

NW Region Report

January 2014

CHNS & CHPS

Sarah Brisco

- Provided a Wellness Initiative Workshop in the Farmington Co-op. Provided in the workshop was the following:
 - Role of the CHPS overview and presentation
 - Provided the Wellness Toolkit
 - SHI overview.
 - Tobacco and Injury Prevention materials were provided
- Provided a Physical Activity presentation to the Ozarks Unlimited Resources Cooperative Children's Center. The presentation was for 15 children ages 3-5. We discussed the importance of physical activity and played a game with the physical activity dice which included pushups and jumping jacks. Each student received a tobacco free pencil as well.
- Attended the Wellness Committee in Searcy County and discussed the upcoming events and grant training that will be offered in the county
- Sent emails to all superintendents, principals, and wellness committee leaders on the following: Wellness Committee Workshop –OUR and Wellness Committee Questionnaire for upcoming Wellness Conference
- Met with Friendship Community Care in Harrison to discuss ways we can partner with them and ideas on what we can offer for their program-Provided Zobe/ Physical Activity Videos for the preschool clients
- Visited Baxter County Health Unit and discussed the Wellness initiative with the administrator. Discussed plan and priorities.
- Attended the CHPS/CHNS nurse workshop/Agenda planning meeting in Russellville.

Nancy Marsh

- Provided training for HHI staff on Emerging Products – 8 participants
- BMI Measurement Training to Bentonville School Nurses – 18 attended BMI pilot project for Paula Smith – working with school nurses on

project – Decatur Jr. High; Huntsville Intermediate; and Siloam Springs District

- Hosted Wellness Toolkit training – first of this kind for Wellness Committees. Training provided by Sarah Brisco – I spoke about what a HHI Coalition was. 22 people
- Safety baby Shower in Madison County – planned; set up; presented several sections; coordinated event; 10 community partners participated in hosting/providing training – 18 pregnant or new moms; 38 total people trained
- NWA School Nurse Midyear workshop – immunizations; guest speaker from Oklahoma; and Paula Smith – 30 attended. School nurses from all my districts except 1 – including Charter schools.
- 3 private meetings with local physician and WCHU IPA – arranged for IPA to be at that clinic in Huntsville on Thursdays to help enroll patients in health care.
- Meeting with Cheryl Weston from Safe Kids Springfield – met in Harrison to discuss Injury Prevention Programs that she can provide in some of our counties. Mercy Hospital of Springfield is part of the NWTRAC. Cheria Lindsey met with us. She can provide education and projects in 6 counties in planning meeting for NWA HHI committee to host Regional ARCOP Growing Healthy Communities Conference-NWA.

Cheria Lindsey

- Presented to Yellville Head start- 7 diverse parents on Growth and Development in children and incorporated how physical activity and nutrition can affect this along with Secondhand Smoke affects and talked about Act 811. Also, included immunizations and requirements for school-age children
- CPR/FA (BLS) for school nurse at Valley Springs Elementary and V/C at Boone County Health Unit
- Assisted with Safety Baby Shower in Madison County
- Safety Baby Shower Train the Trainer in Springdale

- Working Agenda for state CHNS/CHPS meeting, planning for “Back to School Workshop”, working with area schools on STD and Teen Pregnancy Presentations
- Completed the Emerging Trends CNE packet and submitted to ATRAIN, it is titled, “Emerging Tobacco Trends and How Marketing Impacts Our Youth”- It is session number 1048775 and can be done for nurse for 1.0 cne or for non-nurses
- Partnering with Nancy Marsh to provide Suicide Awareness 101 for EMS for the EMS Conference in Eureka Springs

Miranda Curbow

- Educated school nurses and wellness committee chairs on mandated signage for E-cigarettes on each campus. Provided with template signage regarding the prohibiting of E-cigarettes on campus
- Attended, facilitated as interim chair at Logan County Coalition meeting. Hosted, facilitated, and functioned as interim chair for the Franklin County Right Choices Coalition meeting.
- Attended Reality Works, train the trainer, for Injury prevention topics, including Shaken baby syndrome, drug effects on the fetus, and Fetal alcohol syndrome
- Attended AVTRAC IP subcommittee meeting and presented on Safety baby shower events, their educational purpose and upcoming dates for AVTRAC counties.
- Planning approximately 6 workshops over the next 3 months for WAESC. Working with NW CHNS/CHPS to plan for the annual fall school nurse workshops
- Developed an all-inclusive CHNS orientation manual to be used throughout the NW
- Assisting with coverage and trainings for Arch Ford Educational Cooperative

Attended CHPS and CHNS planning meeting to finalize agenda, etc. for statewide meeting on Feb. 4 in Little Rock and to work on August school nurse workshops for the NW region

Christine McKnelly

- Presented during 7th grade assembly at Simon Middle School in Conway on making healthy eating choices; discussed My Plate and tasty foods are so tempting; discussed food advertising and linked to tobacco advertising; discussed taste preference and food addiction. Estimated 150 children in attendance- This school includes a diverse racial demographic and covers an economically disadvantaged area
- Held 2nd work session with Dardanelle school wellness leaders from each school (They requested I return to educate a larger group in response to my work with the wellness chair.) Trained/met with/provided technical assistance on all aspects of successful wellness committees, including discussion on requirements for ACSIP and the recent commissioner's memo; shared wellness toolkit; discussed targeted improvements for health component of SHI. SHI plan; provided guidance regarding documentation and compliance per Act 1220; corrected concerns and questions of the nurses; clarified joint use agreement commissioner's memo. Followed up with question on JUA with Jeri Clark (ADE) and provided school written recap of my assistance.
- Presented to all 4th, 5th and 6th graders at Clinton/Van Buren County on making healthy eating choices; discussed My Plate and tasty foods are so tempting; discussed food advertising and linked to tobacco advertising. Estimated 320 children in attendance
- Bigelow wellness committee: worked with coordinator on possible tobacco program interventions and ties to SHI and worked with committee on plans to enhance committee through recruitment, time slot change, inclusion of PE teachers. Discussed survey conducted in schools last year as part of the wellness committee that identified high-stress levels among staff; discussed how these results could be utilized in the formation of a tobacco cessation program.

- Assisted Jim Stone Elementary with an idea to coordinate an afterschool tennis program; contacted children's tennis trainers; discussed how this program might qualify for a JUA; information shared with principal for this and a possible JUA playground project
- HWC coalition: leading the planning for a spring recruitment drive/event for the coalition. Secured sponsorship, worked with vendor on paperwork for sponsorship, investigated venues, worked with coalition secretary and key members to reach consensus about changes in the coalition such as name, broad goals, direction.