

NW Region Compiled Report

May 2015

CHNS/CHPS

CHERIA LINDSEY:

- Planned, prepared, and facilitated along with school staff and ADH employees for the Newton County Teen Summit for 95 8th graders, 10 seniors, and 22 teachers/staff about Social Media Dangers, Tobacco with emphasis on smokeless tobacco, Suicide prevention and bullying and making positive choices, and prescription drug abuse
- Presented to 22 -6th and 7th grade students and 2 adults at St. Joe Schools on Smokeless Tobacco, Act 811, and electronic cigarettes and regular cigarettes by using the Ingredients of Tobacco presentation and playing spin smart game with them on tobacco
- Presented with NW/CHPS to 5 health classes at Green Forest High School, grades 9-11th to 59 students and 2 adults on Smokeless Tobacco, Act 811, electronic cigarettes and regular cigarettes by using the Ingredients of Tobacco presentation and playing spin smart game with them on tobacco
- Presented CPR/AED to the OUR Staff over two days with a total of 26 persons which included education on cardiovascular disease and stroke prevention, risk factors such as obesity and tobacco use, and also seatbelt safety and distracted driving along with life jacket safety for our area on the rivers and lakes. Provided BLS (Professional CPR) to Lead Hill school nurse
- Presented with NW/CHPS to 52 students grades 7th through 11th at Bruno Pyatt School on Seatbelt Safety, Distracted Driving, Act 811 and Alcohol and Drug Use
- Attended the Care Coordination and Management of Childhood Obesity in Arkansas Schools with "Motivational Interviewing" for the 1305 Grant with the ADH-School Health Section with several Arkansas Pilot Schools and other CHNS in the state

CINDY JONES:

- I presented the Shaken Baby Syndrome training to 17 child care providers through Child Care Aware out of Batesville. I also educated on Act 811 and provided flyers for them to use in their facilities. I distributed information on WIC, moms who smoke and breast feed, and SOS promotional items used as door prizes for questions

- I presented ATV safety to 5 classes (85 students) at Greenbrier High school and Jr High School. Using the video “A Trip Unplanned” I spoke to them about proper safety gear, how/where to ride an ATV, passenger safety, and how their decisions impact other people besides themselves.
- Partnered with 3 members of the Central Region HHI staff to provide injury prevention presentations. I presented hydration, water safety, and boating safety to approximately 140 4th and 5th graders as well as 8 adults. We demonstrated proper technique in using a life jacket as well as boating regulations, etc.
- I attended the 1305 Grant meeting with other CHNS and school representatives across the state. We were taught and practiced the skills of Motivational Interviewing.
- NE Health Educator and I attended a planning meeting for the 21st Century Grant that Heber Springs' school district is attempting to receive. We provided information on what each of our positions could provide in regards to trainings, classes, and further TA. We provided education on injury prevention and tobacco classes as well as nutrition presentations that we can provide in the schools.

MIRANDA CURBOW:

- Provided TA to Charleston Public Schools for SBHC grant. Presented information on YRBS and APNA data to group and provided education information on tobacco cessation and comprehensive policy for the district. Also provided suicide statistics and education on statewide suicide prevention and intervention practices available to district and SBHC. (GRANT RECEIVED)
- Provided TA and assisted with No Kid Hungry grant writing for Franklin County. This was in cooperation with Charleston Public Schools, ADH, and Western Arkansas Counseling and Guidance Center. I provided statistics from APNA and YRBS and demographics for county and state on obesity, nutrition and food availability. (GRANT RECEIVED)
- Presented to Lavaca school wellness committee/SBHC meeting. Provided information on upcoming workshop opportunities at WAESC. Educated on statistics for district and county on tobacco, suicide and importance of upcoming training for their staff. 18 present
- Administered YRBS at Ramsey Jr. High (Fort Smith Public Schools). Educated students on importance of information and the use of statistical data in preventing and treating suicide, tobacco use, and other public health issues and smart choices related to YRBS. Educated students on some previous YRBS data on alcohol, tobacco, drugs and suicide and initiatives from that data collection. 35 present

- Provided TA to Magazine Public Schools in educating staff members on Gatekeepers and suicide initiatives for their district. Assisted counselor in implementing district awareness and intervention program/protocol. TA provided to district regarding training of personal care aides, medication administration, the role of LPN and RN and the legal implications for the school, nurse, and individual when administering medical care on a school campus or school sponsored trip.
- Presented smokeless tobacco to Newton County Teen Summit participants and assisted with Teen Summit. (121 present)

