

NW Region Compiled Report

November 2014

CHNS/CHPS

Miranda Curbow

- Hacket School District: Educated seniors on basic life support. Included education on e-cigarettes, second and third hand smoke, Act 811, tobacco use and cardiovascular disease, and the link to diabetes and chronic respiratory diseases, smokeless tobacco facts and preparedness for emergencies. 45 present
- Western Co-op: Educated school nurses on link between tobacco and chronic disease, obesity and overall risks. Included link to hearing loss, secondhand smoke and SIDS and otitis. Also taught cessation options. Provided materials for nurses to use in educating students and staff in their districts. Physical Activity/nutrition education included. 9 Present
- Western Co-op: Educated school nurses on emergency preparedness in the school. Included playground safety, fire safety and bus safety. All with emphasis on special Education students and those with disabilities. Provided pamphlets, checklists, and sample emergency plans. Also provided quitline information and Act 811 info. 16 Present
- Provided TA to Franklin County agents for Safety Baby Shower on 11/15/14
- Provided TA to Magazine schools for STD/pregnancy upcoming presentation
- Information on “My Reason to Write” essay was sent via email to school nurses, wellness committee chairs and FCCLA teachers. Continue to provide TA to 23 new school nurses.

Nancy Marsh

- Worked on flyer for MCHC - outside agency to provide tobacco cessation classes in Madison County for the first time ever- Facilitated MCHC Meeting- Suggested project that we made that day – ‘Quit Kits’ to use in the community for people who are trying to quit tobacco – candy, gum, pamphlets, stress balls, bookmarks
- Attended NW Regional Ebola Meeting in Springdale. 7 districts had nurses at this training that asked pertinent questions. Great information presented.
- Technical assistance with Huntsville School District getting an Innovative Solutions Grant for \$2000 to do art projects for their cafeterias – result of the SHI need.
- Attended NWAESC Superintendent’s meeting where they invited Legislators to discuss issues - 16 districts had superintendents present and 13 of the 22 senators and representatives attended. Great discussion.

- Scoliosis training provided for 13 new nurses and 2 recertification of school nurses. -BMI training for 12 new nurses Cheria Lindsey and Sarah Brisco did lectures for training and assisted with other parts. 11/18 presented the new Emerging Products PowerPoint at HHI Support Staff meeting. 11/20 Para pro training for new school nurses; Cheria Lindsey did lecture – made notebooks and assisted.
- Worked Health Fair on Saturday in Siloam for their grand opening of their School base Health Clinic – several hundred attended event – interactive educational booth on nutrition and increasing physical activity – used the physical education dice. Provided door prize of tumbler/ items

Cheria Lindsey

- The Substance Abuse Prevention Committee in which I serve on, partnered with Boone County Schools, 6 districts with 423 8th graders, to provide a Teen Summit with interaction and topics: Sexting and Texting and emphasis on Cyberbullying from the AG office Stephen Svetz, ATV Safety from the SIPP with ACH-Layce Vance, Tobacco Education and Alcohol and Drugs Education from national speaker, Ray Lozano. The Summit also hosted by KHOZ Rob McBee who reiterated the topics with review and interaction. It was a dynamic and motivational summit and the teachers and other school staff given the opportunity to provide feedback for future summits. Door prizes and lunch provided by many local contributions and community involvement to provide this educational opportunity.
- Presented to Bruno-Pyatt Health Class on Cardiovascular Health and Emergency Preparedness which included CPR presentation and risk factors for health with emphasis on smoking and tobacco: Included tobacco presentation and Act 811 presentation the class given a 5 question pre and post-test with 60% knowledge on pretest and 100% on post-test It was an interactive presentation in which the students actively participated in and were given materials on CPR, Tobacco Cessation program-SOS Quit line, Act 811 Cards, and Emergency Preparedness handout.
- Presented BMI and Scoliosis Training at Farmington –NW Educational Cooperative for 19 participants. Presented Scoliosis Training for 2 school nurses at OUR Educational Cooperative. Presented Paraprofessional Train the Trainer for Special Healthcare Needs Module to 5 new school nurses at the NW Educational Cooperative
- Presented at the annual Superintendents Board Meeting on health related and school issues: addressed School Influenza clinics, Ebola guidelines for schools and possible trainings for school nurses, Medicaid Personal Care issues and professional development, Immunization changes and communicable diseases, and also with providing signage for buses with the SOS representation and reminders of no tobacco including e-cigarettes on school grounds and properties for 16 members

- Presented to 72 4-6th graders at the OUR Chess Tournament for 2014 and to 28 teachers, parents, and staff on Tobacco which included How Big Tobacco Plays You using the Chess sign from TPCP, the 50 year Surgeon General Report with the video Robbing the Future. I provided information and facts for Arkansas on tobacco usage and the programs available such as SOS Quitline and the effects of tobacco and nicotine on the body. Encouraged the students to participate in the Reason to Write for Project Prevention contest for grades 2-8th and distributed handouts out for the project. Information on My Reason to Write emailed to School Nurses and Counselors.
- Working with Special Education to provide a Paraprofessional Conference in February, and planning started with speakers notified and dates set and agenda in place

Cindy Jones

- Participated in the Conway Safety Baby Shower: 35 community members, ADH employees, and new moms participated in a Safety baby Shower at a local church in Morrilton- Education presented included home safety and injury prevention, tobacco cessation, proper infant/child car seat safety, immunizations, and influenza information
- Facilitated Aleesha Starkey's workshop at Arch Ford Co-op. 16 area school nurses and teachers participated in a day of instruction concerning special education needs in the schools. Brochures and information provided regarding concussions, injury prevention, and tobacco
- Provided new and recertification trainings to area school nurses in BMI screening and Scoliosis screenings at Arch Ford Co-op
- Provided ATV Safety presentations/education to 400 6, 7, and 8th graders at Dardanelle Intermediate School. Each class was 50 minutes of instruction and included a video, training exercise in 2-man riding, and personal experiences in ATV Safety.
- Participated in the following flu clinics: Russellville MS, Heber Springs School District and Conway Mass Flu Clinic
 - Attended the North central TRAC meeting. Networking with TRAC members. Met the new IP coordinator with the Heber Springs Hospital and was able to bring her into the Cleburne County Coalition.

Sarah Brisco

- Provided technical assistance to the Bentonville School District- contacted Stephanie Alsbrook to get a current wellness coordinator (@ School Nurse Coordinator Request)

Continued to work on the 2014 Wellness Project by contacting the school districts about wellness committee/and school health index initiatives

- Prepared for the Wellness Workshop at the Farmington Co-op- contacted all speakers about topics and details
- Assisted with the Boone County Teen Summit – provided and coordinated the summit for students from each 8th grade class in Boone County. The following schools were represented: Harrison, Omaha, Valley Springs, Bergman, Alpena, and Lead Hill. (approx. 500 participants)
- Coordinated and facilitated the BMI workshop at Farmington for new school nurses. The BMI workshop trains school nurses and school personnel on how to properly screen the students BMI (
- Coordinated and facilitated the Wellness Conference Workshop at the Farmington Co-op. The Wellness Workshop focused on the following topics: Healthy Staff and Students, Second Chance Tobacco Prevention Video/Presentation, Health Teacher.Com, Go Noodle.com, Wellness Toolkit, and the School Health Index
- Completed the revisions for the Young Children Priority One Grant and was awarded the grant for 2014/2015 school year. Grant will allow the CHPS/CHNS at the OUR Co-op to provide tobacco prevention and injury prevention (oral health) materials for Pre K and/or Kindergarten classes in Boone County