

# NW Region Compiled Report

## October 2014

### CHNS/CHPS

#### **Miranda Curbow**

- Provided CPR education/training for school staff members at WAESC with 3 districts present and 8 total participants- Educated on tobacco and relation to cardiovascular disease, SIDS, diabetes, and stroke- Also educated on second and third hand smoke, included Act 811 and E-cigarette education as well.
- In person school nurse visits to assist and provide technical assistance to new nurses with various topics at the following campuses: Mansfield, Hartford, and Hackett
- Presentation using Gatekeeper's Curriculum at the Christian Women's Job Corp in Charleston-Educated community members on suicide and suicide prevention - 11 present
- Participated/assisted in 7 school flu clinics
- Charleston School district: Educated staff on cyber bullying and internet safety. Distributed educational materials for staff to use in the district- Also assisted district with poster contest using statistics and other information on the following topics: internet safety, cyber bullying, dating violence, tobacco and other drug abuse.
- Attended Waldron School based health center ribbon cutting

#### **Nancy Marsh**

- I provided technical assistance with 4 school nurses/districts on revising Head Lice 'no nit' policies. Gave them the model policy from Ark School Board Assoc. and shared NWA Districts that had this policy in their handbooks and how it was worded
- Working on follow-up for pilot with 3 school nurses/district (Decatur MS/HS, Huntsville Intermediate, Siloam Springs –entire district) that agreed to enter BMI data into e-School and ACHI last year – trying to be able to just enter BMI into e-School whenever the nurses want, instead of using a different website that is not active until January
- Partnering/collaborating with Prevention Resource staff and schools to get additional districts to commit to APNA survey – all the districts in NWA had been doing the survey, this year several principals at many districts said they didn't have time to do it – linking SBHC funding and requirement to do surveys with appropriate partners
- Tobacco prevention presentations to Huntsville PreK (2 classes) and Kindergarten (7 classes) students during Red Ribbon week. (200 students)

- Planning meeting with community partners on starting tobacco cessation classes in Madison County for the first time. Met with Elementary Principal about hosting classes at her campus following the planning meeting
- Attended NWA Suicide Prevention Coalition Meeting and then posted flyers about upcoming events at NWAESC.
- Worked with Huntsville School District on applying for Innovation Solutions Grant for \$2,000 to fund one of their plans from their SHI
- Worked on NWA School Nurse data base – 151 school nurses, sent to Paula

### **Cheria Lindsey**

- Technical assistance with organization and speakers for the Marion County Teen Summit that was held at the Yellville Multipurpose Building for approximately 135, 8<sup>th</sup> grade students from Yellville-Summit, Bruno-Pyatt, and Flippin schools. Topics included were Social Media-Sexting and Texting, Hunting Safety, Physical Activity, Healthy Eating, Drugs and Alcohol Abuse, Suicide Awareness, Dating Violence and Tobacco Facts. Also provided the post-evaluations for the summit and assisted with collection from the schools.
- Presented to 16 Green Forest High School Students on Chew Tobacco and E-Cigarettes this included the Quitline and Act 811. Interactive presentation followed by a six question post-test with 100% acknowledging the correct answers. Assisted students with information for a class project to teach the middle school age kids in 5<sup>th</sup> grade about tobacco and associated products and the dangers of nicotine; they were to present the following day.
- Presented at the Annual Transition Fair sponsored by the OUR Special Education Program to 125 special education students from 13 school districts on the cost of tobacco using the spin board game to ask questions and then explain the costs of tobacco: monetary, health wise, insurance rates, and employment. Included the SOS Quitline information and Act 811 along with cost calculators for those who currently use tobacco products or have someone they would like to talk with about the costs.
- Assisted and provided influenza vaccinations to the following schools in Boone, Searcy, Johnson, Newton, and Carroll Counties for 17 flu clinics over the month of October and also assisted some with volunteers and collection of licensure and the forms and Just in Time Training. School flu clinics included were: Marshall Elementary and High School, Leslie Intermediate, Valley Springs School District, St. Joe School, Western Grove School, Cotter Public Schools, Bergman School District, Eureka Springs School District, Berryville School District, Green Forest School District ,Oark School, Lead Hill School District, Omaha School District, Mt Judea School District, Skyline Elementary –Harrison School

District, Eagle Elementary-Harrison School District, Woodland Elementary-Harrison School District

- Submitted PPT for “Chew Tobacco” to Dr. Wheeler and awaiting approval
- Assisting with preparation for the Boone Teen Summit in November; supporters, door prizes, speakers, and educational materials.

### **Cindy Jones**

- Participated/assisted with 9 school flu clinics
- Attended and participated in the Dardanelle School Wellness Committee meeting with review and update of SHI, discussion and planning preparedness for the district, review of new procedures in the district to increase fruits and vegetables for students. Discussion and planning for Muscle Milk grant for the high school athletic program.
- Participated in the Arch Ford Co-op flu clinic
- Staffed interactive educational booth at the Conway County annual Senior Health Fair. Provided posters on fall prevention and stretch band activities for increasing muscle tone and healthy snacks at home. Stretch band usage shown and discussed with participants individually. Education material provided included tobacco prevention/cessation, nutrition, home safety, fall prevention, healthy aging and physical activity.
- Attended Cleburne County Coalition meeting and updated on school issues.

### **Sarah Brisco**

- Provided a presentation to Nans Day care on Dental Health and provided tooth brushes for 10 children
- Provided assistance with the Baxter County Teen Summit- tobacco prevention, cyberbullying, healthy choices, Injury prevention (350 students)
- Provided SHI training for Searcy County School District
- Assisted with the Marion County teen Summit- Provided a physical activity for each group (135 participants) Provided assistance to the Madison County Coalition by working on the evaluation of the pre and posttest for the Madison County Teen Summit
- Assisted with the OUR Transition Fair- Provided physical activity, healthy choices, and nutrition activities (125 students)
- Provided assistance for the Fort Smith WIC Coordinator via email on wellness project
- Completed grant proposal for the Kiwanis Young Children Priority One project