. They learned the food groups using my plate and how often to be physically activity. Girls participated in activity using food models to create different

meals using all food groups. They learned how to read nutrition labels and participated in another activity that applied information learned. They were able to read food labels and determine the health benefits or consequences of the product. The girls learned dangers of consuming too much sugar. Presented Re-Think Your Drink and discussed adequate sugar intakes. Educated on diabetes - how to prevent and how to control. Handouts were given to girls to take home to their families. Girls learned the correct way to brush and floss and the importance of keeping teeth clean. They were given a toothbrush to take home with them.