

## **NW REGION COMPILED REPORT**

**April 2016**

**CHNS/CHPS**

### **Cheria Lindsey**

- Paraprofessional Conference at OUR x 2 days repeated and presented Shaken Baby Syndrome, AR Take Back Events, and how much Tobacco Costs with education on E-cigarettes along with other speakers on head injury and autism with a total of 48 present. Scoliosis Certification taught at the NW Educational Cooperative in Farmington for new school nurses and for other school nurse for renewal
- Tobacco presented at the Butterball Fair at Huntsville, with a little over 120 pledges to be smoke-free in homes and cars
- Presented Senior Falls emphasizing the Matter of Balance Program at a state TOPS (Take Off Pounds Sensibly) meeting in Harrison and included tobacco prevention for over 258 participants
- Provided education at the Yellville-Summit Schools parent night about the AR Take Back Event and Poison Control education and the Tobacco Quitline for 42 adults and 38 kids
- Provided education at the Lead Hill Schools Health Fair about the AR Take Back Event and Poison Control education and the Tobacco Quitline for 100 adults and 250 kids
- Safety Baby Shower in Carroll County which included multiple topics that included Poison Control, Shaken Baby Syndrome, Home Safety, Car Seat Safety and Act 811 approximately 7 new mothers or mothers to be and 11 others present
- Provided interactive education at the Searcy County Health and Expo in Marshall on E-cigarettes and Poison Control efforts in Arkansas approximately 58 direct contact participants and education given
- Completed CE Packet for the ASIST Training x1 for April 7<sup>th</sup> and 8<sup>th</sup> in Searcy

### **Kelli Butcher**

- Education provided at Rogers Public Schools Pre K Literacy fair. Educated parents and students on correct handwashing, ACT 811, quitline, and poison control. Approximately 700 people attended the event. I had contact with approximately 150 adults 250 children.
- Educated Fayetteville and Springdale Nurses on Act 811, Quitline, Poison Control and Take Back events. 2 presentations for a total of 49 nurses
- Tobacco Presentations x4 at Rogers High School Medical Professions classes- Total of 97 students present

- BMI and Scoliosis training for new school nurses at NW Ar. Educational Coop
- Educated employees at Butterball in Huntsville at Health Fair. Approximately 400 people attended the event. I educated employees on smoking cessation and nutrition
- Attended and assisted with the Community Café in Huntsville. I was the recorder for alcohol access group. Approximately 30 people in attendance.
- Met with counselors and principal at Lingle Middle school about becoming a pilot school for e-cigarette (CATCH) presentations. They agreed to become a pilot school.

### **Cindy Jones**

- Shaken Baby Syndrome presentations to 177 students at Atkins, Clinton and Pottsville school districts. Education included on the harms of tobacco.
- Partnered with NE/CHNS at Cleburne Co-Educated five expectant mothers, their children and guests about infant safety. This included having a Car Seat Technician there to go over the proper use of the car seats they received from the TRAC. Other safety issues covered were burns, poisonings, safe sleep, SIDS, drowning, choking, falls, and infant crying. This event also included information on FAS from Health Resources and materials provided by the county extension agent . This event educated a total of 16 people
- ATV Safety to 50 high school students in Greenbrier. Education included the harms of tobacco.
- Suicide prevention presentation to 66 students at Greenbrier Jr high. Educated students on the harms of tobacco
- Designed a flyer and sent to school nurses regarding summer courses offered and CNE's.

### **Ashley LeFevre**

- Provided technical assistance to the Madison County Health Coalition for their Community Cafe. Assisted with coordinating the event and facilitated youth group on topics drug and alcohol abuse.
- Provided education and technical assistance on bicycle safety to staff at Elmdale Elementary. Distributed a list of tips on how to be safe while riding a bike to be said during morning announcements. Created bulletin board to promote wearing helmets and bicycle safety to students and parents. Educated one pre-k class on how to correctly wear a helmet
- Created a bulletin board at the front entrance of Elmdale Elementary for students, staff, and parents to learn about heat illness. Education included how to stay hydrated and what do to do when someone is dehydrated or experiencing heat illness. Also provided

facts to be read for morning announcements for all students and staff to become educated on the importance of staying hydrated.

