

NW REGION COMPILED REPORT

September 2015

CHNS/CHPS

CINDY JONES

- Provided vision and hearing trainings to 18 school nurses. Provided education regarding tobacco use in the home as it relates to issues in the auditory system.
- Had an interactive booth at the Cleburne County Fair in collaboration with NE/CHNS and Cleburne LHU Administrator. Our booth educated drug abuse and accidental poisoning. We also displayed educational materials regarding tobacco use and made contacts at Cleburne County schools for presentations. We visited with approximately 425 students, parents, and teachers through the day
- Provided suicide prevention education to 79 junior high students at Greenbrier schools
- Presented The Period of Purple Crying material to 14 parents/guardians at Clinton Head Start.
- Facilitated Lifelines Postvention program to counselors and teachers at Arch Ford Co-op.
- Presented at the New School Nurse Conference on setting up a health office and what was required in regards to record keeping.
- Met with the new school nurse at Heber Springs to discuss IHCP questions, medication administration, and other school nurse office questions

ASHLEY LEFEVRE

- Educated school wellness committee chairs on the role of the Community Health Promotion Specialist and Community Health Nurse Specialist in Little Rock for the School Health 101 Workshop. Education included the history of Act 1220, role of wellness committees, and how the CHPS/CHNS can provide health education to students and staff in subjects such as nutrition, physical activity, injury prevention, and tobacco.
- Educated community members of Fayetteville CSH on an easy way to stay healthy such as choosing the healthier option when eating out or going through a fast food drive thru. Also educated on an easy way to be active such as taking your dog on a walk or parking further away at the store or work.
- Educated 40 middle school students at Prairie Grove Middle School on My Plate and physical activity. Students began the lesson by filling out a blank My Plate page to the

best of their knowledge. I then taught them every category of my My Plate and why each food group is important. I also educated on ways to be physically active that does not involve playing a sport or working out. The students were then able to fill in a My Plate with the specific portion sizes and foods that represent each category. We played a portion distortion game, guessing the amount of calories in each food.

- Educated groups of middle school students at the Madison County Teen Summit (a total of about 200) on sugary beverages. Students were able to "Rethink Their Drink" while looking at a display of how much sugar is in beverages such as soda, juice, or energy drinks. I educated them on how excess sugar is absorbed in our bodies leading to CVD, diabetes, and obesity. Discussed plans to drink more water and be more active. They were given pamphlets on how to read food labels.
- Presented at Fayetteville Public School's professional development for secondary P.E. teachers. Educated on emerging new tobacco products, serving up My Plate curriculum, Comprehensive School Physical Activity Program, and ADE rules and regulations for nutrition/PA. Gave several handouts regarding each of these topics including grants for PE in schools and ADH approved e-cig facts.
- Trained 86 new school nurses on BMI assessment and data entry at the New School New Conference in Little Rock. Educated on obesity, Act 1220, and why Arkansas does this assessment. They were shown how to complete the assessment correctly and given a step-by-step instructional packet on how to enter data on ACHI. Each nurse completed a practice assessment.
- Participated in NWACC's Community Resource Fair to educate students, faculty, and community members about Hometown Health Improvement. Spoke to 75 individuals about added sugar in beverages, portion control, fruits/veggies, cost of smoking, and smokeless tobacco. They were given brochures/pamphlets on each subject.

CHERIA LINDSEY

- Vision and Hearing workshop in NW Educational Cooperative over 2 days with 17 new school nurses which included IP and Tobacco education
- Facilitated E-school medical workshop at the OUR Educational Cooperative with 21 school nurses and included IP and Tobacco education along with Communicable disease and immunizations
- Special HealthCare Needs workshop at the OUR Educational Cooperative with 33 new paraprofessionals and included IP-poisoning/falls and tobacco education
- CPR/AED/FA class with 12 school personnel and included IP-seatbelt safety/distracted driving and tobacco education with Act 811

