

NW Region Compiled Report

June 2014

CHNS & CHPS

Sarah Brisco

- Attended the Statewide CHPS/CHNS meeting in LR
- Attended the Tobacco X Training in Farmington
- Attended and helped facilitate the Spark Training in Springdale @ George Jr High
- Provided a presentation to Nan's Daycare on the Book, "Henry Gets Moving". The book encourages healthy eating and exercise. Also provided tobacco stinks stickers to all students.
- Provided presentation to Room to Bloom daycare on physical activity/nutrition/injury prevention while using the physical activity ball and dice and discussed the importance of bike safety.
- Attended the wellness meeting in Searcy County that discussed upcoming grants and summer feeding program
- Met with staff at St. Joe school to discuss upcoming workshop and encouraged the staff to attend

Nancy Marsh

- Madison County Health Coalition – facilitated meeting, helped with clean up. Facilitated planning Meeting for annual Fund Raiser
- Safety Baby Shower – Madison County, planned, hauled stuff to and from site, presented – 7 pregnant women, total 25 people total- partnership with University of Ar. Ext Service and Teen Parent Program and ADE Tobacco Grant coordinator
- Hosted Traumatic Brain Injury and Autism Workshop by Aleecia Starkey – 23 people; provided 6.2 nursing CE'S for 5 nurses= 61 total CEs

- Hosted ABCs of Special Education Workshop by Aleecia Starkey – this was a new workshop that Ms. Starkey piloted at NWARSC; 21 people, 19 nurses
- Hosted Medical Diagnosis that Impact Learning by Aleecia Starkey – 17 people, 9 nurses, 9 x 6= 54 nursing CE's awarded
- Developed new Nursing CE packet for ABCs of Special Education. 6 hours. There were 19 nurses at this workshop. 6 x 19= 114 total nursing CE hours
- Working on vendors and educational materials for NW Region August School Nurse Workshops. Contacting speakers about objectives and Bios for CE packet

Cheria Lindsey

- Facilitated Tobacco Training at Farmington-NW Cooperative, Project EX, for 6 participants to use in/or provide assistance to schools for tobacco cessation
- CPR/FA/AED training to Early Childhood Group with 10 participants and included both SOS Quit line information and Act 811 with Home Safety Measures with Injury Prevention
- Presented to 5 girls at a Babysitting Basics Class with the Searcy County Extension office about CPR/FA/AED basics and Shaken Baby Syndrome, Seizures, and Act 811 and Tobacco Dangers with children with illnesses such as asthma.
- Presented Water and Sun Safety to 42 diverse children and 4 adults at the Yvonne Richardson Community Center which included Act 811 and effects tobacco has on the skin along with the sun
- CPR/FA/AED training to 5 teachers from Berryville School District which included Act 811, Quit line information, and Home Safety Measures as well as Water Safety and Sun Safety from Injury Prevention
- Facilitated and presented a Safety Baby Shower with Searcy County Health Committee and several vendors for 9 pregnant women and a friend. Total participants included were 30. Provided evidence-based topics with multiple presenters on safety issues such as Safe Sleep, Crying Plan, Shaken Baby Syndrome, Home safety, and Motor Vehicle safety which included car seat safety, Act 811 with tobacco use *

- Facilitated SPARK Training for 23 PE teachers and total of 30 present at Springdale-George Jr. High with the NW Cooperative. It is an evidence-based, research based curriculum for PE and recreational leaders that provides a coordinated approach to physical exercise and nutrition
- Completed “Healthy Skin” CNE packet for Robert Burns, PhD and submitted to ATRAIN for approval