SARAH BRISCO:

- Provided a dental presentation for Bergman Kindergarten Class- the presentation included Mr. Gross mouth and the Tooth Fairy materials (National Children's Oral Health Foundation) 20 participants
- Provided a dental presentation for Alpena Kindergarten Classes- the presentation included Mr. Gross mouth and the Tooth Fairy materials (National Children's Oral Health Foundation) (60 participants)
- Provided a dental presentation for Harrison Elementary School Eagle Heights School Kindergarten Classes- the presentation included Mr. Gross mouth and the Tooth Fairy materials (National Children's Oral Health Foundation)(40 participants)
- Provided a dental presentation for Nans Daycare- the presentation included Mr. Gross mouth and the Tooth Fairy materials (National Children's Oral Health Foundation)
- Provided a dental presentation for Lead Hill Kindergarten Class- the presentation included Mr. Gross mouth and the Tooth Fairy materials (National Children's Oral Health Foundation) (32 participants)
- Provided a dental presentation for Bergman Preschool Class 1- the presentation included Mr. Gross mouth and the Tooth Fairy materials (National Children's Oral Health Foundation)(45 participants) Provided a dental presentation for Bergman Preschool Class 2- the presentation included Mr. Gross mouth and the Tooth Fairy materials (National Children's Oral Health Foundation)(20 participants)
- Provided distracted driving presentation to the Bruno Pyatt School-grades 7-12 with CHNS (52 participants)

NANCY MARSH:

- Meeting with Springdale Nurse Coordinator – 3 hour meeting about school health issues.
- 100% School Districts in NWA entered BMI data into ACHI system by the first week of May!
- Provided 150 Vinyl NO Smoking Signs to Springdale School District per request of Springdale Asst. Superintendent to place on building and school buses
- Worked Saturday event – IP – Car Seat Safety Event – Madison County – gave away 80 car seats free, with certified installers. Education provided to parents on Act 811 and signing Smoke Free Pledges. Approximately 100 people attended; about 30 volunteers including law enforcement from Fayetteville Police Dept. who also donated a Trailer Load of Car Seats
- Benton Co Head Nurse meeting with Benton Co Nurse Coordinator about School Flu Clinics and Immunizations issues. Meeting lasted 2 hours – great discussion and group asked me to talk to ‘ADH folks’ about some issues – emailed Regional Director with their issues. Recruited nurses for meeting for LHU. 9 school districts attended
- Worked Saturday event – Logging Industry puts on ‘Sawing for the Cure’ – raised money for MCHC’s Breast Cancer Health Program. Over \$10,300 dollars was raised. Men from the Logging industry worked to receive sponsorships; items to auction; bar b Q dinners; put on skillet throwing contest; chain saw contests, cross cut team sawing contests to raise this money for breast cancer patients.
- Attended APHA. Developed CE Packet for PHNAA – 3 hours - Worked voter booth for APHA.
- Facilitated MCHC yearly celebration lunch with awards: Made invitation and put stamps and labels on 140, conducted planning meetings with grant staff and coalition members, worked to secure funds for lunch, awards for volunteers, worked with media on coverage – article and picture on front page of paper and created agenda

ASHLEY LAFEVRE:

- Newton Co Teen Summit- Assisted facilitator at teen summit and provided brochures and education on the dangers of tobacco to approximately 100 students
- Green Forest Tobacco Presentations- Interactive presentation to 59 students on Smokeless Tobacco, Act 811, and the effects it has on health. Played spin smart game with questions about tobacco.
- Fulbright Nutrition presentation- Presented My Plate to 22 Jr. High students. I educated on the importance of a well-balanced meal. Played portion distortion game to guess how many calories are in different foods now vs. several years ago. Taught the basics of food labels and incorporated math by calculating daily % values

- Franklin Co Health Fair Planning- Education provided on nutrition needs, tobacco education, and oral health of Butterball employees. Offered suggestions and materials to plan the most effective health fair to reach minority groups
- ArCOP Advocacy Training- Participated in meeting to prepare in assisting community partners to move policy forward to help people eat healthier foods and be more active.
- CPR- Completed CPR certification