- Presented at the Madison County Teen Summit in 4 sessions with a total of 186 participants- 8th graders and teachers on tobacco education-all forms with focus on smokeless and the Quitline
- Facilitated Personal Care in the Schools class to 26 school personnel and included IP, Tobacco, Nutrition, and Oral Health education
- Presented at the New School Nurse Conference on the Role of the CHNS/CHPS to a 106 school nurses which included programs available to them on IP, Tobacco, Wellness, Nutrition, Communicable Diseases, and many other health issues
- Facilitated the Marion County 8th grade Teen Summit which included 112 8th graders and 27 volunteers/teachers which included education on: IP-Distracted Driving, Suicide Prevention, Dating violence, Hunting Safety, Tobacco, Substance Abuse, Nutrition, Physical Activity and Future Pathways

SARAH BRISCO

- Provided a presentation at the CSH Orientation 101/Little Rock- presentation included the role of the CHPS/CHNS and the presentations that can be provided by the CHPS
- Attended the Yellville School District Wellness Committee- Provided a short overview and handout to the coordinator on the presentations that CHPS and CHNS can provide
- Presented My Plate to the Yellville School District High School health class (approximately 22 students)
- Provided a presentation on the importance of hand washing at Nans' daycare .Provided 3 presentations on oral health to Montessori School (51 students) Provided a presentation to the Little Red School House (Valley Springs School District)- on oral health approximately 28 students and 3 staff
- Provided an educational booth on Tobacco Prevention at the Madison County Teen Summit- and spoke to each group on the dangers of tobacco (approximately 160 students and 209 attendees)
- Provided a SHI/wellness priority/ACSIP overview and training to the ACSIP Coordinators at Mt. Home School District
- Provided a presentation on the SOS Project Prevent/Big Pitch to the Harrison School District Wellness Committee – approx. 15 attendees
- Provided the BMI training, which included BMI entry to at the New School Nurse Workshop in LR (Partnered with NW/CHPS

MIRANDA CURBOW

- GFESC Co-op: Hearing and Vision training, included tobacco education related to chronic disease, secondhand smoke, Act 811, infant mortality. Also included car seat and seatbelt use education. 11 present
- Booneville TA to school nurses on screening equipment use and general school nurse duties.
- GFESC Co-op: TA provided to GFESC districts in a workshop on SHI completion. TA provided to Mulberry High school by assisting with SHI completion for the district
- CPR education to Mansfield school staff. Included tobacco education, chronic disease related to tobacco use and secondhand smoke dangers. Provided with quitline information and Act 811 education and educated on emergency procedures in the schools and public.
- GFESC: Provided Para-Pro and Glucagon train the trainer education for district RN's (7 present)
- Facilitated Franklin/Johnson county teen summit. Included education on tobacco use, drug use, alcohol use, suicide and proven interventions in all areas. Educated by conducting Minute to win it Game using APNA data for both counties on the above mentioned topics. 85 present
- Provided Lifelines suicide education to GFESC districts by providing workshop opportunity at GFESC. 18 present

NANCY MARSH

- Meeting with NWA School Nurse Coordinator's – 16 schools present – public, private, and charter – Fayetteville, Springdale, Lincoln, Farmington, Elkins, West Fork, Huntsville, Pea Ridge, Haas hall, Bentonville, Greenland, NWA Classical Academy, Siloam Springs, Gravette, St Vincent de Paul; Sunshine School – discussed flu clinics; immunizations; ADH Home Health; red bag waste disposal; staff needs for nurses for 1:1 students – several schools looking for staff
- NW Educational Co-op Vision and Hearing Screening Training (12 nurses) Vision and Hearing Screening training (5 nurses) Para Pro Training for nurses (8 nurses)
- Madison Co Teen Summit – 160 8th graders from all 3 schools; High school youth from 2 schools worked summit (11); 50 community volunteers helped with Summit; 18 teachers

- Presentation on Spit Tobacco Prevention and Underage drinking to 3 classes of 7th and 8th grade Health Class at Huntsville Middle School
- NW Educational Co-op, Reality Works: Fetal Alcohol Spectrum training for school nurses (14 nurses)
- Hosted NWA School Nurse Association meeting at NWAESC – made arrangements for dinner (16 nurses)
- Planned and facilitated MCHC Tobacco Prevention Committee Planning Retreat – worked on coalition calendar for the upcoming year; discussed grant plans (11 people)
- **Received NW Region Employee of the Year Award**