Miranda Curbow

- Participated in the Car seat installation (from safety baby shower), educated on tobacco r/t infant health and mortality. Included Act 811 education.
- Attended tobacco training in NWA for Project Ex at Northwestern Educational Co-op
- Branch First Baptist Church : Educated church women's group concerning: falls in the home, fire safety, Act 811, E-cigarettes, Car seat/seat belt safety, LHU services for family planning and immunizations and WIC. Education also included Prescription drug safety.
- Charleston Baptist Church: Educated church women's group concerning: falls in the home, fire safety, Act 811, E-cigarettes, Car seat/seat belt safety, LHU services for family planning and immunizations and WIC. Included Prescription drug safety education
- Western Co-op: Educated school staff on hands only CPR, AED use, Cardiovascular disease burden, fitness and nutrition r/t cardio health, smoking r/t cardio health, second hand smoke risks, tobacco risks, Act 811. Education also included: ATV safety, Teen driving challenge, distracted and influenced driving and seat belt laws
- Educated Public on Act 811, Car seat and seat belt safety at a safety event in Logan County
- Orientation with Cindy Jones, new CHNS at Arch Ford Co-op

Christine McKnelly

- Presented 2 sessions and hosted full-day Wellness Workshop at Arch Ford. Approximately 25 participants representing nurses, PE teachers, classroom

teacher and community workers attended. Topics included SHI, wellness toolkit, advocating for health in schools, CHPS role and availability (presented by me) worksite wellness for schools (Katrina Bettencourt,) utilizing data and sexual health considerations (Kathleen Courtney,) JUAs (Jerri Clark) and examples of proven wellness initiatives (Lamar school health coordinator and PE teacher.) At conclusion of event, teachers identified multiple ways they intended to grow their wellness efforts, including inviting me into their wellness committees

- Facilitated full-day workshop on the use of technology in physical education for approximately 20 teachers. Workshop included apps for PE, healthteacher.com, go noodle, QR code use for video motor skill instruction, use of heart and pulse monitors, and interactive games
- Presented children's water safety class at Heber Springs Library to approximately 11 children. Presentation included lifejacket fitting, practice tossing flotation devices, readings from Bobber the Water dog booklet, and interactive learning games. Presented with CHNS Cindy Schaefering and Admin Hazel Thompson from NE Region. Received letter of appreciation from library after presentation
- Conway County Coalition: Attended and provided updated about summer PE and wellness workshops I am offering. Followed up with coalition members about potential funding and planning for a Safety Baby Shower.
- Presented/facilitated/actively participated in half-day workshop for secondary school coaches. Workshop targeted coaches who may not otherwise include lifetime fitness in their assigned PE classes. Workshop included innovative technologies including Drums Alive and other stability ball activities. Presenter Dr. Earlene Hannah led this workshop, which included 10 participants from 5 school districts
- Presented/facilitated/actively participated in half-day line dancing for the PE classroom workshop for elementary teachers. Workshop included innovative technologies including Drums Alive in addition to line dancing instruction. Presenter, Dr. Earlene Hannah led this workshop, which included approximately 18 participants

- Facilitated full-day workshop for PE teachers on the integration of literacy and math in physical education per common core requirements. Presented resources and programs to teachers. Primary presenter teaching the session was Leslie Van Pelt

Cindy Jones

- Attended the Youth Tobacco Cessation Training called Project EX. There were 6 trainees. We practiced role playing and instructor training to be able to present the program in Jr./High schools
- Attended CNE approved provider training via remote video presented by Paula Smith
- Orientation with Miranda Curbow from Western Co-op -Training on what the office of a CHNS should look like. We discussed notebooks, required documentation, sharing of resources, and available training materials I have in my office. I spent one day with Becky Lamb, CHNS, in the Wilbur D. Mills co-op for training on the A-Train system.
- Assisted with facilitation and participated in the ASNA school nurse conference for 2 days. We received the newest version of H.A.N.D.S. training as well as training on how to recognize cultural differences in those around us and updates from NASN
- 2 days orientation with Cheria Lindsey, CHNS, for training purposes. I assisted in setting up a Safety Baby shower with her in Marshall for 9 expectant mothers and families. We also attended a coalition meeting in Marshall.
- I was brought in by Kim Boren as an observer for the first meeting of the Franklin/Johnson Teen Summit Planning Committee to discuss a Teen Summit in September.
- Hector Superintendent, Walt Davis,- requested technical assistance regarding replacing his school nurse. (She unexpectedly left after several years with the district.) I supplied via email a sample job description of a professional school nurse and information from the AAP regarding the job parameters of a school nurse.