

NW Region Compiled Report

December 2014

CHNS/CHPS

Cindy Jones

- Provided CPR/AED/First Aid training to 8 employees at Arch Ford as part of their emergency preparedness. Education provide on tobacco use, nutrition and provided pamphlets on stopping smoking and reading nutritional labels
- Participated in a one day class on how to start a coordinated school health program in a school
- Attended the wellness committee meeting at Dardanelle School District. Met with several community members, students and school administration to plan an upcoming health fair at the school.
- Provided cider and small breakfast items to approximately 30 staff members at Arch Ford combined with a video called “Why Don’t We Do It in Our Sleeves?” This video covered the topic of coughing and sneezing into our sleeves at the elbow to contain bacterial particles that become airborne when we cough and sneeze
- Assisted in providing 170 flu vaccines at Conway High School to students and faculty
- Attended the Pre-Legislative Conference in Little Rock sponsored by Arkansas advocates for children. Learned of upcoming changes in health insurance, areas of focus in early childhood education, and changes in the political leadership affecting how their focus will be different from the current administration

Nancy Marsh

- Met with Huntsville’s Superintendent and the middle school Principal about school nurse issues and toured the school clinic at Elkins
- Presented to the Berryville School Board and included information about the ADH tobacco prevention grant application, requirements and goals for the upcoming grant cycle and the work plan
- Technical assistance provided to the MCHC grant staff on the MCHC coalition and the grant work plans

- Assisted with Madison County Mass Flu clinic.
- Received an invitation from the American Heart Association to meet with people in Washington County and revise a group to work on Smoke-free bars in Fayetteville

Cheria Lindsey

- Provided assistance to Madison County Coalition and Berryville School District with partnership for future educational opportunities. Met with and provided technical assistance to the coalition members to help prepare for their presentation at the school board meeting. Met with the Superintendent to get a letter of support for the grant
- Presented at a parent meeting for the Bruno-Pyatt Headstart Program to 18 headstart children, 10 parents/guardians, and 2 teachers on Health and Safety Issues. Included in this presentation were Home Safety Measures with focus on Falls and Fires, Act 811, Tobacco Cessation, SOS program with being advocates to be tobacco-free, and Nutrition and Exercise with introducing the Jungle Jive video which has education on balance and motion, exercise and diet; also included immunizations requirements along with the importance of immunizations while focusing on influenza vaccine
- Participated in the Safety Training with the OUR Educational Cooperative with 22 participants on issues with workplace and active shooter scenarios which also included awareness in surroundings when in community events, schools, or other events that might be a potential hazard.
- Provided updates at the Harrison School District Nurses meeting and helped them to work on policy for next school year and provided several examples of policies and forms to use for their health and emergency forms.
- Completed revision to the Tobacco Powerpoint and added resources and worked with Alicia Neppl from TPCP for final copy for approval from Dr. Wheeler

Miranda Curbow

- Educated the Alma school nurse and staff on secondhand smoke, comprehensive tobacco policies, Act 811, quitline, diabetes, cardiovascular disease related to tobacco use, poor nutrition, obesity, and lack of physical activity

- Educated coaches and staff at the Paris Boys and Girls club on concussion, traumatic brain injury and it's prevention. Educated on "return to play" rules and regulations. Educated on heat illness, it's consequences, signs and symptoms and prevention. Included proper hydration and also included emergency plans for those and other situations the coaches and staff might encounter
- Educated school staff and school nurse at Lavaca Public Schools on epinephrine in the schools and free product availability and on new policies coming out. Also discussed comprehensive tobacco policies, including e-cigarette products and reviewed their participation in TPCP writing campaign
- Educated coaches and staff with the County Line Little League on concussion, traumatic brain injury and it's prevention. Educated on "return to play" rules and regulations. Educated on heat illness, it's consequences, signs and symptoms and prevention. Included proper hydration and also included emergency plans for those and other situations the coaches and staff might encounter
- Educated school nurses at Fort Smith Public Schools using reality works dolls and curriculum. Included general head injury ed., shaken baby syndrome, drugs and effects on fetus and fetal alcohol syndrome. Had a train the trainer and also educated on flu season progress and immunization information. Included tobacco/infant mortality
- Attended the following meetings: State CHPS/CHNS, Logan County Coalition, Magazine Wellness committee meeting, Lavaca Wellness committee meeting, and the NW CHNS planning meeting
- Planning and preparation for the upcoming March CHNS/CHPS meeting, August school nurse regional workshops and a presentation at the Logan County Teen Summit in January.

Sarah Brisco

- Provided a presentation to Nan's daycare on Injury Prevention (Home Safety, Falls, Car Seat Safety)
- Supported local Public Health Emergency Response efforts by providing TA for the Boone County Mass Flu Clinic and attending the Safety Training (Intruder Training) at the OUR Co-op
- Attended the state-wide CHPS/CHNS meeting in LR and compiled the CHPS meeting minutes

- Provided TA to Searcy County and Alpena School Districts, Woodland Junior High and McNair Middle School by providing information on quitline services and ACT 811 Tobacco Prevention Cards