- Educated 5 school nurses on Act 1220. Trained nurses on BMI assessment and data entry on ACHI. They were given resources and materials on Act 811, the quit-line, poison control hotline, and bicycle/ATV safety to take back to their schools. (North Ar. Education Coop)
- Educated 27 individuals on cholesterol at the Butterball Health Fair in Huntsville. Assisted local clinic in cholesterol screenings and provided education based on number. Educated participants on the quit line and how tobacco affects overall health.
- Educated 5 Hispanic moms at the T.G. Smith Family Literacy Program about Period of Purple Crying and the effects of Shaken Baby Syndrome. They were given handout and resources to pass the information along to friends and family. Moms were educated on Act 811.

### **Sarah Brisco**

- Provided a presentation on tobacco prevention to Nan's Daycare by using Mr. Gross Mouth and discussing the importance of not using tobacco. Provided education and water safety materials and fact sheets to Nan's/Julia's Daycare- provided for parents and director of daycare
- Provided a presentation on Oral Health to the OUR Children's Center and discussed ways to prevent cavities through good hygiene and good nutrition.
- Met with the Director of Youth Bridge to discuss the summer wellness workshop presentations on suicide prevention. Met with the staff at the Children's University to discuss ways we can partner and the role of the CHPS
- Provided Injury prevention education and materials on water safety to the Ozark Mountain School District preschool and kindergarten Classes
- Provided presentations on oral health to the Children's University Preschool- 2 presentations
- Provided presentations on oral health to the Children's University K- 6 Classroom
- Attended the Harrison School District Wellness Committee to discuss health related events and programs. Attended the Yellville School District Wellness Committee to discuss health related events and programs for the remainder of the year and the upcoming year

### **Miranda Curbow**

- Charleston Chamber of Commerce: Educated city officials on GHC, Healthy Active Arkansas, JUA, built environment, County Health Rankings, link of obesity to chronic

disease and communicable disease. Included diabetes, heart disease and stroke.

Educated on opportunities for improvement through the GHC program including SNAP for farmers markets, continuous sidewalks, bike lanes, lighting for walking/exercise trails and expansion of farmers market. Developed plan to form GHC core group and was invited to speak at the May Chamber of Commerce meeting.

- Provided TA to Van Buren schools related completing SHI for this school year and proper actions and responsibilities of a School Wellness Committee
- Met with community leaders, LHU personnel, HHI representatives and higher education rep's to discuss teen pregnancy in Sebastian county and educated on how to address the issue. Provided education to those present on the role of CHNS and how they are working with schools to combat teen pregnancy.
- Magazine School Presentation: Educated students on poison control using the poison control number and magnets. Education provided on prescription drug drop boxes, their purpose, locations in the county and proper use of drop boxes. Educated on RX drug abuse, its dangers and effects on user, fetus and family as a whole. Educated on secondhand smoke dangers, including Act 811 and links to chronic disease and causes of death related to second and third hand smoke. Educated students on Shaken Baby Syndrome, Effects of Drugs on the Fetus and Fetal Alcohol Spectrum Disorder and its dangers and effects.
- PPYC in Little Rock: Partnered with NE/CHNS to provide presentation to students and adults on movie industry, media, and other ways that big tobacco is promoting smoking among youth. Educated on POS regulations and how students can advocate against POS advertising. Education also included tobacco harms and health consequences. This was done at the TPCP symposium for youth advocates and their sponsors. 55 present
- Working on collaboration with Head Start program to provide continuing education to GFESC School nurses related to the Teen Mom program at Head Start and how it can be of benefit to pregnant students in their districts. (June 6<sup>th</sup> workshop)
- Johnson County LHU: Educated LHU staff on online quitline referral services. Provided specific guidelines and sign up instructions. Also educated on Act 811, second and third hand smoking harms. Provided updated ENDS education. Educated on TPCP and CHNS role in tobacco education and cessation efforts. 17 present