

NW REGION COMPILED REPORT

JULY 2015

CHNS/CHPS

CINDY JONES

- Facilitated and presented at Arch Ford's annual Wellness Workshop with 24 teachers and school nurses in attendance. Educated participants on Emerging Tobacco Products. Also presenting was a representative from the Hunger Alliance who educated about breakfast in the classroom, NW/CHNS presented/ educated on Wellness Committee's, School Health Index, Nutrition and other presentations available by the CHNS/CHPS and NWA/CHNS educated on Go Noodle and presentations that the CHPS can present in the schools.
- Developed an educational presentation about summer injury prevention and received approval by ADH to use it at a young mom's class in Clinton. The power point educates on sun safety, heat illnesses, and water safety. Presented it to 4 children and 8 adults at the local health unit and provided them with injury prevention booklets
- Presented America's Tooth Fairy at the Cleburne County Library to 6 children and 10 adults. The participants were educated on proper brushing technique, flossing, how diet affects our teeth, and the results of tobacco use on oral health
- Facilitated Aleecia Starkey workshop titled: "Side Effects! Medical Diagnosis that Impact learning". There were 26 educators, counselors, mental health providers, and school nurses in attendance
- Provided 2 CPR/AED classes and 2 first aid courses at Arch Ford Coop. 24 participants. Provided education on suicide prevention in youth as well as tobacco cessation.
- Extended amount of time planning for Back to School Workshops for all 4 of the NW Coops for our School nurses

ASHLEY LEFEVRE

- Assisted NW/CHNS with preparing and facilitating Marshallese Culture training at the Northwest Arkansas Educational Co-op
- Educated school staff at the Western Arkansas Wellness Workshop about the services and health education resources that the CHPS/CHNS can provide to the community and

schools. They were given a handout of specific presentations we are able to offer them regarding tobacco, injury prevention, nutrition/physical activity, and wellness.

- Educated school staff at the Arch Ford Coop Wellness Workshop about the services and health education resources that the CHPS/CHNS can provide to the community and schools. They were given a handout and brochure of specific presentations we are able to offer them regarding tobacco, injury prevention, nutrition/physical activity, and wellness. I reviewed nutrition presentations that can be given to students as well as an overview of other resources such as choosemyplate.gov.
- Educated school staff at OUR Coop on the emerging new tobacco trends. Educated on the dangers of e-cigarettes and the different products students are using. Participants were also given a handout of specific presentations CHPS/CHNS are able to offer them regarding tobacco, injury prevention, nutrition/physical activity, and wellness.
- Attended and conducted an interactive booth at the Community Carnival at Mary Mae Jones Elementary in Bentonville to educate parents and students about Act 811 and preventing injuries. Kids first played a physical activity dice game to learn that being active can be fun and easy. Then they were given coloring books and pages to show the importance of wearing a helmet and avoiding tobacco/smoke. Parents were educated on injury prevention and given a bookmark which had a check list to ensure their home is safe for children.

CHERIA LINDSEY

- OUR Coop: Provided workshop on Cultural Understanding of the Marshallese and Hispanic Populations which included multiple topics on tobacco, nutrition, diabetes, bullying, substance abuse, communicable diseases, chronic diseases and cultural differences and diversity to diverse group of school staff, approximately 21 present
- Provided CPR/AED to a group of teachers with emphasis on Heart Disease and Stroke. Educated on emerging tobacco products and relation to heart disease along with Act 811. Also, educated on the importance of seatbelt safety and life jacket safety with our area and recreational sports on the river including drowning victims and how we provide care
- Assisted with workshop at Farmington, NW Educational Cooperative, with Aleecia Starkey which included traumatic brain injuries and medication side effects and diagnoses along with tobacco education
- Completed the CNE Packet for the NW Back to School Nurse Workshops and submitted to A-Train having 4 physicians and the state nurse consultant. Titled- ADH and School Nurses: Survival Kit for Chronic Diseases

- Attended and help to facilitate 3 day conference in Branson, Mo on Pediatric Updates: Advancing Evidence-Based Guidelines for School and Pediatric Nurses in partnership with NAPHE which included many topics from communicable diseases, immunizations, diabetes, mental health ,dermatology problems in kids and legal highs in the school, approximately 190 attended

SARAH BRISCO

- Conducted a presentation for the First Presbyterian Church daycare on Oral health by using the Tooth Fairy curriculum and the dirty/clean mouth. Also educated on injury prevention and water safety (32 participants)
- Provided a presentation to Nans Daycare on the importance of nutrition/physical activity/oral health/injury prevention (helmet safety)/tobacco prevention
- Provided a presentation at the Arch ford Wellness Workshop- provided the Wellness Toolkit, the Role of the CHPS, and the School Health Index
- Facilitated and provided a presentation at the OUR Wellness Workshop- provided the Wellness Toolkit, the Role of the CHPS, and the School Health Index
- Provided education and water safety materials to the First Presbyterian Church daycare- distributed materials and educated on the importance of wearing life jackets (approx. 150 students)
- Provided Injury Prevention materials on water safety to the Baxter County Health Unit for the Waiting Area

MIRANDA CURBOW

- 2 CPR classes provided for local school staff. Included tobacco education related to diabetes, HTN, stroke, heart disease, second hand smoke, and Act 811. Distributed quit line forms and Act 811 pamphlet. 15 present
- Educated students at Charleston Jump Start Summer Program on oral health. Included tobacco harms, ingredients of cigarettes, smokeless and other tobaccos. Also included education on chronic disease related to oral health. 31 present
- Charleston Jump Start Summer school program education. Provided education to students on nutrition and physical activity. Included My Plate examples for proper food and serving sizes. Used interactive serving manipulatives. Also educated on lifetime physical activity using pamphlets and interactive activities using exercise dice and mat. Included nutrition and Physical activities link with HTN, diabetes, heart disease, chronic respiratory disease, etc... 30 present
- Guy Fenter Coop workshop: Educated local wellness committee and administrators during wellness workshop. Included education on SHI completion, Alliance for a

healthier generation, grant availabilities, wellness committee roles/responsibilities, smart snacks, Go Noodle, plus fresh fruits and vegetable grants and implementation, oral health grant implementation, emerging products and tobacco education and comprehensive policies.

- Assisted several districts with their back to school in-service days and topics to be covered and working to provide 2 days of LIFELINES workshops at GFESC.

NANCY MARSH

- Attended Pediatric Conference in Branson - - NWAESC paid registration fee
- Attended NWTRAC meeting; Attended and active participant in planning discussion at NWTRAC Injury Prevention Committee – planning ASIST Training in NWA this fall
- 07/01 – Hosted ‘Cultural Understanding’ workshop – Presenters on Marshallese and Hispanic Cultures. 19 people (Outreach report
- Made arrangements for ‘Cultural Understanding- Marshallese and Hispanic’ to be provided at OUR co-op.
- Several days spent on making arrangements for NWA School Nurse Workshop – emails with vendors; NWAESC staff for meals and other arrangements; many emails for with School Nurses to get registered on Esc Works and A-train.
- Assisted with CE packet for Regional School Nurse CE packet