

## **NW REGION COMPILED REPORT**

**January 2016**

**CHNS/CHPS**

### **CINDY JONES**

- I planned, implemented, and facilitated 6 hours professional development day for Russellville school nurses. Topics included audiology and assistive technology, immunization Q&A and other services provided by the local health unit, social services in the school, homeless students, etc.
- Attended Tobacco 101 by the Tobacco Control Board in Benton.
- Trained 2 new school nurses and 1 newly hired CHNS in vision and hearing.
- Provided presentation/education to 7 parents at Head Start on tobacco and Shaken Baby Syndrome
- Educated 7 elementary school counselors to review what I can offer their schools for presentations and topics.

### **ASHLEY LEFEVRE**

- Facilitated and presented Making Educators Partners for 90 teachers and administrators in Elkins School
- Educated 156 students at Helen Tyson Middles School during health class on the dangers of distracted driving and impaired driving. Students were educated on laws and consequences then participated in a quiz game.
- Facilitated Lifelines Intervention (26 participants) and Prevention (29 participants) trainings for teachers, counselors and administrators to help students at risk for suicide. Provided information on how to be prepared to address and respond to threats or signs of suicide and intervene. Also provides clear guidance on how to best involve parents and/or guardians as partners. Participants were also given posters, brochures, and handouts on nutrition/PA, tobacco, and oral health to use in their schools.
- Educated 10 Hispanic moms about cholesterol during the Parson Hills' Literacy Program. They learned good vs bad cholesterol, how to lower it or maintain healthy levels. Moms were educated on heart disease and strokes due to an unhealthy diet and lack of exercises. They were also given Act 811 and Quit-line cards.

- Educated 36 middle school students in Prairie Grove on My Plate and physical activity. Before lesson, students were given a pre-test on My Plate and at the end of lesson students were able to draw My Plate and list foods under each food group.
- Attended statewide CHPS meeting to discuss and compile information for a BMI resource packet for school nurses to educate parents on nutrition/physical activity.

### **CHERIA LINDSEY**

- Facilitated Lifelines Postvention Workshop at OUR Educational Cooperative with 5 participants from schools which included education on Tobacco Prevention
- Attended and helped facilitate with NW/CHPS at the NW Educational Cooperative Lifelines Intervention and Prevention Workshop over two days with a approximately 60 participants
- Presented to 89 Green Forest High School Students over 4 presentations on Tobacco and E-Cigarettes with the history of Tobacco and they followed with a short two question essay
- Presented to the HIPPY Program, 13 teachers, at OUR Educational Cooperative on Secondhand Smoke and Home Safety Issues including Smoke Alarm Education, they service 200 families in the 5 counties
- Providing coverage for the NW Educational Cooperative with the nurses and nursing issues

### **SARAH BRISCO**

- Provided information/education to staff on ACT 811-provided cards to the OUR Children's Center for parents to be aware of ACT 811 (22 Students)
- Provided information/education to the staff on ACT 811- provided cards to the Children's University for parents to be aware of ACT 811 (25 Students)
- Provided information/education to the staff on ACT 811- provided cards to the Yellville School District for parents to be aware of ACT 811
- Provided information/education to the staff on ACT 811- provided cards to the Ozark Mountain School District for parents to be aware of ACT 811 (25 Students)
- Provided the role of the CHPS overview and offered assistance to the Baxter County HHI (8)
- Provided a presentation on handwashing to the Montessori School- educated on the importance of handwashing. Presented 3 presentations (approximately 58 students)
- Provided a presentation to the Home Based Educators at the OUR Co-op on Oral health and offered assistance and presentation to the parents of the programs (approx. 15)

## **MIRANDA CURBOW**

- I provided education to County Line school staff regarding asthma. Included tobacco and its relationship to chronic disease. Educated on quitline services, cost of smoking, Act 811, second and third hand smoke and disease burden. 31 present
- Attended and provided TA to Sebastian County HHI GHC, nutrition group, regarding possibilities for goals, projects, and stats on county obesity and poverty data. Also provided grant ideas. 14 present
- Provided presentation/ education to school staff on Suicide Awareness through Making Educators Partners presentation at GFESC. 10 present
- Met with school personnel from Mansfield and Hackett schools to discuss GHC and collaboration with their districts. Discussed and educated on GHC's and possible grants and projects available for their schools. Included education on tobacco burden, obesity and its relationship to CV disease, diabetes, HTN, and cancer.
- Facilitated the LIFELINES Postvention education at GFESC for school districts to be educated in suicide postvention best practices. 17 present
- Facilitated the LIFELINES Prevention training to Van Buren school district. 32 present
- Attended ARCOP, Early Childhood and Schools workgroup meeting via zoom. Assisted with development of new healthy classroom certification process for teachers, etc.