

NW Region Compiled Report

March 2015

CHNS/CHPS

Cindy Jones

- I partnered with NW/HHI Educator with an informational booth at ATU. We presented materials on STD's, services offered by the local health unit, tobacco/nicotine cessation, concussion, ATV safety, Boating safety, and nutrition. We educated one on one to most participants and distributed materials to over 400 students.
- I Provided Glucagon administration training to school nurses representing Conway, Van Buren, and Pope Counties. Tobacco materials on second hand smoke and how smoking affects diabetes were distributed.
- I attended CHNS/CHPS meeting in Little Rock. I spoke of ASNA Summer Conference as well as assisted my NW Team in planning the events, speakers, and meal
- Presented the power point on "The Latest Look at Emerging Tobacco and Nicotine Products" to the NW TPCP group
- NE/HHI educator and I visited with the Principal at Heber Springs High School regarding a teen summit in the fall. He spoke of a large community grant that they are applying for that would aid in production
- Presented to 20 adult education students in Russellville on STD's and Pregnancy and answered their questions regarding services offered by the local health unit. I also presented a display board that I had designed for STD presentations.
- Attended the Arkansas Cancer Coalition annual Cancer Summit in Little Rock. The break out group I was part of needed a way to get an HPV toolkit

to school nurses so I helped them to understand the role of the CHNS and how we could assist in getting this done

Cheria Lindsey

- Facilitating meetings and providing TA to Newton County for the upcoming Teen Summit along with assisting with speakers, agenda, and meeting place and encouraging partners of the community to participate
- Assisted with the State CHNS and CHPS meeting in Little Rock with the NW Region group with facilitation of it and presented to 25 persons on “The Ingredients of Spit Tobacco” to use for presentations in schools and communities
- Assisted with preparation and presented along with Nancy Marsh to 34 participants at the NW/Administrators meeting on 5 accomplishments of the CHNS and CHPS for Hometown Health Highlights that was data driven
- Presented at the Eureka Springs EMS and First Responders Conference with Nancy Marsh on Suicide Awareness 101 for EMS x2 and Shaken Baby Syndrome x2 with total outreach to 200 persons from across the state
- Presented to 10 Paraprofessionals on Special Healthcare Needs and Tobacco Related Issues, including Act 811 and also on the Influenza Vaccination stressing importance of being children advocates
- Paraprofessional Conference at the OUR Educational Cooperative in partnership with the Special Education Department and LEA’s with the cooperative to present on health related topics preparation work for April 7th and 8th

Miranda Curbow

- I attended and presented at the Magazine schools tobacco cessation education and motivational interviewing event. I educated those in attendance on current strategies available for students who are found with

tobacco products on campus. Also, educated on comprehensive tobacco policies for schools and components to be included (27 present)

- Assisted with YCOC (Sebastian County), Prom Promise event. Presentations included distracted and impaired driving, date rape/violence, graduated driver's license education and Healthy choices. Prom Promise/ hangs tags and other education materials provided for all schools in Sebastian County.
- TA provided on Grant 1305 and its implementation across the state. Assisting in the planning for upcoming workshops on Grant 1305 topics for schools across the state.
- Presented at Magazine schools "Get Real" event. Presentation included education on tobacco dangers, cessation, and costs of tobacco use, physical and monetary.
- Presented to Fort Smith Rotary Club. Education on role of CHNS, public health and on ENDS and proper tobacco cessation interventions.
- Writing CE packets for 2 workshops on infant mortality, providing TA to Booneville and Charleston SBHC grant committees, working on upcoming Public Health Week presentations/events at LHU's and working on upcoming presentations for WAESC foster grandparent programs.

Ashley LeFevre

- Fayetteville CSH Meeting- Nurse Coordinator for Marshallese Latino Outreach, educated on Marshallese culture with committee. Assisted in a demonstration to represent how a Marshallese woman relates to other family members and clans. Educated on responsibilities of a CHPS and offered assistance in nutrition education or tobacco prevention to FHS Student Council member.
- Lifeway Christian School- Presentation/education provided to the middle school students about My Plate and eatright.org. Educated on the importance of a well-balanced meal with examples of food varieties and played an interactive game where students would guess the calorie

difference of portion sizes 20 years ago verses today; then would guess how long it would take to burn off those calories. Provided students with online materials to keep track of their food intake and physical energy output with snack suggestions and fun meals they could make with their families. Education Included information on the harms of tobacco use.

- Greenwood Prom Promise/Teen Summit- Educated high school students on the dangers of drinking and driving. Encouraged students to be leaders in their school by abstaining from underage drinking and help their friends in making good decisions
- Partnered with CHNS on an interactive injury prevention booth at the Fort Smith Boy's and Girl's Club
- Butterball Health Fair Planning Meeting- Met with Butterball Health Fair planning committee to discuss booths, giveaways, and budget. Offered assistance to take height and weight measurements at the health fair.
- CHPS/CHNS Meeting- Attended and assisted with the statewide CHPS/CHNS meeting to discuss current events and upcoming events
- Benton Co HHI- Provided Administrator with Public Health Week posters for Benton Co Health unit. Offered assistance in areas of health education. And Learned about the UAMS and ADH Cancer Study. Committee discussed pros and cons of grant proposal.

Sarah Brisco

- Provided a presentation to Nan's Daycare- the presentation included reading a book on physical activity and nutrition ideas for children related to diabetes
- Provided a presentation to Nan's Daycare—the presentation included the importance of physical activity and the children interacted with exercises

- Provided a presentation to the OUR Preschool- the presentation included the importance of physical activity and the children interacted with exercises
- Continue to work with the new CHPS at the Farmington Co-op by providing overviews of the School Health Index, Wellness Toolkit, Strategic Plan, Act 1220, Outreach reporting, PowerPoints, Wellness Workshops, and the Role of the CHPS
- Compiled Tobacco Comprehensive Policy Spreadsheet for each school district- The spreadsheet includes a checklist on each of the components of a comprehensive tobacco policy
- Continue compiling the wellness coordinator list for the Arch ford Co-op area. Contacted Stephanie Alsbrook for contacts on the schools in the Arch ford Co-op area

Nancy Marsh

- Conducted NWA School Nurse Coordinators Meeting – 15 districts attended! 2 hour meeting – updates from Paula, leg updates, comprehensive tobacco policy, summer trainings dates, and other items
- Worked Tobacco Prevention Interactive education Booth at JO Kelly MS, Springdale – Family night, 200 people attended – 5 brief tobacco prevention interventions
- Presented Injury Prevention at statewide EMS Conference in Eureka on Saturday with Cheria Lindsey, CHNS– 2 presentations on Suicide Awareness for EMS and 2 presentations on Shaken Baby Syndrome; 200 people registered at conference
- Presented with Cheria on 5 top accomplishments of the CHNS/CHPS with data to NW Region LHU Administrators – handouts distributed
- Planning Meeting with Madison Co Sheriff’s Office Captain to discuss work plan for Underage Drinking and Prescription Drug Abuse Grants and coalition partnership with law enforcement

- Developed Flyer and Receipts Forms/documents for people who have the Saving for the Cure fundraiser for Breast Cancer in Madison County
- Printed 600 Prom Promise Cards for florist boxes to prevent drinking at prom – to be given to all 3 florist shops in Huntsville by youth – for all 3 schools' proms in county