

NW Region Compiled Report

April 2015

CHNS/CHPS

CHERIA LINDSEY:

- Provided training to Paraprofessionals, “Personal Care at its Best” with partnership from LEA Supervisor Lisa Rogers with multiple speakers on Stroke Prevention, Autism, My Plate, Tobacco Advocacy and Act 811, and Stress Management. 46 participants
- Partnered with NW/CHPS to provide presentations to 242 teens and 10 adults on Graduated Drivers’ License, Distracted Driving and Seatbelt Use at Marshall High School
- Assisted with the School Based Health Center Grant Review team and other partners across the state to provide review, knowledge and input to help with future site visits based from rubric from grant in Little Rock
- Presented Shaken Baby at an interactive booth at the Searcy County Health and Expo with 33 presentations with 86 persons and a >200 impact with all the participants that attended. Provided information on Act 811
- Presented at the “Farm to You” to the Newton County K-2 with all schools participating with 198 kids and 28 adults regarding the Arkansas Plate Farm and My Plate and healthy foods and eating
- Assisted at the Madison County “Butterball Fair” with NW/CHNS to provide tobacco outreach and education along with obtaining pledges for smoke free homes and cars by the workers at Butterball with over 100 diverse participants

CINDY JONES:

- Provided TA to the Conway School System in writing for a Farm To School Grant through the USDA along with 6 other community members – a farmers market representative, ACH representative, and county extension agents
- Partnered with NW Health Educator to present “Birds of a Feather” personality test and discussion at the annual state wide HHI meeting in Bismarck, AR. Approximately 45 HHI members participated and learned their personality type as well as how to work with other personality types.

- I presented a lesson on nutrition to 30 pre-school students at Step By Step school in Perryville. These children are developmentally delayed. The lessons used color matching, verbal cues, and hand/eye coordination as well as information on “eating the rainbow” every day in fruits and vegetables
- Partnered with NW/CHNS at the Butterball Turkey plant health fair. We educated approximately 200 workers regarding Act 811 and not smoking in their cars or in their homes. The majority were willing to sign a pledge card not to do either. There was a diverse population of white, Hispanic, and Marshallese present at the fair to which we provided written information regarding effects of second hand smoke.
- I presented the Shaken Baby portion of the Infant Mortality series to 25 child care providers in Conway through the Child Care Aware program. I also educated them on Act 811 and encouraging their parents not to smoke in the home or car with their children. I provided brochures on Act 811 and on the effects of smoking on a fetus.
- Partnered with NW Health Educator at the Van Buren County Community Health Fair in Clinton. We educated community members regarding Act 811, smoking cessation, what the local health unit offers the community, WIC, water safety, and nutritional guidelines. Approximately 90 community members visited our booth

SARAH BRISCO:

- Contacted all Wellness Chairs for each school district to get a distribution list for each school nutrition director for upcoming workshops and events. Contacted Mt. Judea, Deer, and Cotter to discuss wellness contacts for each school.
- Met with the School principal and Wellness Committee Coordinators at Eagle Height School, Alpena, Lead Hill and Bergman School to discuss upcoming dental presentations
- Attended the Paraprofessional training at the OUR Co-op. Presented on My Plate: educated on portion control and healthy eating ideas for students and staff. Presentations provided on 04/07 and 04/08 – total of 46 participants
- Provided a presentation to Searcy County School District @ Marshall High School- The presentation included safe driving and distracted driving. (Total participants 242 students/ 13 adults)
- Provided a presentation on Emerging Products to Baxter County HHI coalition
- Provided a presentation to Valley Springs School Kindergarten Class- The presentation included healthy gums and healthy teeth. Each student was given a tooth brush and tips on ways to keep teeth healthy

NANCY MARSH:

- Butterball health screening Fair – worked to secure vendors; worked with community partners to secure funding from Arkansas Minority Health Commission for Marshallese Outreach; helped plan event – 2 planning meetings; hauled items to set up; worked interactive education booths; worked with plant nurses; cleaned up and hauled items back to offices
- Made flyer and certificate for Reality works: Fetal Alcohol Syndrome – emailed to other CHNS to share
- Smoke Free Pledge translated into Marshallese – result of Butterball health Fair
- Made ASIST suicide prevention email information for NWTRAC and others – sent out promoting event which is funded by NWTRAC, May 28&29 in Bentonville
- Madison County Health Coalition meeting – set up, facilitated, clean up
- Meeting with Regional Prevention Providers to plan presentation at statewide meeting-poster session. Attended 1305 Grant Training in Little Rock and provided technical assistance to school nurses
- Multiple contacts with school nurses regarding BMI entry

ASHLEY LAFEVRE:

- Presented “Get Real Here’s the Deal” at Huntsville Middle School- educated students about food cost based on quality/nutritional value. Guided students in making financial decisions based on family size and income.
- Spring Symposium- attended meeting to expand understanding and knowledge of drug use in schools, immunizations, and childhood obesity.
- Baxter Co HHI- assisted in presenting emerging new tobacco products to coalition members
- Farm to You- Jasper School: read book to approximately 150 elementary students about good things happening in Arkansas. Education provided on products that come from farmers and healthy eating.
- Fayetteville CSH- Provided Public Health Week posters to coordinator and made school visits to school gardens, PE programs, and cafeterias.
- Marshall High School- assisted with distracted driving presentations

Miranda Curbow:

- Provided TA to Safe Schools Initiative participants while attending workshop. Educated attendees on role of CHNS and CHPS and how they can assist these targeted schools meet their goals specified in their grant.
- Presented to WAESC Foster Grandparent in the schools program for the following counties: Franklin, Logan, Sebastian, Crawford, Scott, and Johnson. Educated on Fall Prevention in the Elderly, Appropriate exercise to prevent falls, Emerging Tobacco Products, Spit tobacco, comprehensive tobacco policies on school campuses, quitline and cost of smoking (chronic disease and monetary) 24 present
- WAESC workshop: Educated local school staff on CPR and AED use and provided certification training to them on both. Education included tobacco use and link to chronic disease and death. Also provided 2nd and 3rd hand smoke information. Educated on the link to chronic disease, infant mortality, morbidity and Act 811. Also provided information on a comprehensive tobacco policy for schools.
- Attended Tobacco Coalition regional workshop in Fort Smith- Educated group on grassroots efforts by HHI staff to educate and encourage each district to adopt a comprehensive tobacco free campus policy. Also provided education on Second Chance Program and interventions being used in school districts for those who have tobacco infractions. 25 in attendance
- Met with Instructor at UAFS School of Nursing and discussed plans with 3 other school nurses to assist schools with cessation efforts. UAFS would like to partner with co-op and districts to assist with cessation projects. Plans were discussed and follow up will be made in the near future. Educated on Best Practice models and Public Health efforts
- Educated Johnson/Franklin County Teen Summit committee members on new statewide suicide initiative and assisted with data on county rankings on suicide and schools interventions. Provided TA to committee in helping plan for upcoming joint county teen summit and assisted with agenda and speaker planning.